

**REVISED ATHLETICS KENYA AND INTERNATIONAL CALENDAR OF  
EVENTS  
FOR THE YEAR 2013/2014 SEASON.**

**NOVEMBER 2013**

2 <sup>nd</sup>	Baringo Half Marathon	Kabarnet	KEN
2 <sup>nd</sup>	1 <sup>st</sup> KCB/AK Cross Country Series	Nairobi	KEN
9 <sup>th</sup>	Desert 10 km Run ( Men & Women)	Garissa	KEN
6 <sup>th</sup>	Seoul “Silver Label” Marathon	Seoul	KOR
10 <sup>th</sup>	Tegla Loroupe 10km Peace Run	Kapenguria	KEN
10 <sup>th</sup>	IAAF Cross Country Permit	Sona	ESP
16 <sup>th</sup>	2 <sup>nd</sup> KCB/AK Cross Country Series	Kapsokwony	KEN
17 <sup>th</sup>	KASS Marathon	Eldoret	KEN
17 <sup>th</sup>	IAAF Cross Country Permit	Burgos	ESP
24 <sup>th</sup>	Tuskys Mattress Wareng XC	Eldoret	KEN
30 <sup>th</sup>	3 <sup>rd</sup> KCB/AK Cross Country Series	Nyahururu	KEN

**DECEMBER 2013**

1 <sup>st</sup>	World Aids Marathon	Kisumu	KEN
7 <sup>th</sup>	Imenti South 15km Road Race	Imenti	KEN
14 <sup>th</sup>	4 <sup>th</sup> KCB/AK Cross Country Series	Kangaru-Embu	KEN
15 <sup>th</sup>	Safaricom Kisumu City Marathon	Kisumu	KEN
21 <sup>st</sup>	5 <sup>th</sup> KCB/AK Cross Country Series	G.K.Prisons-Sotik	KEN
22 <sup>nd</sup>	IAAF Cross Country Permit	Brussels	BEL

**JANUARY 2014**

4 <sup>th</sup>	6 <sup>th</sup> AK/KCB Cross Country Series	Eldoret Polytechnic	KEN
4 <sup>th</sup>	IAAF Permit Cross Country	Antrim-Belfast	GBR
6 <sup>th</sup>	IAAF Cross Country Permit	San Giogios Legnano	ITA
11 <sup>th</sup>	National Police Service Cross Country Championships	Ngong Race Course	KEN
11 <sup>th</sup>	IAAF Cross Country Permit	Edinburgh	GBR
11 <sup>th</sup>	IAAF Cross Country Permit	Antrim – Belfast	GBR
16 <sup>th</sup> .	Defence Forces Cross Country Championships	Moi Airbase- Nairobi	KEN
16 <sup>th</sup> .	Kenya Defence Forces 21 km Road Race	Moi Airbase- Nairobi	KEN
18 <sup>th</sup>	Counties Cross Country Championships	All Counties	KEN
19 <sup>th</sup>	IAAF Permit Cross Country	Seville	ESP
24 <sup>th</sup>	Eastern Half Marathon Championships	Khartoum	SUD
25 <sup>th</sup>	Kenya Prisons Service Cross Country Championships	Uhuru gardens	KEN
26 <sup>th</sup>	IAAF Cross Country Permit (82 <sup>nd</sup> Cinque Mulini)	San Vittore Olana	ITA
26 <sup>th</sup>	23 <sup>rd</sup> Discovery Cross Country	Eldoret	KEN

**FEBRUARY 2014**

1 <sup>st</sup>	Kenya Universities Cross Country Championships	University of Nairobi	KEN
1 <sup>st</sup>	Regional Cross Country Championships	All Regions	KEN
2 <sup>nd</sup>	23 <sup>rd</sup> Discovery Half Marathon	Eldoret	KEN
2 <sup>nd</sup>	IAAF Cross Country Permit	Albufeira	POR

