



**ATHLETICS KENYA AND INTERNATIONAL CALENDAR OF EVENTS  
FOR THE YEAR 2015/2016 SEASON.**

**NOVEMBER 2015**

7 <sup>th</sup>	1 <sup>st</sup> A.K Cross Country Series	Nairobi	KEN
9 <sup>th</sup>	TeglaLoroupe 10Km Peace Run	Kapenguria	KEN
14 <sup>th</sup>	2 <sup>nd</sup> A.K Cross Country Series	Kangaru	KEN
15 <sup>th</sup>	KASS Marathon	Eldoret	KEN
15 <sup>th</sup>	IAAF Permit Cross Country	Burgos	ESP
22 <sup>nd</sup>	Tusky's Mattress Wareng Cross Country	Eldoret	KEN
28 <sup>th</sup>	3 <sup>rd</sup> Premium A.K Cross Country Series	Nyahururu	KEN

**DECEMBER 2015**

1 <sup>st</sup>	World Aids Marathon	Kisumu	KEN
5 <sup>th</sup>	4 <sup>th</sup> Premium A.K Cross Country Series	Iten	KEN
6 <sup>th</sup>	Imenti 15Km Road Race	Nkubu - Meru	KEN
9 <sup>th</sup> or 10 <sup>th</sup>	A.K Gala	Nairobi	KEN
13 <sup>th</sup>	Safaricom Kisumu City County National Marathon	Kisumu	KEN
19 <sup>th</sup>	5 <sup>th</sup> Premium A.K Cross Country Series	Machakos	KEN

**JANUARY 2016**

2 <sup>nd</sup>	Sixth Athletics Kenya Cross Country Series	Kapsokwony	KEN
2 <sup>nd</sup>	Xiamen International Marathon	Xiamen	CHN
6 <sup>th</sup>	IAAF Permit Cross Country	San GiogiosuLagnane	ITA
8 <sup>th</sup>	Tiberias Winner Marathon	Tiberias	ISR
9 <sup>th</sup>	7 <sup>th</sup> Premium A.K Cross Country Series	Sotik	KEN
9 <sup>th</sup>	IAAF Permit Cross Country	Edinburg	GBR
15 <sup>th</sup>	Kenya Defence Forces 21Km Road Race	Thika	KEN
15 <sup>th</sup>	Kenya Defence Forces Cross Country Championships	Thika	KEN
16 <sup>th</sup>	Counties Cross Country Championships	All Counties	KEN
16 <sup>th</sup>	IAAF Permit Cross Country	Antrim	GBR
16 <sup>th</sup>	Kenya National Police Cross Country Championships	Ngong Race Course	KEN
17 <sup>th</sup>	IAAF Permit Cross Country	Seville	ESP
22 <sup>nd</sup>	Dubai International Marathon	Dubai	UAE
23 <sup>rd</sup>	Kenya Prisons Service Cross Country Championships	Uhuru Gardens	KEN
24 <sup>th</sup>	IAAF Permit Cross Country	Elgoibar	ESP
30 <sup>th</sup>	Kenya Universities Cross Country Championships	Kabarak University	KEN
30 <sup>th</sup>	Regional Cross Country Championships	All Regions	KEN

