

13TH OPEN AFRICA MASTERS ATHLETICS CHAMPIONSHIP 2021

DAY 1 WEDNESDAY (24/11/2021) AT NYAYO NATIONAL STADIUM

RESULTS DAY ONE

RESULTS				10 000m WOMEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W35	1	054	CHEPNGETICH Emily	W		W35	KEN	36:17.0
W40	1	156	LETTING Jemutai	W		W40	KEN	38:31.5
W45	1	255	KIRUI Joyce	W		W45	KEN	40:02.7
W50	1	353	MTAKU Sheila	W		W50	KEN	46:21.3
W60	1	554	NDUTA Caroline	W		W60	KEN	49:04.9

RESULTS				10 000m MEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M35	1	010	KIRUI David	M		M35	KEN	32:38.5
M40	1	116	NDEREBA Samuel	M		M40	KEN	32:28.3
M45	1	205	KIPTOO Mark	M		M45	KEN	32:26.4
	2	202	BOWEN Francis	M		M45	KEN	32:30.5
M50	1	310	SANG John	M		M50	KEN	37:39.5
M60	1	506	KIPYEGON Nelson	M		M60	KEN	38:16.9

RESULTS				5000m Race Walking WOMEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W35	1	057	KOSGEI Chepngetich	W		W35	KEN	29:35.8
	2	055	GATHOGO Milkah	W		W35	KEN	30:12.2
W40	1	159	MUKUNYA Monicah	W		W40	KEN	38:51.5
W45	1	259	SHUNGI Khadija	W		W45	KEN	38:04.8
W50	1	355	MULINGE Rosemary	W		W50	KEN	37:26.9
W55	1	453	MAKOMBO Wilmina	W		W55	KEN	34:23.0

09:00 HRS				Shot Put WOMEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	DISTANCE
W35	1	063	SARONGE Rebecca	W		W35	KEN	11.25
	2	056	KERUBO Rebecca	W		W35	KEN	10.43
W40	1	155	LANGAT Monicah	W		W40	KEN	8.96
W45	1	252	CHEROTICH Everlyne	W		W45	KEN	9.06
W65	1	652	OLABA Elizabeth	W		W65	KEN	10.55
W50	1	356	MUSYOKA Agnes	W		W50	KEN	9.94

RESULTS				Long Jump WOMEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	DISTANCE
W35	1	059	MBUTU Perpetua	W		W35	KEN	4.07
W40	1	157	MBINYA Georgina	W		W40	KEN	4.48
W45	1	256	MULATYA Regina	W		W45	KEN	5.45
W60	1	553	KOLA Caroline	W		W60	KEN	3.51

RESULTS				1500m MEN FINAL 1				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M35	1	004	CHESEBE Abednego	M		M35	KEN	03:56.2
	2	012	KYEVA Cosmas	M		M35	KEN	03:59.6
M40	1	109	KIPCHIRCHIR Philemon	M		M40	KEN	04:00.6
	2	110	KIPTANUI Timothy	M		M40	KEN	04:01.9

M45	1	210	LOSIABOI Simon	M		M45	KEN	04:10.8
	2	209	LANGAT David	M		M45	KEN	04:29.3
	3	218	WAMBA TCHIO Jean Coquet	M		M45	CMR	06:20.2
M50	1	301	BETT William	M		M50	KEN	4:34.1
M55	1	405	MUDOGO Robert	M		M55	KEN	04:54.6
M60	1	513	NJOROGE Albert	M		M60	KEN	05:12.4

RESULTS

100m WOMEN FINAL

	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W35	1	059	MBUTU Perpetua	W		W35	KEN	13.60
W40	1	157	MBINYA Georgina	W		W40	KEN	13.70
	2	154	KAGENDO Peninah	W		W40	KEN	15.20
W45	1	256	MULATYA Regina	W		W45	KEN	12.90
W50	1	354	MUGURE Peninah	W		W50	KEN	17.60
W65	1	651	MWENDE Ruth	W		W65	KEN	18.70