8 <sup>th</sup> .	Mau Cross country-Egerton University	Njoro	KEN
8 <sup>th</sup>	1 <sup>st</sup> A.K. Relays Series	Prisons Grounds NRB	KEN
9 <sup>th</sup>	IAAF Cross Country Permit	Diekirsh	LUX
9 <sup>th</sup>	IAAF Cross Country Permit	Chiba	JPN
14 <sup>th</sup>	AK/AR's Meeting	Nairobi	KEN
15 <sup>th</sup>	IAAF Permit/KCB/A.K.National Cross Country Championships	Ngong Race Course	KEN
21 <sup>st</sup>	Eastern Cross Country Championships	Kampala	UGA
22 <sup>nd</sup>	2 <sup>nd</sup> A.K Relay Series	Prisons Grounds NRB	KEN
<b>MARCH 2014</b>			
1 <sup>st</sup>	Residential Training Camp or African Cross Country Championships	Watakatifu Ngong	KEN
1 <sup>st</sup> .	A.K.Rac Walking Challenge	Nairobi	KEN
7 <sup>th</sup>	3 <sup>rd</sup> A.K Relay Series	Nyayo Stadium	KEN
9 <sup>th</sup>	First Lady's Half Marathon	Uhuru Gardens NRB	KEN
14 <sup>th</sup>	Departure of Cross Country teams to Kampala		
7 <sup>th</sup> – 9 <sup>th</sup>	IAAF World Indoor Championships	Sopot	POL
7 <sup>th</sup>	Djibouti International Half Marathon	Djibouti	DJI
14 <sup>th</sup> – 15 <sup>th</sup>	1 <sup>st</sup> A.K Track & Field Meeting	Nakuru	KEN
15 <sup>th</sup>	African Cross Country Seminar	Kampala	UGA
16 <sup>th</sup>	3 <sup>rd</sup> African Cross Country Championships	Kampala	UGA
22 <sup>nd</sup>	World universities Cross Country Championships	Entebbe	UGA
22 <sup>nd</sup>	4 <sup>th</sup> A.K Relays Series	Kasarani	KEN
28 <sup>th</sup> – 29 <sup>th</sup>	2 <sup>nd</sup> A.K Track & Field Meeting	Bondo	KEN
29 <sup>th</sup>	IAAF World Half Marathon Championships	Copenhagen	DEN
<b>APRIL 2014</b>			
2 <sup>nd</sup> .	Nyanza South Tour 10Km Road Race	Awendo	KEN
2 <sup>nd</sup> -3 <sup>rd</sup>	Trials for African Youth Games	Nyayo Stadium	KEN
4 <sup>th</sup>	Residential Training Camp (Youth Games)	YMCA South C.	KEN
5 <sup>th</sup>	5 <sup>th</sup> A.K Relays Series and Sprints	Kasarani	KEN
5 <sup>th</sup>	IAAF World Challenge	Melbourne	AUS
11 <sup>th</sup> -12 <sup>th</sup> .	African Combined Events	Bambou	MRI
11 <sup>th</sup> – 12 <sup>th</sup>	3 <sup>rd</sup> A.K Track & Field Meeting	Kisii	KEN
12 <sup>th</sup> – 13 <sup>th</sup>	Eastern Africa Youth Championships	Addis Ababa	ETH
20 <sup>th</sup> – 25 <sup>th</sup>	Field Events Clinic	Nairobi	KEN
26 <sup>th</sup>	National Relays Trials	Kasarani	KEN
<b>MAY 2014</b>			
1 <sup>st</sup> -16 <sup>th</sup> May	Residential Training for relay team	Kasarani Stadium	KEN
2 <sup>nd</sup> – 3 <sup>rd</sup>	4 <sup>th</sup> A.K track & Field Competition	Mumias	
3 <sup>rd</sup>	World Athletics Day	Mumias	KEN
3 <sup>rd</sup>	IAAF World Challenge	Kingston	JAM
3 <sup>rd</sup> – 4 <sup>th</sup>	IAAF World Race Walking Cup	Taicang	CHN
4 <sup>th</sup>	Nairobi Grand Prix Meeting (TBC)	Nairobi	KEN
5 <sup>th</sup> – 18 <sup>th</sup>	Residential Training Camp for Africa Youth Games	Nairobi	KEN
5 <sup>th</sup> .	Tea Board of Kenya Marathon	Kericho	KEN
9 <sup>th</sup> .	IAAF Diamond League	Doha	QAT
9 <sup>th</sup> -10 <sup>th</sup>	5 <sup>th</sup> A.K Track And Field Competition	Nairobi	KEN
11 <sup>th</sup>	IAAF World Challenge	Tokyo	JPN

