

**ATHLETICS KENYA****7TH PREMIUM CROSS COUNTRY SERIES MEETING  
HELD AT KABIANGA UNIVERSITY, SOTIK ON 9TH JANUARY 2016****RESULTS**

<b>POS</b>	<b>BIB</b>	<b>NAME</b>	<b>YOB</b>	<b>CLUB/TEAM</b>	<b>TIME</b>
<b>6KM JUNIOR WOMEN</b>					
1	027	SANDRA CHEBET	1998	LONDIANI	19:06.3
2	091	VICODY CHEPKORIR		KIPAJIT	19:29.0
3	026	EMILY CHEBET	1998	LONDIANI	19:32.8
4	010	SHEILA CHELANGAT	1998	BOMET	19:39.1
5	268	WINFRIDAH MOSETI	1999	KEROGA	19:37.1
6	092	BETTY CHEPKEMOI		KIPAJIT	19:43.1
7	117	EVA CHERONO		SIGOWET	19:55.8
8	188	IVEEN CHEPKEMOI		SIGOWET	20:07.9
9	124	ANN NYAGOTHIE		KERINGET	20:09.6
10	288	MARTHA MOGAY	1998	KEROGA	20:20.6
11	003	DEBORAH CHERONO	2001	INDIVIDUAL	20:21.1
12	002	FAITH CHERONO	2000	NJERIAN	20:30.0
13	093	VALORY CHEPNGETICH		KIPAJIT	20:36.5
14	030	ABIGAEI CHELANGAT	2000	LONDIANI	20:38.3
15	110	BETTY CHEPKEMOI		SIGOWET	20:44.0
16	084	JACKLINE CHERONO	1999	SIGOWET	20:46.9
17	154	VIOLAH CHEMUTAI		KERINGET	20:50.0
18	042	MIRRIAM CHEROP	1999	SOTIK	20:57.1
19	028	BEATRICE CHEBET	2000	LONDIANI	20:59.6
20	144	GLADYS SONGOL		TORONGO	21:00.4
21	095	BENCY CHEBET		KIPAJIT	21:03.2
22	180	JACKLINE CHEPKOECH		LONDIANI	21:12.1
23	200	JACKLINE CHEPKOECH		OLENGURUONE	21:14.5
24	015	BEATRICE BEKI		MOGANGA SEC	21:21.4
25	070	VIOLA CHEPNGENO	2000	SIGOWET	21:26.1
26	142	NAOMI CHEPKORIR		KERINGET	21:27.6
27	071	MERCILINE CHERONO	1999	SIGOWET	21:28.7
28	069	JOYCE CHEPKEMOI	1999	SIGOWET	21:29.27
29	044	FAITH CHEPKORIR	1999	SILIBWET	21:39.3
30	016	DOLVIN NYAGAKA		MOGANGA SEC	21:40.5
31	017	JUDICAH NYABECAH		MOGANGA SEC	21:45.3
32	014	DIANA OMBAIRE		MOGANGA SEC	21:52.7
33	029	EMMACULATE CHEBET	2000	LONDIANI	21:55.5
34	009	JUDITH CHEROTICH	1998	INDIVIDUAL	22:06.05
35	088	JANETH CHEPNGETICH	1998	KIPAJIT	22:07.1
36	086	EMMACULATE CHEPKIRUI	2000	KIPAJIT	22:12.1
37	007	SHARON CHEPNGETICH	2001	INDIVIDUAL	22:13.3

38	012	ESTHER BORURA		MOGANGA SEC	22:20.9
39	081	NAOMI NYANTIYIE	2001	TALENT SEARCH	22:27.6
40	240	FLORIDAH CHEPKEMOI		BOMET	22:28.8
41	168	AGENES ONGORI		MOGANGA SEC	22:35.8
42	094	SHARINE CHEPKEMOI		KIPAJIT	22:41.7
43	178	SHARON CHEPKEMOI		KERICHO	22:49.4
44	179	JECINTA ABESI		KERICHO	22:51.1
45	278	JUDY ATEKA		INDIVIDUAL	22:56.1
46	150	FAITH CHEPNGETICH		KERICHO	22:99.1
47	298	JOAN CHERONO		INDIVIDUAL	23:04.5
48	019	VELMAH NJERI		MOGANGA SEC	23:08.0
49	250	DIANA CHEPKORIR		OLENGURUONE	23:12.8
50	097	BRENDA CHEPKOECH		KIPAJIT	23:17.3
51	260	MAUREEN MUCHIRA		MOGANGA SEC	23:18.0