RESULTS

100m MEN FINAL

	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M35	1	007	CHIRCHIR Tonny	M		M35	KEN	11.00
	2	021	REGA Simon	M		M35	KEN	11.70
M40	1	122	SIMIYU Brenan	M		M40	KEN	11.40
	2	119	OMEKA Enock	M		M40	KEN	11.50
M45	1	215	OKENO Boaz	M		M45	KEN	14.70
M50	1	305	KOOLI Francis	M		M50	KEN	12.40
	2	308	MURIGI James	M		M50	KEN	13.20
M60	1	509	MIAKA James	M		M60	KEN	14.90
M70	1	702	SOME Joseph	M		M70	KEN	15.30

RESULTS

100m Hurdles MEN FINAL

	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M60	1	511	MOURALI Said	M	30.07.1958	M60	TUN	20.30
	2	510	MOSONIK Joseph	M		M60	KEN	38.70

13TH OPEN AFRICA MASTERS ATHLETICS CHAMPIONSHIP 2021

DAY 2 THURSDAY (25/11/2021) AT NYAYO NATIONAL STADIUM

RESULTS DAY TWO

RESULTS

60m WOMEN FINAL

	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W80	1	751	AH KANG Sylvie	W		W80	MRI	15.98
W65	1	059	NAJET Ben Hadj Slimane	W		W65	TUN	11.50
	2	651	MWENDE Ruth	W		W65	KEN	11.70

RESULTS

60m MEN FINAL

	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
	1	305	KOOLI Francis	M		M50	KEN	8.12
M50	2	309	NTAHIPMERA Cassien	M		M50	BDI	9.76
M60	1	511	MOURALI Said	M	30.07.1958	M60	TUN	9.37
M65	1	602	BOUCETA Smail	M	09.09.1952	M65	ALG	11.44

RESULTS				5000m WOMEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W35	1	054	CHEPNGETICH Emily	W		W35	KEN	17:22.86
	2	064	WAMERI Tabitha	W		W35	KEN	18:21.14
W40	1	156	LETTING Jemutai	W		W40	KEN	18:50.49
W45	1	255	KIRUI Joyce	W		W45	KEN	19:19.34
	2	258	NDEREBA Anastasia	W		W45	KEN	19:38.66
W50	1	095	KIGEN Mary	W		W50	KEN	23:58.40
W60	1	095	JELIMO Selina	W		W60	KEN	24:06.30

RESULTS				400m WOMEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W35	1	061	MUKOSWA Sabina	W		W35	KEN	62.85
W40	1	096	WANDIA Charity	W		W40	KEN	73.19
W60	1	059	NAJET Ben Hadj Slimane	W		W65	TUN	1:49.66
W45	1	092	MUTHUKA Elizabeth	W		W45	KEN	64.37
W55	1	454	WAMUYU Irene	W		W55	KEN	82.92
W60	1	553	KOLA Caroline	W		W60	KEN	87.72

RESULTS				400m MEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M35	1	011	KOSKEI Vincent	M		M35	KEN	48.75
	2	001	ANENE Christopher	M		M35	KEN	49.87
M40	1	120	OTURI George	M		M40	KEN	52.00
M45	1	218	WAMBA TCHIO Jean Coquet	M		M45	CMR	70.69
M55	1	402	KIBET Robert	M		M55	KEN	59.68
	2	408	THIERRY Zapha	M		M55	FRA	60.80
M60	1	504	KIMEI Francis	M		M60	KEN	52.28

RESULTS				High Jump MEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	HEIGHT
W35	1	0057	KIPSAINA Amos	M		35-39	KEN	1.85
	2	0042	CHESOEN Elijah	M		35-39	KEN	1.85
45	1	0065	KIRWA Laban	M		45-49	KEN	1.55
60	1	0001	MOURALI Said	M	30.07.1958	60-64	TUN	1.45

RESULTS				Discus Throw MEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	DISTANCE
M35	1	011	LIMO David	M		M35	KEN	45.01
	2	014	MWANGI Peter	M		M35	KEN	30.31
M40		106	FAWA Bienvenue	M		M40	CMR	DNS
M45	1	005	METET Richard	M		M45	KEN	41.08

RESULTS				110m Hurdles MEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M35	1	006	CHESOEN Elijah	M		M35	KEN	12.67