13 <sup>th</sup> – 14 <sup>th</sup>	Kids Athletics	Nyayo Stadium	KEN
13 <sup>th</sup> – 15 <sup>th</sup>	Kenya Defence Forces Athletics Championships	Kasarani	KEN
15 <sup>th</sup>	Khartoum Pan African Meeting	Khartoum	SUD
16 <sup>th</sup> – 17 <sup>th</sup>	National Police Service Athletics Championships	Kasarani	KEN
16 <sup>th</sup> -17 <sup>th</sup>	Counties Athletics Championships	All Counties	
17 <sup>th</sup>	Departure of Relays team to Nassau		
17 <sup>th</sup> IAAF	Diamond League	Shanghai	CHN
18 <sup>th</sup>	Addis Ababa Pan Africa Meeting	Addis Ababa	ETH
20 <sup>th</sup>	IAAF World Challenge	Beijing	CHN
22 <sup>nd</sup> – 31 <sup>st</sup>	2 <sup>nd</sup> African Youth Games	Gabarone	BOT
23 <sup>rd</sup> – 24 <sup>th</sup>	National Prisons Service Athletic Championships	Nyayo Stadium	KEN
23 <sup>rd</sup> -24 <sup>th</sup>	Kenya Universities Athletics Championships	Kabarak	KEN
23 <sup>rd</sup> -24 <sup>th</sup>	Regional Athletics Championships -	All Regions	KEN
24 <sup>th</sup> – 25 <sup>th</sup>	IAAF World Relays	Nassau	BAH
25 <sup>th</sup>	Kampala Pan Africa Meeting	Kampala	UGA
28 <sup>th</sup>	Puerto Rico Grand Prix		PUR
31 <sup>st</sup>	IAAF Diamond League	Eugene	USA
<b>JUNE 2014</b>			
5 <sup>th</sup>	IAAF Diamond League	Rome	ITA
5 <sup>th</sup> -7 <sup>th</sup>	National Athletics Championships Cum Trials for Commonwealth Games and African Athletics Championships	Nyayo Stadium	KEN
6 <sup>th</sup>	EAAR Executive Board Meeting	Asmara	ERI
7 <sup>th</sup>	Eastern Africa Junior Championships	Asmara	ERI
8 <sup>th</sup>	IAAF World Challenge	Hengelo	NED
8 <sup>th</sup>	IAAF World Challenge	Rabat	MAR
10 <sup>th</sup> – 11 <sup>th</sup>	Kenya Colleges Championships		KEN
10 <sup>th</sup> -.14 <sup>th</sup> .	Kenya Secondary Schools Athletic Championships	Kisii	KEN
11 <sup>th</sup>	IAAF Diamond League	Oslo	NOR
12 <sup>th</sup>	IAAF World Challenge	Moscow	RUS
13 <sup>th</sup> -14 <sup>th</sup>	Kenya Primary Schools	Mombasa	KEN
14 <sup>th</sup>	IAAF Diamond League	New York	USA
17 <sup>th</sup>	IAAF World Challenge	Ostrava	CZE
24 <sup>th</sup> – 25 <sup>th</sup>	Trials for World Junior Championships	Nyayo Stadium	KEN
28 <sup>th</sup>	IAAF World Challenge	Dakar	SEN
<b>JULY 2014</b>			
1 <sup>st</sup>	Residential Training Camp for Commonwealth Games		
1 <sup>st</sup>	Residential Training Camp for World Junior Championships		
3 <sup>rd</sup>	IAAF Diamond League	Lausanne	SUI
5 <sup>th</sup>	IAAF Diamond League	Paris	FRA
6 <sup>th</sup> .	Sotokoto Safari Half Marathon	Nairobi	KEN
11 <sup>th</sup>	IAAF Diamond League	London	GBR
15 <sup>th</sup>	Departure to Eugene for World Junior Championships		
15 <sup>th</sup> or 16 <sup>th</sup>	Departure to Glasgow for Commonwealth Games		
18 <sup>th</sup>	IAAF Diamond League	Monaco	MON
22 <sup>nd</sup> – 27 <sup>th</sup>	IAAF World Junior Championships	Eugene	USA
23 <sup>rd</sup> – 3 <sup>rd</sup> Aug	20 <sup>th</sup> Commonwealth Games	Glasgow – Scotland	U.K
25 <sup>th</sup> -.4 <sup>th</sup> .Aug.	Residential Training Camp for African Championships Team	Nairobi	KEN

