

TIME

ATHLETICS KENYA 2017 NATIONAL 3RD WEEKEND MEETING 1

VENUE.....THIKA STADIUM

DATE: ...28/04/2017

EVENT...5,000M WOMEN.....

POSITION	NAME	YOB	TEAM	NO.	TIME
1	PAMELLA CHEROTICH		KERICHO	46	16:25:2
2	EMILLY CHEBET		LONDIAN	1328	16:25:5
3	MERCY NJOROGE		LAB	456	16:26:0
4	MIRIAM CHEROP		BOMET	459	16:27:2
5	PENINA KANDIE		THIKA	383	16:32:2
6	CATHERINE SYOKAU		PRISON	412	16:36:0
7	VAATI NDOLO		MACHAKOS	359	16:38:1
8	AGNES ATANGA				16:45:1
9	MIRIAM MUTHONI				16:48:5

BEST TIME.....16:25:2 SEC

EVENT...3000M STEEPLECHASE WOMEN

POSITION	NAME	YOB	TEAM	NO.	TIME
1.	JOAN CHEPKEMOI		KERINGET	474	10:10:0
2.	DEBORAH SEMUM		IND	408	10:16:0
3.	ABIGAEL CHELANGAT		LONDIANI	336	10:29:5
4.	IRENE KIMAIISI		NANDI	470	10:39:0
5.	JOYCE CHEPKEMOI		KERICHO	471	10:39:6
6.	PURITY NGANGA		NYAHURURU	342	10:48:0
7.	MERCY KIPTOO			351	10:58:2

BEST TIME 10:10:0 SECS.

EVENT.....DISCUSS (MEN)

NO:	NAME	TEAM	HEIGHT IN M	PLACE
1	DAVID LIMO	THIKA	47.92	1
2	BOAZ MONYANJA	K.NAVY	44.87	2
3	CHARLES KIPKEMOI	MAB	44.74	3
4	TYSON MALEL	POLICE	42.15	4
5	RICHARD METET	LAB	41.97	5

TIME

6	KIMELI TANUI	KAHAWA	41.62	6
7	EDWIN KERING	IND	39.62	7
8	KENNEDY CHERUIYOT	LAB	37.95	8

EVENT....DISCUSS WOMEN

NO.	NAME	TEAM	HEIGHT IN M.	PLACE
1	ROSE RAKAMBA	POLICE	45.58	1
2	CAROLYNE CHEROTICH	KAHAWA	37.86	2
3	EVALYNE BOSIBORI	PRISON	36.91	3
4	MARY CHEROTICH	PRISON	34.35	4
5	MERCY CHEPKEMOI	LAIKIPIA	29.44	5
6	JACKLYNE NYONGESA	PRISON	29.26	6
7	NAOMI OMBONGI	LAIKIPIA	28.61	7
8	JOAN CHEPNGETICH	IND	28.50	8

2ND DAY

DATE...29TH/04/2017

EVENT....10000M WALK(MEN)

POSITION	NAME	YOB	TEAM	TIME
1	SAMUEL GATHIMBA		PSTC	44:11:54
2	SIMON WACHIRA		GIL	44:11:56
3	SIMON MISANGO		LNT	46:15:89
4	CARLOS KIMAIYO		GSU	46:18:31
5	CHARLES MUGAMBI		GSU	49:15:68
6	YUSUF MAZERA		IND	49:42:59
7	PAUL KIPRONO			50:40:32
8	STEPHEN MUTUKU		KDF	50:59:44

BEST TIME.....44:11:54

EVENT...10,000M WALK WOMEN

POSITION	NAME	YOB	TEAM	TIME
1	GRACE WANJIRU		MAB	48:51:16
2	LINDA MURUGI		KDG	51:48:70
3	RUTH WANGUI		LAB	51:55:18
4	CYNTHIA KEMBOI		IND	53:14:87
5	JUDITH CHELAGAT		ISL	54:57:82

TIME

6	JACINTA NTAIYA	GSU	55:34:29
7	ESTHER WAIRIMU	IND	57:44:28
8	MARY MUMBI	CENT	60:15:03

EVENT..100M WOMEN

POSITION	NAME	YOB	TEAM	NO	TIME
1	GRACE KIDAKE		POSTA	153	12-1
2	MARY TANUI		THIKA	017	12-2
3	PRISCILLAH TABUNDA		KDF	329	12.5
4	TECLA CHEROTICH		NANDI	004	12.6
5	MARCELLA NYABOKE		PRISON	195	12.8