31 <sup>st</sup>	IAAF Permit Cross Country	San Vittore Olona	ITA
31 <sup>st</sup>	25 <sup>th</sup> Edition of Discovery Cross Country	Eldoret	KEN
<b>FEBRUARY 2016</b>			
1 <sup>st</sup> – 10 <sup>th</sup>	Clinic for sprinters and Field Events athletes in preparation for 2016 Olympic Games	Nairobi	KEN
4 <sup>th</sup>	Lake Turkana Half Marathon	Turkana	KEN
6 <sup>th</sup>	IAAF Indoor Meet	Karlsruhe	GER
6 <sup>th</sup>	<del>1<sup>st</sup> A.K Relay Series Mau – Egerton Cross Country</del>	<del>Njoro Nairobi</del>	<del>KEN</del>
6 <sup>th</sup>	<del>Mau – Egerton Cross Country</del>	<del>Njoro</del>	<del>KEN</del>
7 <sup>th</sup>	25 <sup>th</sup> Edition of Discovery Half Marathon	Eldoret	KEN
12 <sup>th</sup>	RAK Half Marathon	Dubai	UAE
12 <sup>th</sup>	AK/AR's Meeting	Nairobi	KEN
13 <sup>th</sup>	IAAF Permit/National Cross Country Championships	Uhuru Gardens	KEN
14 <sup>th</sup>	IAAF Permit Cross Country	Chiba	JPN
14 <sup>th</sup>	IAAF Indoor Meet	Moskva	RUS
17 <sup>th</sup>	IAAF Indoor Meet	Stockholm	SWE
17 <sup>th</sup> – 7 <sup>th</sup> March	Residential Training Camp for African Cross Country Teams	Embu	KEN
19 <sup>th</sup> – 20 <sup>th</sup>	1 <sup>st</sup> A.K Track & Field Competition	Bondo	KEN
20 <sup>th</sup>	<del>2<sup>nd</sup> A.K Relay Series IAAF Indoor Meet</del>	<del>Glasgow Nairobi</del>	<del>GBRKEN</del>
20 <sup>th</sup>	<del>IAAF Indoor Meet</del>	<del>Glasgow</del>	<del>GBR</del>
21 <sup>st</sup>	Race Walk Trials for Team Kenya to RIO		
21 <sup>st</sup>	Tokyo Marathon	Tokyo	JPN
TBC	Boppu – Oita Mainichi Marathon	Boppu-Oita	JPN
26 <sup>th</sup> – 27 <sup>th</sup>	2 <sup>nd</sup> A.K Track & Field Competition	Mumias	KEN
27 <sup>th</sup>	IAAF Indoor Meet	Boston	USA
28 <sup>th</sup>	Djibouti International Marathon	Djibouti	DJI
<b>MARCH 2016</b>			
4 <sup>th</sup> – 5 <sup>th</sup>	3 <sup>rd</sup> A.K Premium Track & Field Competition	Thika	KEN
5 <sup>th</sup>	IAAF World Challenge	Melbourne	AUS
6 <sup>th</sup>	3 <sup>rd</sup> Edition of First Lady's Marathon	Nairobi	KEN
8 <sup>th</sup>	Departure of Cross Country Teams to Yaoundé		
11 <sup>th</sup> – 13 <sup>th</sup>	20 <sup>th</sup> World Universities Cross Country Championships	Monte Cassino	ITA
12 <sup>th</sup>	4 <sup>th</sup> African Cross Country Championships	Yaoundé	CMR
12 <sup>th</sup>	IAAF Race Walking Challenge	Chihuahua	MEX
12 <sup>th</sup>	<del>3<sup>rd</sup> A.K Relay Series</del>	<del>Nairobi</del>	<del>KEN</del>
TBC	Seoul International Marathon	Seoul	KOR
17 <sup>th</sup> – 20 <sup>th</sup>	IAAF World Indoor Championships	Portland, OR	USA
18 <sup>th</sup> – 19 <sup>th</sup>	4 <sup>th</sup> AK/Premium Track & Field Competition	Nakuru	KEN
26 <sup>th</sup>	IAAF World Half Marathon	Cardiff	GBR
26 <sup>th</sup>	<del>4<sup>th</sup> A.K Relay Series</del>	<del>Nairobi</del>	<del>KEN</del>
30 <sup>th</sup> – 31 <sup>st</sup>	<del>Trials of Juniors to Dar es Salam</del>	<del>Nyayo Stadium</del>	<del>KEN</del>
<b>APRIL 2016</b>			
1 <sup>st</sup> – 2 <sup>nd</sup>	5 <sup>th</sup> A.K Premium Track & Field Competition	Kisii	KEN
5 <sup>th</sup> – 6 <sup>th</sup>	<del>Trials of Juniors to Dar es Salam</del>	<del>Nyayo Stadium</del>	<del>KEN</del>
8 <sup>th</sup>	Migori 10 Km Road Races	Awendo	KEN

