



**NATIONAL POLICE SERVICE, ATHLETICS**  
**Affiliated to Athletics Kenya**

**The 8<sup>th</sup> Edition of**  
**NATIONAL POLICE SERVICE CROSS COUNTRY CHAMPIONSHIP – 2020**

**10 KM MEN/ WOMEN**

**&**

**MIXED RELAY**

**11<sup>TH</sup> January, 2020**

**at**

**NGONG RACE COURSE, JOCKEY CLUB NAIROBI**

**RESULTS**

**INDIVIDUAL POSITION**  
**10 KM SENIOR WOMEN RESULTS**

POS	NAME	TEAM	R/NO	TIME
1.	JACKLINE CHEROTICH	CENTRAL	0191	35:00
2.	STACY NDIWA	NPC KIGANJO	0174	35:12
3.	MARGRET CHELIMO	EASTERN	0311	35:15
4.	LILIAN CHEBII	NAIROBI	0205	35:46
5.	CAROLINE NYAGAH	EASTERN	0170	35:51
6.	MERCY CHERONO	RIFT VALLEY	0163	36:09
7.	MAGARET WANGARI	COAST	0178	36:09
8.	SUSSY CHEBET	RIFT VALLEY	0164	36:31
9.	JANET RUGURU	RAILWAYS AND PORTS	0303	36:46
10.	CELESTINE TEMKO	GSU	0220	36:56
11.	GRACE ERAIN	EASTERN	0172	37:02
12.	GRACE MOMANYI	RAILWAYS	0302	37:05
13.	PASCALIA CHEPKORIR	NAIROBI	206	37:12
14.	FAITH KIMUTAI	RIFT VALLEY	0162	37:15
15.	SYLVIA KIBET	NAIROBI	0207	37:16
16.	VANE NYABOKE	NAIROBI	0208	37:17
17.	PAULINE MUTWA	CIPU	0280	37:17
18.	EUNICE CHEPKEMEI	CIPU	0276	37:34
19.	DAISY CHEPNGENO	COAST	0181	37:51
20.	SHEILA CHESANG	GSU	0224	38:21
21.	DOREEN KITHAKA	NPC KIGANJO	0007	38:24
22.	RUTH BOSIBORI	COAST	0180	38:29
23.	ELIZABETH JELANGAT	RIFT VALLEY	0161	38:42
24.	ANN WANJIRU	RAILWAYS	0299	38:50

POS	NAME	TEAM	R/NO	TIME
25.	ABIGAIL CHELIMO	WESTERN	0201	38:51
26.	MERCY KWAMBAI	CIPU	0279	38:60
27.	FLAVIOUS KWAMBOKA	DCI	0238	39:22
28.	NAUM CHEPCHUMBA	CENTRAL	0193	39:51
29.	LEAH ROTICH	CIPU	0278	39:52
30.	ANN CHEPTANUI	WESTERN	0197	39:54
31.	DOROTHY KIPTANUI	RAILWAYS AND PORTS	0301	40:07
32.	EMMY CHEPNGETICH	CENTRAL	0190	40:08
33.	FAITH JEMTAI CHEPKEMOI	WESTERN	0199	40:18
34.	VERONICA NGOSOSEI	RIFT VALLEY	0165	40:26
35.	VIOLA SANG	WESTERN	0203	40:38
36.	EDNA KIMITEI	EASTERN	0171	40:46
37.	JANET KOMEN	CIPU	0272	41:06
38.	VIOLLA KOSGEI	RIFT VALLEY	0166	41:16
39.	HELLEN SYOMBUA	NPC KIGANJO C	0314	41:20
40.	FRIDAH DAMONGOLE	DCI	0239	41:30
41.	NORAH LELEI	GSU	0227	41:33
42.	JOSPHINE CHEPKOECH	DCI	0240	42:43
43.	GRACE THOITHI	NPC – KIGANJO C	0309	42:45
44.	ESTHER OKILA	GSU	0221	42:56
45.	JANET JELIMO	CENTRAL	0192	43:14
46.	CAROLINE MITEI	COAST	0171	43:32
47.	RUTH WANJIKU	GSU	0223	43:42
48.	EUNICE CHERUBET	DCI	0237	44:38
49.	EUNICE KADOGO	NPC KIGANJO C	0308	46:15
50.	VERONICA MUTUA	KAPU	0273	47:22