RESULTS				Triple Jump MEN				
	POS	BIB	NAME	GND	DOB	AGE	CODE	DISTANCE
M35	1	009	KIPSAINA Amos	M		M35	KEN	12.86
M40	1	112	LIMO David	M		M40	KEN	13.05
M60	1	511	MOURALI Said	M	30.07. 1958	M60	TUN	9.52

RESULTS				Javelin WOMEN				
	POS	BIB	NAME	GND	DOB	AGE	CODE	DISTANCE
W35	1	053	CHEPKIRUI Purity	W		W35	KEN	21.41
W40	1	155	LANGAT Monicah	W		W40	KEN	37.04
W45	1	253	KILUNDO Agnes	W		W45	KEN	36.19
	2	254	KIPLAGAT Cecilia	W		W45	KEN	33.43
	3	251	CHEROTICH Everlyne	W		W45	KEN	26.60
	4	260	POTISHOI Mary	W		W45	KEN	20.80
W50	1	356	MUSYOKA Agnes	W		W50	KEN	22.76

13TH OPEN AFRICA MASTERS ATHLETICS CHAMPIONSHIP 2021

DAY 3 FRIDAY (26/11/2021) AT NYAYO NATIONAL STADIUM

RESULTS DAY THREE

RESULTS				10 000m Race Walking MEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M35	1	015	LENAMAJO John	M		M35	KEN	54:31.4
M40	1	101	AKAMSE MBAH Michel DP	M		M40	CMR	55:32.3
M40	2	107	KARIMI Morgan	M		M40	KEN	72:29.0
M45	1	216	SHIKUKU Erick	M		M45	KEN	45:54.7
M45	2	218	WAMBA TCHIO Jean Coquet	M		M45	CMR	64:22.2
M50	1	307	MELLY John	M		M50	KEN	71:49.3
M60	1	509	MIAKA James	M		M60	KEN	62:48.0

RESULTS				Long Jump MEN				
	POS	BIB	NAME	GND	DOB	AGE	CODE	DISTANCE
M35	1	005	CHESEBE Elijah	M		M35	KEN	6.25
M35	2	014	LANGAT Tera	M		M35	KEN	6.47
M35	3	018	MURAYA Geoffrey	M		M35	KEN	4.64
M40	1	112	LIMO David	M		M40	KEN	5.62
M45	1	207	KOECH Paul	M		M45	KEN	5.28
M50	1	308	MURIGI James	M		M50	KEN	5.47
M60	1	511	MOURALI Said	M	30.07.1958	M60	TUN	4.18

09:00 HRS				Shot Put MEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	DISTANCE
M35	1	019	MWANGI Peter	M		M35	KEN	16.16
M35	2	016	LIMO David	M		M35	KEN	13.01
M40		106	FAWA Bienvenue	M		M40	CMR	DNS
M45	1	211	METET Richard	M		M45	KEN	11.90

RESULTS				200m WOMEN FINAL 1				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W35	1	060	MUKOSWA Sabina	W		W35	KEN	27.54
W40	1	058	MBINYA Georgina	W		W40	KEN	28.73
W40		158	MEBENGA A. Charlotte	W		W40	CMR	DNS
W45	1	257	MUTHUKA Elizabeth	W		W45	KEN	27.22

RESULTS				200m WOMEN FINAL 2				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W50	1	354	MUGURE Peninah	W		W50	KEN	36.69
W55		455	MERDAS Rida	W		W55	ALG	DNS
W55	1	454	WAMUYU Irene	W		W55	KEN	37.14
W55	2	452	KANJUNJU Silvena	W		W55	KEN	41.45
W65	1	651	MWENDE Ruth	W		W65	KEN	41.71

09:15 HRS				200m MEN FINAL 1				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M35	1	203	BWOGA Solomon	M		M35	KEN	22.99
M35	2	001	ANENE Christopher	M		M35	KEN	23.01
M35	3	007	CHIRCHIR Tonny	M		M35	KEN	23.07

RESULTS				200m MEN FINAL 2				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M40	1	017	AKAMSE MBAH Michel DP	M		M40	CMR	26.54
M50	1	308	MURIGI James	M		M50	KEN	27.28
M60	1	514	SASA Ali	M		M60	KEN	28.14