8 <sup>th</sup> – 15 <sup>th</sup>	Residential Training Camp for Juniors to Dar es Salaam		
9 <sup>th</sup>	<u>5<sup>th</sup> A.K Relay Series</u>	<u>Nairobi</u>	<u>KEN</u>
❖ 10 <sup>th</sup>	Milano City Marathon	Milan	ITA
❖ 10 <sup>th</sup>	Vienna City Marathon	Vienna	AUT
❖ 10 <sup>th</sup>	Paris Marathon	Paris	FRA
❖ 10 <sup>th</sup>	Rotterdam Marathon	Rotterdam	NED
14 <sup>th</sup> – 16 <sup>th</sup>	6 <sup>th</sup> A.K Premium Track & Field Competition	Eldoret	KEN
❖ 16 <sup>th</sup>	Belgrade Marathon	Belgrade	SRB
16 <sup>th</sup>	<u>Departure of Junior Team to Dar es Salaam</u>		
❖ 18 <sup>th</sup>	BAA Boston Marathon	Boston	USA
18 <sup>th</sup>	<u>Eastern Africa Region Executive Board</u>	<u>Dar es Salaam</u>	<u>TAN</u>
19 <sup>th</sup> – 20 <sup>th</sup>	<u>Eastern Africa Junior Championships</u>	<u>Daees Salaam</u>	<u>TAN</u>
21 <sup>st</sup> – 23 <sup>rd</sup>	National Police Service Athletics Championships	Kasarani	KEN
24 <sup>th</sup>	Virgin Money London Marathon	London	GBR
27 <sup>th</sup> – 29 <sup>th</sup>	Defence Forces Athletic Championships	Kasarani	KEN
28 <sup>th</sup>	<u>Eastern Africa Region Executive Board</u>	<u>Dar es Salaam</u>	<u>TAN</u>
29 <sup>th</sup> – 30 <sup>th</sup>	<u>Eastern Africa Junior Championships</u>	<u>Daees Salaam</u>	<u>TAN</u>
<b>MAY 2016</b>			
4 <sup>th</sup>	Nairobi Grand Prix Meeting - Night of Champions	Nairobi	KEN
6 <sup>th</sup> – 7 <sup>th</sup>	Kenya Prisons Service Athletic Championships	Kasarani	KEN
6 <sup>th</sup> – 7 <sup>th</sup>	County Athletics Championships	All Counties	KEN
6 <sup>th</sup>	IAAF Diamond Meeting	Doha	QAT
7 <sup>th</sup> – 8 <sup>th</sup>	IAAF World Race Walking Team Championships	Cheboksary	RUS
7 <sup>th</sup>	IAAF World Challenge	Kingston	JAM
7 <sup>th</sup>	Tea Board of Kenya Marathon	Kericho	KEN
8 <sup>th</sup>	IAAF World Challenge	Tokyo	JPN
10 <sup>th</sup> – 11 <sup>th</sup>	<u>Kids Athletics</u>	<u>Nyayo Stadium</u>	<u>KEN</u>
13 <sup>th</sup> – 14 <sup>th</sup>	Kenya Universities Athletic Championships	Kenyatta University	KEN
13 <sup>th</sup> – 14 <sup>th</sup>	Regional Athletic Championships	All Regions	KEN
14 <sup>th</sup>	IAAF Diamond League	Shanghai	CHN
16 <sup>th</sup> – 20 <sup>th</sup>	Kenya Teachers Colleges Athletic Championships	Lake Region	KEN
18 <sup>th</sup>	IAAF World Challenge	Beijing	CHN
19 <sup>th</sup>	Khartoum CAA Meeting	Khartoum	SUD
20 <sup>th</sup>	IAAF World Challenge	Ostrava	CZE
21 <sup>st</sup>	<u>A.K National Relays Championships</u>	<u>Nairobi</u>	<u>KEN</u>
22 <sup>nd</sup>	IAAF World Challenge	Hengelo	NED
22 <sup>nd</sup>	IAAF World Challenge	Rabat	MOR
❖ 22 <sup>nd</sup>	Turin Half Marathon	Turin	ITA
26 <sup>th</sup> – 28 <sup>th</sup>	<u>National Championships Trials for African Athletic Championship</u>	<u>Kasarani</u>	<u>KEN</u>
28 <sup>th</sup>	IAAF Diamond League (Prefontaine Classic)	Eugene	USA
<b>JUNE 2016</b>			
2 <sup>nd</sup> – 18 <sup>th</sup>	<u>Residential Training Camp</u>	<u>Kasarani</u>	<u>KEN</u>
2 <sup>nd</sup>	IAAF Diamond League (Golden Gala)	Rome	ITA
5 <sup>th</sup>	IAAF Diamond League	Birmingham	GBR
7 <sup>th</sup> – 12 <sup>th</sup>	Eastern Africa Senior Athletic Championships	Asmara	ERI
8 <sup>th</sup> – 9 <sup>th</sup>	Kenya Secondary Schools Athletic Championships	Highlands Region	KEN