## 10 KM SENIOR MEN RESULTS

S/NO	NAME	TEAM	R/NO	TIME
1	GEOFREY KAMWOROR	WESTERN	0043	30:05
2	JOSEPHAT BOIT	PEU	0140	30:15
3	HOSEA KIMOSOP	GSU	0065	30:26
4	EMMANUEL BETT	NAIROBI	0051	30:46
5	PHILIMON RONO	KAPU	0116	30:46
6	KENNETH CHESEREK	GSU	0068	30:53
7	PHILEMON MARITIM	ASTU	0132	31:01
8	JOSPHEAT BETT	CENTRAL	0035	31:09
9	ALBERT KIPCHIRCHIR	WESTERN	0041	31:11
10	SILAS KIPTOO	NER	0061	31:14
11	NGANAI OLE NGANAI	DCI	0083	31:17
12	BERNARD BII	RIFT VALLEY	0001	31:20
13	CHRISTOPHER BETT ROTICH	NYANZA	0026	31:24
14	SAMWEL MUNKE	NYANZA	0030	31:27
15	JOHN MUNGAI	DCI	0082	31:30
16	KIPSANG TEMOI	GSU	0069	31:33
17	JOHN MBURU	GSU	0067	31:34
18	JOHN MWANGI	GSU	0066	31:39
19	DOMINIC MAILU	RIFT VALLEY	0003	31:43
20	AUGUSTIN CHOGE	NAIROBI	0049	31:45
21	MATHIAS LIMO	RIFT VALLEY	0005	31:46
23	JONATHAN KORIR	BPU	0094	31:48
24	PETER KIRUI	NPC EMBAKASI 'A'	0077	31:48
25	JOSEPH KITUR	WESTERN	0046	31:50
26	PAUL MAINA	EASTERN	0013	31:51
27	PAUL SELIAN	NPC EMBAKASI 'A'	0076	31:51
28	TIMOTHY KIBII	CENTRAL	0038	31:53
29	WILBERFORCE KONES	ASTU	0134	31:55
30	TITUS MBISHEI	DCI	0085	32:01

<b>S/NO</b>	<b>NAME</b>	<b>TEAM</b>	<b>R/NO</b>	<b>TIME</b>
31	VINCENT KIPCHUMBA	GSU	0070	32:04
32	PAUL KIPSELE	WESTERN	0045	32:09
33	LEVY MATEBO	NAIROBI	0053	32:11
34	KIPLIMO ROTICH	NER	0059	32:14
35	RAYMOND KURUI	RIFT VALLEY	0006	32:16
36	FRANCIS WAITHAKA	BPU	0091	32:19
37	NOAH KANGOGO	KAPU	0115	32:25
38	BENARD MATHEKA	DCI	0081	32:26
39	DAVID KOECH	EASTERN	0010	32:33
40	VICTOR KIPCHIRCHIR	NYANZA	0032	32:36
41	CHARLES RONO	RAILWAYS AND PORTS	0145	32:37
42	PHILEMON KIBET	ASTU	0131	32:38
43	ELIKANA KIPTOO	EASTERN	0012	32:39
44	PHILIMON KORIR	EASTERN	0014	32:42
45	ERICK KURUI	RIFT VALLEY	0004	32:44
46	BENARD SANG	NAIROBI	0050	32:47
47	NOAH KIPROTICH	DCI	0084	32:49
48	ISAAC KIMUTAI	ASTU	0130	32:53
49	DENNIS MASAI	RAILWAYS AND PORTS	0148	32:58
50	BENEDICT KITHOME	BPU	0089	33:00
51	KENNETH KEMBOI	RDU	0108	33:01
52	DAVID KOGEI	RIFT VALLEY	0002	33:02
53	ALFRED SANG	RDU	0105	33:04
54	HRNRY CHIRCHIR	NPC EMBAKASI 'A'	0073	33:07
55	KIPYEGON KIRUI	CENTRAL	0037	33:10
56	BERNARD SANG	BPU	0090	33:11
57	EDWARD WAWERU	EASTERN	0011	33:14
58	DANIEL SELEL	RAILWAYS AND PORTS	0146	33:15
59	GEOFREY RONO	ASTU	0129	33:27
60	EDWIN KIRWA	CENTRAL	0034	33:28

<b>S/NO</b>	<b>NAME</b>	<b>TEAM</b>	<b>R/NO</b>	<b>TIME</b>
61	COLLINS LANG'AT	CENTRAL	0033	33:36
62	JACKSON KOECH	BPU	0092	33:40
63	JAIRUS LAGAT	RDU	0107	33:44
64	CYRUS MUNYOKI	COAST	0023	33:44
65	LEONARD KIPNGETICH	NYANZA	0031	33:49
66	ANTONY MAINA	COAST	0017	33:53
67	JOSEPH TOBIKO	WESTERN	0044	34:12
68	DUNCAN KIBET	COAST	0019	34:25
69	JEREMIAH MUTAI	PEU	0139	34:24
70	LENGAI JAMES NKANAI	NER	0060	34:28
71	NICHOLAS MURIENY	RDU	0109	34:30
72	KIPROTICH YEGON	NPC EMBAKASI 'A'	0075	34:33
73	DENIS KWEMOI	COAST	0018	34:38
74	JESSIE NJOROGE	NPC EMBAKASI 'A'	0074	34:44
75	FRANKLIN KIPLANGAT	K 9	0098	34:45
76	NOAH SIROR	K 9	0101	34:46
77	VICTOR MAIYO	NER	0062	35:07
78	JOHN KOMEN	BPU	0093	35:17
80	JOSHUA MASOKONDE	DCI	0088	35:39
81	PAUL KIMUGUL	NPC KIGANJO	0157	36:26
82	ISAAC KIRWA	NPC KIGANJO	0160	37:24
83	DONALD OMIRO	NPC KIGANJO	0154	37:25
84	DATHAN IKWARA	NPC KIGANJO	0153	38:29

---