09:30 HRS				Discus Throw WOMEN				
	POS	BIB	NAME	GND	DOB	AGE	CODE	DISTANCE
W35	1	094	KERUBO Rebecca	W		W35	KEN	32.98
W35	2	090	SARANGE Rebecca	W		W35	KEN	26.09
W40	1	155	LANGAT Monicah	W		W40	KEN	36.29
W45	1	254	KIPLAGAT Cecilia	W		W45	KEN	33.69
W45	2	053	KILUNDO Agnes	W		W45	KEN	28.52
W45	3	251	CHEROTICH Everlyne	W		W45	KEN	26.89
W50	1	356	MUSYOKA Agnes	W		W50	KEN	19.27
W65	1	652	OLABA Elizabeth	W		W65	KEN	24.32

RESULTS				1500m WOMEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W35	1	065	WAMBUI Tabitha	W		W35	KEN	4:48.34
W35	2	052	CHEPCHUMBA Beatrice	W		W35	KEN	4:50.35
W40	1	152	CHEPTANUI Nelly	W		W40	KEN	4:48.96
W50	1	357	OPIYO Leonida	W		W50	KEN	5:44.61

RESULTS				400m Hurdles MEN -				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M35	1	011	KOSGEI Vincent	M		M35	KEN	54.14
M45		208	KOTUT James	M		M45	KEN	DNS
M40	1	017	AKAMSE MBAH Michel DP	M		M40	CMR	80.66

RESULTS				400m HURDLES - 84cm				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M50	1	304	KIPTALA Chesaina	M		M50	KEN	67.12
M55	1	408	THIERRY Zapha	M		M55	FRA	66.10

11:30 HRS				5000m MEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M35	1	012	KYEVA Cosmas	M		M35	KEN	14:38.80
M35	2	013	LAGAT Richard	M		M35	KEN	14:55.42
M40	1	108	KIMUTAI Willy	M		M40	KEN	14:52.78
M40	2	116	NDEREBA Samuel	M		M40	KEN	15:20.84
M45	2	201	Bii Peter	M		M45	KEN	17:43.32
M45	1	204	KEITANY Elijah	M		M45	KEN	15:21.94
M50	1	306	MAINA Samuel	M		M50	KEN	17:55.94
M55	1	407	NDIRANGU Charles	M		M55	KEN	17:48.4

M60	1	506	KIPYEGON Nelson	M		M60	KEN	18:55.3
M65	1	603	KARAIYU Joseph	M		M65	KEN	21:39.1
M70	1	701	LELEI Peter	M		M70	KEN	22:54.2

		11:30 HRS		4 x 100m RELAYS - WOMEN - FINAL 1				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W35	1	157	MBINYA Georgina	W		W35	KEN	54.78
W35	1	060	MUKOSWA Sabina	W		W35	KEN	
W35	1	059	MBUTU Perpetua	W		W35	KEN	
W35	1	161	WANDIA Charity	W		W35	KEN	
W35	2	053	CHEPKORIR Purity	W		W35	KEN	66.02
W35	2	151	CHEBET Susan	W		W35	KEN	
W35	2	055	GATHOGO Milkah	W		W35	KEN	
W35	2	052	CHEPKEMBOI Mercy	W		W35	KEN	
W40	1	257	MUTHUKA Elizabeth	W		W40	KEN	56.93
W40	1	052	CHEPTANUI Nelly	W		W40	KEN	
W40	1	094	KIRUI Joyce	W		W40	KEN	
W40	1	097	MULATYA Regina	W		W40	KEN	

11:30 HRS				4 x 100m RELAYS - WOMEN - FINAL 1				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W50	1	354	MUGURE Penina	W		W50	KEN	1:11.89
W50	1	651	MWENDE Ruth	W		W50	KEN	
W50	1	454	WAMUYU Irene	W		W50	KEN	
W50	1	355	MULINGE Rosemary	W		W50	KEN	
W50	2	352	KIGEN Mary	W		W50	KEN	1:21.32
W50	2	358	RUTO Ann	W		W50	KEN	
W50	2	551	JELIMO Salina	W		W50	KEN	
W50	2	552	KIPKOECH Susan	W		W50	KEN	
W60	1	053	ODHIAMBO Joyce	W		W60	KEN	1:05.40
W60	1	553	KOLA Caroline	W		W60	KEN	
W60	1	651	WAITHERA Ruth	W		W60	KEN	
W60	1	052	KAVAYA Esther	W		W60	KEN	