9 <sup>th</sup>	IAAF Diamond League (Bislett Games)	Oslo	NOR
9 <sup>th</sup> – 10 <sup>th</sup>	Kenya Primary Schools Athletic Championships	Nzoia Region	KEN
10 <sup>th</sup>	IAAF World Challenge	Dakar	SEN
16 <sup>th</sup>	IAAF Diamond League	Stockholm	SWE
18 <sup>th</sup>	13 <sup>th</sup> WMRA Long Distance Mountain Running Championships	Podbrdo	SLO
18 <sup>th</sup>	IAAF Diamond League	New York	USA
19 <sup>th</sup>	Team Kenya Depart to Durban		
20 <sup>th</sup>	C.A.A Council Meeting	Durban	RSA
21 <sup>st</sup> – 26 <sup>th</sup>	African Athletics Championships	Durban	RSA
21 <sup>st</sup> – 22 <sup>nd</sup>	Trials for Junior Team to Karzan	Nyayo Stadium	KEN
23 <sup>rd</sup>	IAAF World Challenge	Madrid	ESP
25 <sup>th</sup>	11 <sup>th</sup> WMRA World Youth Cup	Danske	CZE
28 <sup>th</sup> – 12 <sup>th</sup> July	Residential Training Camp for Junior Team to Karzan	Nyayo Stadium	KEN
29 <sup>th</sup> – 2 <sup>nd</sup> July	Trials for Olympic Games	Kasarani	KEN
<b>JULY 2016</b>			
3 <sup>rd</sup>	Sotokoto Safari Half Marathon	Nairobi	KEN
10 <sup>th</sup>	Iten Marathon	Iten	KEN
13 <sup>th</sup>	Departure of Team Kenya to Kazan		
15 <sup>th</sup>	IAAF Diamond League	Monaco	MON
17 <sup>th</sup> – 5 <sup>th</sup> August	Residential Training Camp for Team Kenya to Rio de Janeiro	Kasarani	KEN
19 <sup>th</sup> – 24 <sup>th</sup>	IAAF World Junior Championships	Kazan	RUS
22 <sup>nd</sup> – 23 <sup>rd</sup>	IAAF Diamond League	London	GBR
<b>AUGUST 2016</b>			
1 <sup>st</sup>	IAAF World Challenge	Sao Bernardo do Campo	BRA
5 <sup>th</sup> – 21 <sup>st</sup>	Olympic Games	Rio de Janeiro	BRA
6 <sup>th</sup>	Team Kenya (Athletics) depart for Rio de Janeiro		
12 <sup>th</sup>	Kisii Half Marathon	Kisii	KEN
12 <sup>th</sup> – 21 <sup>st</sup>	Olympic Games (Track & Field)	Rio de Janeiro	BRA
15 <sup>th</sup>	Nairobi Diamond 10KM Race	Nairobi	KEN
17 <sup>th</sup>	Masai Mara Marathon	Masai Mara	KEN
20 <sup>th</sup>	Katheri 10Km Road Race	Katheri	KEN
25 <sup>th</sup>	IAAF Diamond League	Lausanne	SUI
27 <sup>th</sup>	IAAF Diamond League	Paris	FRA
<b>SEPTEMBER 2016</b>			
1 <sup>st</sup>	IAAF Diamond League	Zurich	SUI
1 <sup>st</sup>	IAAF World Challenge	Rieti	ITA
3 <sup>rd</sup>	Jaramogi Oginga Odinga Memorial 10Km Road Race	Bondo	KEN
4 <sup>th</sup>	IAAF World Challenge	Berlin	GER
6 <sup>th</sup>	IAAF World Challenge	Zagreb	CRO
9 <sup>th</sup>	IAAF Diamond League	Brussels	BEL
10 <sup>th</sup>	UAP Ndakanini Half Marathon	Thika	KEN
18 <sup>th</sup>	Geothermal (GDC) Half Marathon	Nakuru	KEN
24 <sup>th</sup>	MUKESO-IUPUI Cross Country	Moi University	KEN
25 <sup>th</sup>	Mombasa International Marathon	Mombasa	KEN
❖ 25 <sup>th</sup>	BMW Berlin Marathon	Berlin	GER