52	158	MAUREEN MICHIRA		MOGANGA SEC	23:18.6
53	034	DIANA CHEPKORIR	2000	LONDIANI	23:21.6
54	035	FRIDAH CHELANGAT	2000	LONDIANI	23:33.2
55	145	STELLA CHEPKORIR		KERICHO	23:34.3
56	082	SHARON CHEPKORIR	2000	SIGOWET	23:35.4
57	038	TERESA CHEROTICH	2000	LONDIANI	23:35.5
58	039	FLORENCE CHEKOECH	2000	LONDIANI	
59	090	ABIGAEAL CHELANGAT	2000	KIPAJIT	
60	080	CYNTHIA NOLARI	2001	TALENT SEARCH	
61	068	JACKLINE CHERONO	1999	SILIBWET	
62	043	SHARON CHEPNGATICH	1999	SOTIK	
63	189	CLARA CHEPNGENO		NJERIAN	
64	087	MIRRIAM CHEPKIRUI	1998	KIPAJIT	
65	224	SHARON CHEMUTAI		SOTIK	
66	001	WINNIE CHEPKEMOI	2000	LONDIANI	
<b>8KM JUNIOR MEN</b>					
1	156	RONALD KIPROTICH	1999	INDIVIDUAL	22:45.0
2	197	WESLY LEDAMA	2000	INDIVIDUAL	22:50.9
3	098	ELIJAH KOSITANY	1998	INDIVIDUAL	22:07.3
4	372	JOHN KIMOSI	1997	KEROKA	23:13.3
5	325	DENNIS MORINGI	1998	KEROKA	23:18.6
6	244	DAVIS KIPLANGAT		SIGOWET	23:23.6
7	136	MICHEAL RONO	1999	INDIVIDUAL	23:28.7
8	152	VINCENT RUTOH	1998	INDIVIDUAL	23:29.0
9	033	SILAS KEITANY	1997	INDIVIDUAL	23:32.9
10	333	DENNIS KOECH	1997	KEROKA	23:39.1
11	204	EDWIN KOSKEI		INDIVIDUAL	23:43.5
12	176	PHELIMON KOECH	2000	INDIVIDUAL	23:48.4
13	185	BERNARD MOSONIK	1997	INDIVIDUAL	23:54.1
14	126	DENNIS KIPKORIR RUTO		INDIVIDUAL	23:59.1

15	125	GILBERT KORIR	1997	INDIVIDUAL	24:00.8
16	165	KENNEDY RONO	1996	INDIVIDUAL	24:01.4
17	157	JOSPHAT LENDAMA	1994	INDIVIDUAL	24:02.2
18	382	DENNIS MBAKA	1996	INDIVIDUAL	24:04.8
19	063	TIMOTHY KIPKORIR	1996	LONDIANI	24:10.1
20	108	BERNARD NGENO	1996	INDIVIDUAL	24:12.5
21	355	COSMAS KIPROTICH		INDIVIDUAL	24:12.9
22	107	BENJAMIN LANGAT	1998	SIGOWET	24:13.7
23	194	EMMANUEL KIPCHUMBA	1998	TORONGO	24:14.6
24	352	TITUS MOGUSU	1998	KEROKA	24:16.9
25	281	DENNIS MALEL		INDIVIDUAL	24:18.2
26	137	ELKANA LANGAT	1998	INDIVIDUAL	24:20.8
27	314	JUSTUS KIPTOO		INDIVIDUAL	24:21.5
28	146	BERNARD KOECH		INDIVIDUAL	24:22.7
29	172	PAUL TOLU	1997	INDIVIDUAL	24:23.6
30	196	COLLINS KIPCHIRCHIR	1999	INDIVIDUAL	24:24.3
31	147	ELIJA`H YATOR		INDIVIDUAL	24:29.1
32	109	SAMSON KIPYEGON	1999	INDIVIDUAL	24:30.0
33	221	OSCAR BETT	1991	INDIVIDUAL	24:30.9
34	303	SANG NGENO	1990	INDIVIDUAL	24:31.8
35	024	PAUL ONYIEGO	1999	INDIVIDUAL	24:33.3
36	105	KIPLANGAT KEMBOI	1994	INDIVIDUAL	24:35.2
37	099	RONALD TUEI	1999	INDIVIDUAL	24:35.6
38	143	ROBERT RONO		INDIVIDUAL	24:36.4
39	251	EUGEN KIPKIRUI		INDIVIDUAL	24:39.3
40	322	DENNIS KIPTOO		INDIVIDUAL	24:42.9
41	291	AMOS ROTICH		INDIVIDUAL	24:44.0
42	161	KEVIN KERICH	1995	INDIVIDUAL	24:47.5