<b>AUGUST 2014</b>			
5 <sup>th</sup>	Departure to Marrakesh for African Championships		
10 <sup>th</sup> – 14 <sup>th</sup>	African Senior Athletics Championships	Marakesh	MAR
15 <sup>th</sup>	Kisii Half Marathon	Kisii	KEN
16 <sup>th</sup> – 28 <sup>th</sup>	2 <sup>nd</sup> Youth Olympics Games	Nanjing	CHN
16 <sup>th</sup> .	Masai Mara Marathon	Masai Mara	KEN
21 <sup>st</sup>	IAAF Diamond League	Stockholm	SWE
23 <sup>rd</sup>	Katheri 10km Road Race	Katheri - Meru	KEN
24 <sup>th</sup>	IAAF Diamond League	Birmingham	GBR
24 <sup>th</sup>	Mombasa International Marathon	Mombasa	KEN
28 <sup>th</sup>	IAAF Diamond League	Zurich	SUI
31 <sup>st</sup>	IAAF World Challenge	Berlin	GER
<b>SEPTEMBER 2014</b>			
2 <sup>nd</sup>	IAAF World Challenge	Zagreb	CRO
5 <sup>th</sup>	IAAF Diamond League	Brussels	BEL
6 <sup>th</sup>	Jaramogi Oginga Odinga Memorial 10k Road Race	Bondo	KEN
13 <sup>th</sup>	UAP Ndakaini Half Marathon	Thika	KEN
13 <sup>th</sup> – 14 <sup>th</sup>	IAAF Combined Events Challenge	Talence	FRA
13 <sup>th</sup>	IAAF Continental Cup	Marrakesh	MAR
21 <sup>st</sup> .	Geothermo(GDC) Half Marathon	Nakuru	KEN
27 <sup>th</sup>	MUKESCO/IUPUI Cross Country and Peace Run	Moi University Kesses	KEN
<b>OCTOBER 2014</b>			
3 <sup>rd</sup>	Kebirigo 10 km Road Race	Kebirigo	KEN
5 <sup>th</sup>	Peter Mulei 21km Road Race	Machakos	KEN
5 <sup>th</sup>	Family Bank 21 km Road Race	Eldoret	KEN
5 <sup>th</sup>	Tom O'Omoumbo Memorial Cross Country	Siaya	KEN
6 <sup>th</sup>	Laikipia University Half Marathon	Laikipia	KEN
11 <sup>th</sup>	Ndalat Gaa Cross Country	Ndalat	KEN
12 <sup>th</sup> .	Kipkelion Cross Country	Kipkelion	KEN
18 <sup>th</sup>	Madoka Half Marathon	Taita Taveta	KEN
18 <sup>th</sup> .	Eldoret University Cross Country	Eldoret	KEN
26 <sup>th</sup>	12 <sup>th</sup> Standard Chartered Nairobi Marathon	Nairobi	KEN
<b>NOVEMBER 2014</b>			
1 <sup>st</sup>	Baringo Half Marathon	Kabarnet	KEN
8 <sup>th</sup>	Desert 10 km Run ( Men and Women)	Garissa	KEN
9 <sup>th</sup>	Tegla Loroupe 10Km Peace Run	Kapenguria	KEN
16 <sup>th</sup>	KASS Marathon	Eldoret	KEN
23 <sup>rd</sup>	Tusky's Mattressess Wareng Cross Country	Eldoret	KEN
<b>DECEMBER 2014</b>			
1 <sup>st</sup>	World Aids Marathon	Kisumu	KEN
1 <sup>st</sup> .	Nyeri Ekiden	Nyeri	KEN
6 <sup>th</sup>	Imenti South 15 Km Road Race	Imenti	KEN
14 <sup>th</sup>	Safaricom Kisumu City National Marathon	Kisumu	KEN

**DAVID S. OKEYO, MBS, HSC**  
**VICE PRESIDENT (ADMIN, COMPETITIONS & INTERNATIONAL AFFAIRS)**