EVENT ..10,000M WOMEN

POSITION	NAME	YOB	TEAM	NO	TIME
1	JOAN CHEPKEMOI		KERINGETN	10568	33:30:2
2	PURITY NG'ANG'A		NYAHURURU	0567	33:32:0
3	MIRIAM MUTHONI		KPS	570	33:40:0
4	SHELMITH MURIUKI		IND		33:45:9
5	MARGARET KARIUKI		IND	569	33:46:6
6	JANE MUYIA		PRISONS	939	33:59:9
7	BEATRICE CHEBET		LONDIANI	938	34:23:5
8	LUCY MUKAMI		NYAHURURU	565	34:37:6
9	LUCIA MUTIE		POLICE		34:41:2
10	FLYSTINO FOLICHIAY		KDF		35:40:2

BEST TIME33:30:2

EVENT...200M MEN

POSITION	NAME	YOB	TEAM	NO.	TIME
1	PIUS MUJA		PRISON	153	21:1
2	KYALO KIOKO		IND	215	21:3
3	DAN KIVIASI		PRISONS	466	21:5
4.	BONIFACE MUNYOKI		IND	029	21:8
5.	DANIEL ROTICH		IND	280	21:9
6.	STEPHEN KARIUKI		IND	217	22:4

BEST TIME...21:1 SEC

EVENT: ...200 WOMEN

POSITION	NAME	YOB	TEAM	NO.	TIME
1	JACINTA SHIKANDA		POL	264	24:5
2	DAMARIS AKOTH		PRISONS	134	24:9
3	ROSE WATAKU		IND	329	25:1

TIME

4	GLADYS MUSYOKI	POL	250	25:3
5	MARCELLA NYABOKE	IND	018	27:8

BEST TIME...24:5SECS

EVENT..1500M MEN

POSITION	NAME	YOB	TEAM	NO.	TIME
1.	BENJAMIN KIGEN		KDF	019	3:42:9
2.	MICAH KIIPKOSGEY		IND	260	3:43:1
3.	PETER LANGAT		NKI	013	3:43:6
4.	GEORGE MANANGO		RONG	R40	3:44:0
5.	EVANS KIPCHUMBA		EMB	231	3:44:2
6.	COLLINS KOROS		NRB	047	3:44:5
7.	GEOFFREY MATUM		ISL	264	3:45:7
8.	NDIWA CALISTAS	APS		225	3:47:8

Best time...3:42:9

ETEVENT...800 MEN

1:

POSITION	NAME	YOB	TEAM	NO	TIME
1	MATHEW RONO		KDF	328	1:47:5
2	THOMAS CHEROTICH		ICH	051	1:48:2
3	LAILA TILITA		IND	325	1:48:6
4	SARERI RAPAUT		KDF	026	1:49:5
5	JOSPHAT KIPNGETICH		NGONG	327	1:49:8
6	TIMOTHY SEIN		RONGAI	027	1:50:3
7	ROBERT KORIR		KDF	259	1:50:5
8	WESLEY KIPROTICH		IND	324	1:50:7

BEST TIME...1:47:5

EVENT..1500 M WOMEN

POSITION	NAME	YOB	TEAM	NO	TIME
1	WINNIE CHEBET		TKA	204	4:21:2
2	LILLIAN KASAIT		LONDIAN		4:21:4
3	SANDRA CHEBET		LONDIAN		4:22:6
4	FLORENCE NDUKU		MCKS		4:23:0
5	JOAN CHEPKEMOI		KERINGET		4:30:0
6	VICOTY CHEPNGENO		IND		4:33:3
7	REGINA MWANGI		LAB		4:36:5
8	JOSEPHINE NYAKORA		PRISONS		4:39:7
9	MARY CHEBET		IND		4:46:3
10	MILDRED ALUKWE				4:50:8

TIME

BEST TIME...4:212

EVENT..4X100M RELAY MEN

POSITION	NAME	YOB	TEAM	NO	TIME
1	MSD				40:8
2	KENYA NAVY				41:0
3	PRISONS				41:3
4	KASARANI				41:6
5	THIKA				41:9
6	POSTA				43:2
7	INDIVIDUAL				46:1

BEST TIME..40:8

EVENT..4X100M RELAY WOMEN

POSITION	NAME	YOB	TEAM	NO	TIME
1	KASARANI				48:2
2	THIKA				49:2
3	KENYA NAVY				50:3
4	LAB				51:1
5	NAIROBI				51:4
6	INDIVIDUAL				52:7
7	TEGLA LOROUPE TEAM				59:6