43	345	KIPRONO KOECH		INDIVIDUAL	24:48.1
44	031	SHADRACK KORIR	1995	INDIVIDUAL	24:48.9
45	234	NICHOLAS RONO		INDIVIDUAL	24:49.7
46	163	SOLOM KOECH	1997	INDIVIDUAL	24:51.1
47	190	BERNARD YEGON	1998	INDIVIDUAL	24:52.6
48	231	FRANCIS KIRUI		INDIVIDUAL	24:54.3
49	170	COSMAS KIPROTICH	1999	INDIVIDUAL	24:56.3
50	191	ROBERT KIBOWEN	1999	INDIVIDUAL	25:02.0
51	122	WILBON KIGEN		INDIVIDUAL	25:06.0
52	160	JOHN KIFUE	1998	INDIVIDUAL	25:07.9
53	075	DANIEL ROP	2000	INDIVIDUAL	25:09.1
54	174	KEVIN CHERUIYOT	1997	INDIVIDUAL	25:09.4
55	103	JAPHET LANGAT	1998	INDIVIDUAL	25:10.9
56	242	DOMINIC MIBEI	1982	INDIVIDUAL	25:11.9
57	184	NICHOLAS CHIRCHIR	1998	INDIVIDUAL	25:15.2
58	183	JUSTUS KIBIWOTT	2000	INDIVIDUAL	25:16.6

59	211	NELSON KIRUI		TORONGO	25:17.4
60	271	JOSHUA YEGON		INDIVIDUAL	25:18.0
61	198	LEONARD LANGAT	2000	INDIVIDUAL	25:18.4
62	059	COLLINS KIBET	1995	INDIVIDUAL	25:19.9
63	149	PETER RONO		INDIVIDUAL	25:24.6
64	128	DANIEL KIRINYET	1997	INDIVIDUAL	25:26.4
65	054	EDMON RONO	1999	INDIVIDUAL	25;27.3
66	046	ISAAC RONO	1998	INDIVIDUAL	25:28.3
67	182	NICHOLAS CHERUIYOT	1999	INDIVIDUAL	25:29.3
68	155	KIPRONO CHEPKWONY	1997	INDIVIDUAL	25:33.2
69	233	BERNARD KOECH		INDIVIDUAL	25:35.2
70	121	LEONARD KORIR	2000	INDIVIDUAL	25:35.7
71	187	FELIX BETT	1995	INDIVIDUAL	25:36.3
72	023	ATANDI JACKSON		INDIVIDUAL	25:40.5
73	395	DENY KEMBOI		INDIVIDUAL	25:43.4
74	131	JAPHET MARITIM	1999	INDIVIDUAL	25:48.9
75	177	LEONARD BETT	2000	INDIVIDUAL	25:49.9
76	225	DOMNIC KORIR		INDIVIDUAL	25:51.7
77	074	PETER BETT	1998	LONDIANI	25:53.3
78	051	ROBERT BIWOT	1996	INDIVIDUAL	
79	320	WILLY NGENO	1997	KEROKA	
80	362	ELKANA LANGAT	1997	KEROKA	
81	363	GILBERT BII		INDIVIDUAL	
82	148	ROBERT NGETICH		INDIVIDUAL	
83	062	GILBERT TONUI	2000	LONDIANI	
84	116	EVANS SIELE	1998	INDIVIDUAL	
85	305	EVANS BETT	1991	INDIVIDUAL	
86	022	THOMAS OMBANGI	1999	INDIVIDUAL	
87	134	JULIUS KIPTOO LANGAT	1994	INDIVIDUAL	
88	353	ERICK SOI	1991	INDIVIDUAL	
89	049	DANIEL SOIT	1990	INDIVIDUAL	
90	386	EZRA KORKOR	1999	INDIVIDUAL	
91	050	JACKSON LOITA	1994	INDIVIDUAL	
92	064	MARTIN KIRUI	2000	LONDIANI	
93	261	CORNLIUS KORIR	1991	INDIVIDUAL	
94	120	BERNARD KEMEI	1990	INDIVIDUAL	
95	316	JULIUS CHEPKWONY	1999	INDIVIDUAL	
96	061	JULIUS TONUI	1996	LONDIANI	
97	056	DICKSON KIPKURUI	1990	INDIVIDUAL	
98	047	DUNCAN KIPROTICH	1999	INDIVIDUAL	
99	356	CHARLES CHERUIYOT		INDIVIDUAL	
100	060	ERIC SIGEI	1995	LONDIANI	
101	171	HILLARY MUTAI	1997	INDIVIDUAL	