11:30 HRS				4 x 100m RELAYS - MEN - FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M35	1	021	REGA Simon	M		M35	KEN	43.71
M35	1	203	BWOGA Solomon	M		M35	KEN	
M35	1	007	CHIRCHIR Tony	M		M35	KEN	
M35	1	011	KOSGEI Vincent	M		M35	KEN	
M40	1	122	SIMIYU Brenan	M		M40	KEN	43.89
	1	120	OTURI George	M		M40	KEN	
	1	119	OMEKA Erick	M		M40	KEN	
	1	001	ANENE Christopher	M		M40	KEN	
M45	1	305	KOOLI Francis	M		M45	KEN	51.07
	1	308	MURIGI JAMES	M		M45	KEN	
	1	105	EKITALA Emmanuel	M		M45	KEN	
	1	113	MBUFI Julius	M		M45	KEN	
M50	1	036	LUSIABOI Simon	M		M50	KEN	57.61
	1			M		M50	KEN	
	1			M		M50	KEN	
	1			M		M50	KEN	
M60	1	509	MIAKA James	M		M60	KEN	59.31
	1	506	TALAM Nelson	M		M60	KEN	
	1	513	NJOROGE Albert	M		M60	KEN	
	1	514	SASA Ali	M		M60	KEN	

13TH OPEN AFRICA MASTERS ATHLETICS CHAMPIONSHIP 2021

DAY 4 SATURDAY (27/11/2021) AT NYAYO NATIONAL STADIUM

RESULTS			21 Km WOMEN					
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W35	1	051	CHENONGE Ines	W		W35	KEN	1:26:12
W40	1	160	NJAGI Julia	W		W40	KEN	1:28:13
W45	1	258	NDEREBA Anastasia	W		W45	KEN	1:29:14
W50	1	353	MBAKU Sheila	W		W50	KEN	1:30:35
W60	1	554	NDUTA Caroline	W		W60	KEN	2:10:30
W65	1	501	BENHADJ Slimane Najet	M	25.07.1957	W65	TUN	1:48:10

RESULTS			21 Km MEN					
	pos	BIB	NAME	GND	DOB	AGE	CODE	TIME
M35	1	003	CHERUIYOT Josiah	M		M35	KEN	1:09:50
M35	2	020	NAKERI Benson	M		M35	KEN	1:13:40
M40	1	108	KIMUTAI Willy	M		M40	KEN	1:09:30
M40	2	117	NDERITU Julius	M		M40	KEN	1:10:10
M40	3	113	MBUFA Julius	M		M40	KEN	1:14:20
M45	1	212	MUNGURA Kennedy	M		M45	KEN	1:05:20
M55	1	016	NDIRANGU Charles	M		M45	KEN	1:23:30
M55	2	004	KAMANDE Stephen	M		M70	KEN	1:56:40

RESULTS			10 Km Road Race MEN					
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M45	1	204	KEITANY Elijah	M		M45	KEN	34:05.0
M45	2	209	LANGAT David	M		M45	KEN	34:09.0
M50	1	301	BETT William	M		M50	KEN	35:48.0
M50	2	310	SANG John	M		M50	KEN	36:54.0
M50	3	306	MAINA Samuel	M		M50	KEN	38:40.0
M65	1	001	KIRWA Joseph	M		M65	KEN	46:06.0
M70	1	701	LELEI Peter	M		M70	KEN	44:39.0

RESULTS			10 Km Road Race WOMEN					
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W35	1	059	JEPKORIR Purity	W		W35	KEN	44.30
W50	1	063	KIGEN Mary	W		W50	KEN	49.56
W60	1	055	CHELIMO Salina	W		W60	KEN	49.57

results			HAMMER WOMEN					
	POS	BIB	NAME	GND	DOB	AGE	CODE	DISTANCE
W35	1	056	KERUBO Rebecca	W		W35	KEN	42.14
W35	2	066	CHEPKORIR Norah	W		W35	KEN	18.98
W40	1	155	LANGAT Monicah	W		W40	KEN	38.05
W45	1	251	CHEROTICH Everlyne	W		W45	KEN	26.24
W55	1	451	CHEBOIYWO CHEBII Dorcas	W		W55	KEN	16.37