BEST TIME..48:2

EVENT....5000 MEN FINAL

POSITION	NAME	YOB	TEAM	NO	TIME
1	PETER NDEGWA		KDF		13:39:9
2	DOUGLAS KIPSEREM		LNT		13:40:4
3	FRIEDRICK MARANGA				13:42:9
4	ROBERT KIPCHIRCHIR				13:4:9
5	STANLEY WAITHAKA				13:57:5
6	LINUS MATUKA				14:01:9
7	ZABLON CHUMBA				14:03:7
8	KIPKORIR KONGA				14:09:0
9	SAMSON NDIRANGU				14:09:2
10	NICHOLAS KIPLIMO				14:09:4
11	JOSEPH NJENGA				14:10:9
12	NOAH KIPSANG				14:12;0
13	COSMAS KIPLIMO				14;14'1
14	KANYANGI MUSA				14:14:2

TIME

15	TITUS KIMANI	14:14;9
16	ISAIAH NDUNGU	14:15:1
17	MOSES NJOROGE	14:17:0
18	ROBERT WAIRIMU	14:21:2

BEST TIME...13:39:9

EVENT..400M WOMEN

POSITION	NAME	YOB	TEAM	NO	TIME
1	MARGARET NYAIRERA		PRISONS	256	52:4
2	NEVIAN MICHIRA		"	009	55:0
3	MIRIAM CHEPKEMBOI		NKI	008	55.4
4	MERCY ANDIJA	IND	014	55:9	
5	VIVIAN CHERANGAT		KWS	017	56.7
6	ANGELA NDUNGWA		IND	262	57.7
7	WINNIE MAKORI		IND	048	61.5

BEST TIME 52:4:SEC TIME

EVENT.....400M MEN

POSITION	NAME	YOB	TEAM	NO	TIME
1	WILLIAM RAYIAN		IND	010	46.3
2	JOSEPH POGHISIO		KDG	236	46.6
3.	ROBERT ROP		IND	077	46.8
4	VINCENT KOSKEI		PRI	253	46.9
5	JARED MOMANYI		KDF	259	47.2
6	CLEOPHAS KIPRUTO		MARSABIT	260	47.4
7	AMOS CHEPKWON		NAVY	261	48.9

BEST TIME;;;46.3

EVENT ..100M

POSITION	NAME	YOB	TEAM	NO	TIME
1	MARK OTIENO		IND	035	10.2
2	CHARLES WAMWEA		KDF	263	10.3
3	DENNIS OTIENO		MSD	157	10.5
4	MICHAEL NGUGI		PRIS	221	10.6
5	BRIAN GATURA		GSU	258	10.7
6	JOSEPH ONDUTO		PRIS	061	10.9

BEST TIME; 10.2 SECS

TIME

EVENT...HAMMER MEN

NO	NAME	TEAM	HEIGHT IN METRES	PLACE
1	DOMINIC ABUNDA	LAIKIPIA	57.05	1
2	DENNIS SAKAWA	ARTY	54.12	2
3	ADELBERT MUSEVENI	KDF	49.53	3
4	SILAS KIPKIRUI	IND	47.44	4
5	GILBERT KOECH	POLICE	44:12	5
6	NICODEMUS KIPCHIRCHIR	IND	44:08	6
7	ALFRED KIRWA	POLICE	40.65	7

BEST MARK...57.05

EVENT ..HAMMER WOMEN

NO.	NAME	TEAM	PLACE
1	LUCY OMONDI	KDF	46.66
2	ROSE RAKAMBA	POLICE	43.45
3	VIBIAN CHEPROTICH	NANY	37.60
4	EVALYN BOSIBORI	PRIS	35.37
5	ADDAH AKOTH	KDF	32.67
6	MERCY JEPTOO	IND	31.40
7	NANCY KANINI	U/18	30.27

BEST MARK..46.66M

EVENT..TRIPPLE JUMP MEN

NO.	NAME	TEAM	BEST THROW	POSITION
1	LANGAT EDWIN	KDF	15.36	1
2	ISAACK KIRWA	POLICE	15.32	2
3	ANN KIPTOO	IND	14.80	3
4	JUSTUS CHUMBA	IND	14.27	4
5	VICTOR KIPKUSI	IND	14.25	5
6	ERICK MASAI	IND	14.09	6
7	ELVIS KIMELI		14.05	7
8	KIPKIRUI KENNEDY	IND	14.01	8

BEST THROW..15.36

EVENT....TRIPPLE JUMP WOMEN

NO	NAME	TEAM	BEST THROW	POSITION
1	GLORIA MULEI	YOUTH	12.04	1
2	NYRINE CHEPKEMBOI	PRISONS	11.85	2

TIME

3	GLADYS MUSYOKA	POLICE	11.65	3
4	REGINA MULATIA	PRISONS	11.42	4
5	CHEROTICH KOECH	NBI	11.42	5
6	PETROLINA MWOMBE	NANYUKI	11.36	7
7	VERA ROREI	UNIV	11.30	
8	ROSE MORAA	LAB	11.08	
9	SUSAN MULEI	NANYUKI	10.54	