102	315	PATRICK KIPLANGAT		INDIVIDUAL	

103	100	DOMNIC KIPROTICH	1996	INDIVIDUAL	
104	138	DANIEL KOECH	1991	INDIVIDUAL	
105	077	FESTUS SUGE	1998	INDIVIDUAL	
106	192	COLLINS KIRUI	2000	INDIVIDUAL	
107	175	AMOS BETT	1999	INDIVIDUAL	
108	053	KENNEDY KIGEN	1995	INDIVIDUAL	
109	127	VINCENT BETT		INDIVIDUAL	
110	021	DENNIS BEKERI		MOGANGA SEC	
111	151	ANDERSON RONO	2000	INDIVIDUAL	
112	045	DIOK MANYAKA	1997	INDIVIDUAL	
113	066	PETER YEGON	1992	NJERIAN	
114	032	JOSPHAT KIGEN	1990	INDIVIDUAL	
115	141	RONALD CHERUIYOT	1998	INDIVIDUAL	
116	107	BENJAMIN LANGAT	1998	SIGOWET	
<b>10KM SENIOR WOMEN</b>					
1	210	DAMARIS ARERA	1992	KEROKA	34:07.4
2	253	JOYLINE CHEPKOSGEI	1996	KDF	34:14.7
3	317	GLADYS KOECH	1996	TORONGO	34:19.7
4	293	HELLEN CHERONO	1990	INDIVIDUAL	34:28.5
5	214	NAOMI CHEBET	1993	INDIVIDUAL	34:37.1
6	273	FAITH CHEPKOECH	1994	BOMET	35:09.6
7	118	ALICE MOGIRE	1989	KENYA PRISONS	35:28.7
8	340	CHRISTINE OIGO	1986	KEROKA	35:30.5
9	220	NORAH CHEBET	1992	NJERIAN	36:44.2
10	169	EMMILY KEMEI	1986	LONDIANI	37:17.4
11	377	EUNICE ONYANCHA	1985	KEROKA	38:14.5
12	258	HELLEN CHEPKORIR	1995	NJERIAN	38:15.1
13	230	CHEPTOO RONO	1995	BOMET	38:20.8
14	276	JENIFER CHEPKIRUI	1991	SIGOWET	39:20.5
15	223	JOSPHINE CHEPKIRUI	1985	MAU	40:30.4
16	286	NANCY CHEPKIRUI	1981	KIPAJIT	41:35.4
17	129	VICODY CHEPNGETICH	1999	LONDIANI	42:36.7
18	367	ABIGAEL CHEPKIRUI	1994	INDIVIDUAL	
19	387	RISPA CHELANGAT	1992	KIPAJIT	
<b>10KM SENIOR MEN</b>					
1	264	VINCENT RONO	1990	INDIVIDUAL	28:47.2
2	334	DOMNIC KIPTARUS	1986	SIGOWET	28:49.9
3	207	JULIUS KOGO	1990	INDIVIDUAL	28:51.5
4	343	FREDRICK MORANGA	1983	KEROKA	28:55.8
5	311	PETER KIPKEMEI	1983	INDIVIDUAL	28:57.9
6	354	LEONARD LANGAT	1990	INDIVIDUAL	29:04.8
7	366	EMMANUEL NGATUNY	1982	INDIVIDUAL	29:10.10
8	235	ISAIAH KOECH	1983	INDIVIDUAL	29:19.7
9	208	GEOFRY MUTAI	1992	INDIVIDUAL	29:21.8

10	290	AMBROSE BORE	1986	SIGOWET	29:23.6
11	262	RAPHAEL LEGEI	1982	INDIVIDUAL	29:24.7
12	321	JOHN KOECH	1983	INDIVIDUAL	29:32.3
13	263	BERNARD BETT	1986	INDIVIDUAL	29;35.8
14	241	PAUL KOECH	1991	INDIVIDUAL	29:38.6
15	304	DAVID BETT	1988	INDIVIDUAL	29:44.8
16	228	MWANGI MACHARIA	1997	INDIVIDUAL	29:47.1
17	275	EVANS MAYAKA	1990	KEROKA	29:47.7
18	396	HILLARY BII	1987	INDIVIDUAL	29:57.9
19	209	BERNARD ROTICH	1960	INDIVIDUAL	30:00.9
20	371	DENNIS CHIRCHIR	1983	INDIVIDUAL	30:10.9
21	266	EZRA SANG	1982	INDIVIDUAL	30:14.3
22	297	CHARLES CHERUYOT	1991	INDIVIDUAL	30:17.4
23	254	VINCENT BOIT	1960	INDIVIDUAL	30:20.3