RESULTS				Triple Jump WOMEN				
	POS	BIB	NAME	GND	DOB	AGE	CODE	DISTANCE
W45	1	256	MULATYA Regina	W		W45	KEN	11.02
W60	1	553	KOLA Caroline	W		W60	KEN	7.26

RESULTS				Javelin MEN				
	POS	BIB	NAME	GND	DOB	AGE	CODE	DISTANCE
M35	1	018	MURAYA Geoffrey	M		M35	KEN	42.94
M40	1	105	EKITARA Emmanuel	M		M40	KEN	44.29
M50	1	301	BETT William	M		M50	KEN	26.95
M60	1	511	MOURALI Said	M	30.07. 1958	M60	TUN	22.15

RESULTS				800m WOMEN FINAL				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W35	1	064	WAMBUI Tabitha	W		W35	KEN	2:21.57
W40	1	153	JEPTANUI Nelly	W		W40	KEN	2:21.58
W45	1	255	KIRUI Joyce	W		W45	KEN	2:47.29
W50	1	057	OPIYO Leonida	W		W50	KEN	3:01.58

RESULTS				800m MEN FINAL 1				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M35	1	017	MAUTI Kayus	M		M35	KEN	1:59.10
M40	1	109	KIPCHIRCHIR Philemon	M		M40	KEN	1:59.01
M40	2	110	KIPTANUI Timothy	M		M40	KEN	2:00.86
M45	1	210	LOSAIBOI Simon	M		M45	KEN	2:18.40
M50	1	302	KIBENEI Barnabas	M		M50	KEN	2:24.69
M55	1	303	KIBET Robert	M		M55	KEN	2:12.45
M60	1	502	KEMEI Francis	M		M60	KEN	2:26.31

RESULTS				3000m S/C MEN				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M35	1	013	LAGAT Richard	M		M35	KEN	9:52.23
M40	1	111	KIPTOO Julius	M		M40	KEN	9:54.63
M40	2	121	ROTICH James	M		M40	KEN	9:55.27
M45	1	209	LANGAT David	M		M45	KEN	11:31.40
M50	1	307	MELLY John	M		M50	KEN	12:32.54
M60	1	505	KIPKORIR Samuel	M		M60	KEN	12:46.02

RESULTS				2000m S/C WOMEN				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W35		052	CHEPKEMBOI Mercy	W		W35	KEN	07:29.1
W40		151	CHEBET Susan	W		W40	KEN	08:27.6
W40		154	KAGENDO Peninah	W		W40	KEN	09:33.5
W50		358	RUTO Anne	W		W50	KEN	09:57.2
W60		552	KIPKOECH Susan	W		W60	KEN	13:00.3

Results				4 x 400m RELAYS - WOMEN				
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
W35		053	JEPKORIR Purity	W		W35	KEN	

		JEPKORIR Hellen	W		W35	KEN	5:32.9
		WANJIRU Gladys	W		W35	KEN	
		MORINGI Rosemary	W		W35	KEN	
W45	092	MUTHOKA Elizabeth	W		W45	KEN	4:31.9
		CHEPCHUMBA Beatrice	W		W45	KEN	
		CHEPTANUI Nelly	W		W45	KEN	
		WANDIA Charity	W		W45	KEN	

Results			4 x 400m RELAYS - MEN					
	POS	BIB	NAME	GND	DOB	AGE	CODE	TIME
M35		001	ANENE Christopher	M		M35		3:28.04
		003	CHERUIYOT Josiah	M		M35		
		020	NAKERI Benson	M		M35		
		012	KYEVA Cosmas	M		M35		
M40		025	MUNERIA Patrick	M		M40		3:35.53
		009	OMEKA Enock	M		M40		
		040	OTURI George	M		M40		
		006	CHESAINA Elijah	M		M40		
M45		007	EKITARA Emmanuel	M		M45		4:06.93
		019	MAINA Joseph	M		M45		
		010	NJIHIA Samuel	M		M45		
		046	WANJALA George	M		M45		
M40		010	AKAMSE MBAH Michel DP	M		M40		4:24.30