**OCTOBER 2016**

2 <sup>nd</sup>	Meru Central Half Marathon	Meru	KEN
7 <sup>th</sup>	Kebirigo 10KM Road Race	Kebirigo	KEN
9 <sup>th</sup>	Peter Mulei Half Marathon	Machakos	KEN
9 <sup>th</sup>	Family Bank Half Marathon	Eldoret	KEN
9 <sup>th</sup>	Tom O’Omuombo Memorial Cross Country	Siaya	KEN
9 <sup>th</sup>	Laikipia University Half Marathon	Laikipia	KEN
15 <sup>th</sup>	NdalatGaa Cross Country	Ndalat	KEN
❖ 16 <sup>th</sup>	Bank of America Chicago Marathon	Chicago	USA
22 <sup>nd</sup>	11 <sup>th</sup> Madoka Half Marathon	Taita – Taveta	KEN
22 <sup>nd</sup>	Eldoret University Cross Country	Eldoret	KEN
30 <sup>th</sup>	14 <sup>th</sup> Edition of Standard Chartered Nairobi Marathon	Nairobi	KEN

**NOVEMBER 2016**

5 <sup>th</sup>	Baringo Half Marathon	Kabarnet	KEN
6 <sup>th</sup>	Kipkelion Cross Country	Kipkelion	KEN
12 <sup>th</sup>	TeglaLoroupe 10 Km Peace Run	Kapenguria	KEN
20 <sup>th</sup>	KASS Marathon	Eldoret	KEN
27 <sup>th</sup>	Tusky’s Mattress Wareng Cross Country	Eldoret	KEN

**DECEMBER 2016**

1 <sup>st</sup>	World Aids Marathon	Kisumu	KEN
2 <sup>nd</sup>	Lake Turkana Half Marathon	Lake Turkana	KEN
4 <sup>th</sup>	Imenti South 15 Km Road Race	Nkubu - Meru	KEN
18 <sup>th</sup>	Safaricom Kisumu City County National Marathon	Kisumu	KEN

❖ Dates TBC

**SUSAN K. KAMAU**  
**Ag.CHIEF EXECUTIVE OFFICER**

**DAVID S. OKEYO, MBS, HSC**  
**DIRECTOR OF COMPETITIONS**