24	226	ERICK KOSKEY	1982	INDIVIDUAL	30:27.7
25	237	KIMUTAI CHERUIYOT	1991	INDIVIDUAL	30:31.1
26	280	NGETICH BETT	1986	INDIVIDUAL	30:32.2
27	167	ANTHONY SAIDA	1999	INDIVIDUAL	30:33.6
28	282	REUBEN KEMBOI	1987	INDIVIDUAL	30:36.9
29	294	KEN CHERUIYOT	1988	INDIVIDUAL	30:39.7
30	274	CHARLES BETT	1992	INDIVIDUAL	30:40.5
31	212	DAVID ROP	1991	INDIVIDUAL	30:43.9
32	239	GEOFRY BUNDI	1960	INDIVIDUAL	30:46.5
33	364	KIPKIRUI LANGAT	1991	INDIVIDUAL	30:48.3
34	328	JACOB MUTAI	1991	INDIVIDUAL	30:53.3
35	216	BARNABAS KIPKOECH	1987	INDIVIDUAL	30:58.7
36	338	BERNARD BOR	1983	INDIVIDUAL	31:01.3
37	380	GEORGE ACHUKA	1990	KEROKA	31:02.8
38	346	PHELIMON ROTICH	1991	INDIVIDUAL	31:05.0
39	360	COLLINS LANGAT	1987	INDIVIDUAL	31:05.5
40	284	BERNARD KIPKORIR	1991	INDIVIDUAL	31:05.9
41	213	JOSEPH ONSARIGO	1982	KEROKA	31:08.0
42	375	JOHN RONO	1997	INDIVIDUAL	31:14.9
43	327	ANDREW BIEGON	1991	INDIVIDUAL	31:15.5
44	369	NICHOLAS RONO	1992	LONDIANI	31:16.3
45	270	KIPNGETICH LANGAT	1988	INDIVIDUAL	31:17.2
46	245	CHARLES NYANDUAKI	1997	KEROKA	31:17.8
47	034	DANIEL CHERUIYOT	1960	INDIVIDUAL	31:20.9
48	337	BENSON CHEPKWONY	1990	INDIVIDUAL	31:24.9
49	202	ALEX CHERUIYOT	1960	INDIVIDUAL	31:26.1
50	203	EVANS KIPTANUI	1987	INDIVIDUAL	31:27.5
51	279	BERNARD MISOI	1991	INDIVIDUAL	31:27.9
52	201	DENNIS OSORO	1983	KEROKA	31:31.2
53	227	JOHN LANGAT	1983	INDIVIDUAL	31:36.4

54	215	EVANS CHEPKWONY	1987	INDIVIDUAL	31:40.7
55	359	WESLY ROP	1986	LONDIANI	31:42.0
56	217	BONIFACE RUTOH	1987	INDIVIDUAL	31:45.2
57	229	KIPKIRUI LANGAT	1991	INDIVIDUAL	31:48.4
58	236	NICHOLAS TONUJ	1983	INDIVIDUAL	31:51.5
59	351	GILBERT KORIR	1982	INDIVIDUAL	32:05.1
60	299	DAVID OMONDI	1987	INDIVIDUAL	32:14.0
61	357	ROBERT MARITIM	1987	KERICHO	32:23.6
62	331	NELSON KOGEI	1991	INDIVIDUAL	32:31.7
63	358	HENRY OMBUI	1991	KEROKA	32:38.1
64	347	WILLY BII	1983	BURETI	32:48.4
65	206	SHADRACK YEGON	1982	INDIVIDUAL	32:50.7
66	301	HILLARY SOI	1987	INDIVIDUAL	33:21.7
67	300	PHILIP SITIENEI	1983	INDIVIDUAL	33:24.2
68	313	BERNARD BUSIENEI	1983	INDIVIDUAL	33:36.1
69	323	EZEKIEL CHEPKWONY	1983	BOMET	33:53.5
70	399	KEN KOECH	1990	INDIVIDUAL	33:57.9
71	246	GEORGE TOGOM	1986	INDIVIDUAL	34:06.5
72	348	WESLY KIGEN	1982	INDIVIDUAL	34:18.3
73	307	STANLEY TUEI	1960	INDIVIDUAL	34:19.9
74	306	JOSHUA KEROSI	1960	INDIVIDUAL	34:35.3
75	302	JOHN KAMOSI	1997	KEROKA	34:37.0
76	259	JOHN KIMANZI	1983	INDIVIDUAL	
77	289	JAMES KALOMWE	1983	INDIVIDUAL	
78	385	ANTHONY KIBET	1988	INDIVIDUAL	