

**ATHLETICS KENYA**  
**SOUTH RIFT REGIONAL CROSS COUNTRY CHAMPIONSHIPS**  
**HELD AT KERICHO T.T.C. ON 31ST JANUARY 2015**  
**FINAL RESULTS**

**6 KM JUNIOR WOMEN**

POS	BIB	NAME	DOB	TEAM	TIME
1	0163	ROSEFLINE CHEPNGETICH	17/6/1997	NAKURU CTY	20:28.3
2	0062	IVEEN CHEPKEMOI	20/8/1997	KERICHO CTY	20:28.4
3	0071	EVA CHERONO	15/8/1996	KERICHO CTY	20:29.0
4	0085	EMILY CHEBET	16/2/1998	KERICHO CTY	20:39.6
5	0008	JACKLINE CHEROTICH	20/1/1997	BOMET CTY	20:50.2
6	0152	JOYLINE CHEROTICH	2/1/1998	NAKURU CTY	20:52.2
7	0009	JANETH CHEPNGETICH	23/7/1998	BOMET CTY	20:58.9
8	0005	DAMARIS CHEPTOO	4/6/1998	BOMET CTY	21:16.3
9	0064	SANDRAFELIS CHEBET	26/1/1998	KERICHO CTY	21:20.0
10	0006	JACKLINE CHEPKOECH	20/6/1998	BOMET CTY	21:32.7
11	0021	BETTY CHEPKEMOI	7/1/1998	BOMET CTY	21:38.0
12	0081	JACKLINE CHERONO	25/6/1998	KERICHO CTY	21:48.1
13	0157	JOYLINE CHEPNGENO	22/6/1997	NAKURU CTY	22:03.2
14	0133	MARY NJOKI	1996	LAIKIPIA CTY	22:12.5
15	0161	DORCAS TUITOEK	1996	NAKURU CTY	22:25.5
16	0151	ELIZABETH MAITHYA	1996	LAIKIPIA CTY	22:28.2
17	0115	NAOMI CHEPKORIR		KERICHO CTY	22:42.0
18	0188	MARY NYARWAI	7/12/1998	NAKURU CTY	22:53.5
19	0178	ESTHER KAMAU	2/12/1998	NAKURU CTY	23:28.7
20		VIRGINIA KASYOKA		INDIVIDUAL	24:34.0
21	0056	HELLEN SINTANTO		KAJIADO	
22	0031	TERESA OSOI		KAJIADO	
23		SHADA CHEROTICH		INDIVIDUAL	

**8KM JUNIOR MEN**

POS	BIB	NAME	DOB	TEAM	TIME
1	3052	JOHN LANGAT	12/12/1996	NAKURU CTY	23:43.2
2	3004	ALFRED NGENO	2/5/1997	NAKURU CTY	23:45.0
3	0423	DAVIS KIPLANGAT	10/7/1998	KERICHO CTY	23:45.9
4	0217	GEOFRY KORIR	1/2/1996	BOMET CTY	23:47.0
5	0427	DOMNIC KIPTARUS	19/8/1996	KERICHO CTY	23:58.4
6	0222	MOSES KOECH	5/8/1997	BOMET CTY	24:04.4
7	3002	AMOS KIRUI	9/2/1998	NAKURU CTY	24:17.3
8	0449	DENNIS RUTO	1998	KERICHO CTY	24:27.9
9	0309	REUBEN KEMBOI	1996	BOMET CTY	24:29.3
10	3259	KENETH RONO	1996	KERICHO CTY	24:37.0
11	0279	LEONARD LANGAT	1996	BOMET CTY	24:38.5
12	0228	DANIEL KIPKEMOI MAEMBA	1997	BOMET CTY	24:39.2
13	0336	VINCENT RUTO	1998	BOMET CTY	24:46.0
14	3054	LUKE KIBET	1999	NAKURU CTY	24:51.4
15		NICHOLAS KIPTONUI BETT	20/12/96	INDIVIDUAL	24:57.0

16	0493	PAUL GITONGA	1996	LAIKIPIA CTY	25:00.1
17		JOSPHAT KOECH		INDIVIDUAL	25:01.2
18		WESLEY SELELE		INDIVIDUAL	25:03.9
19	3009	RONALD KIPROTICH	1997	NAKURU CTY	25:10.0
20		RICHARD YATOR		INDIVIDUAL	25:13.1
21	0469	NICHOLAS KIPLIMO	1997	LAIKIPIA CTY	25:15.9
22		MIKE SANG		INDIVIDUAL	25:20.8
23		BENARD MOSONIK		INDIVIDUAL	25:26.6
24	0448	GEOFFREY KIPKEMOI	1999	KERICHO CTY	25:32.1
25		JUSTICE KIPTOO		INDIVIDUAL	25:38.4
26	3032	COSMAS MUTAI	1998	NAKURU CTY	25:39.6
27		EZRON KARANJA		INDIVIDUAL	25:40.0
28		NICHOLAS KIPNGETICH		INDIVIDUAL	25:43.1
29		COSMAS KIPROP		INDIVIDUAL	25:47.3
30		WILLY KIPRONO		INDIVIDUAL	25:50.6
31		NICKSON NGETICH		INDIVIDUAL	26:03.5
32	0497	JOSHUA MAINA		LAIKIPIA CTY	26:09.3
33		GILBERT LANGAT		INDIVIDUAL	26:24.6
34		PATRICK KIMANI		LAIKIPIA CTY	26:30.9
35		BENARD CHEPKWONY		INDIVIDUAL	25:43.1
36	0454	CYRUS KINGORI	1998	LAIKIPIA CTY	25:47.3
37	0479	HIRAM NGATIA	1996	LAIKIPIA CTY	25:50.6
38	0497	JOSHUA GAITA	1996	LAIKIPIA CTY	26:03.5
39	0115	PATRICK KIMANI	1996	LAIKIPIA CTY	26:09.3
40		PETER BETT		INDIVIDUAL	26:24.6
41		HENRY CHUMBA		INDIVIDUAL	26:30.9
42		REUBEN KOROS		INDIVIDUAL	26:03.5
43		ROBERT YEGON		INDIVIDUAL	26:09.3
44		MICHAEL CHERUIYOT		INDIVIDUAL	26:24.6
45	0345	JOSEPH KAMAGEI		KAJIADO	26:30.9
46		KENNETH ROTICH		INDIVIDUAL	25:43.1
47		NICHOLAS OLETAMBOYA		NAROK	25:47.3
48		ALFRED KIPKORIR		INDIVIDUAL	
49		CHARLES KORGOREN		INDIVIDUAL	
50	0401	ERICK APOSA		KAJIADO	
51	401	PAUL SELIAN		KAJIADO	

### 8KM SENIOR WOMEN

POS	BIB	NAME	DOB	TEAM	TIME
1	3125	SHEILA CHEPNGETICH		KERICHO CTY	27:04.0
2	3149	CAROLINE KILEL		KERICHO CTY	27:25.1
3	3153	FAITH CHEPNGETICH		NAKURU CTY	27:32.4
4	3154	JACKLINE CHEPNGENO		NAKURU CTY	27:35.4
5	3135	CAROLINE CHEPKEMOI		KERICHO CTY	27:46.7
6	3157	BEATRICE MUTAI		NAKURU CTY	27:55.8
7	3121	MERCY CHERONO		BOMET CTY	28:04.0
8	3058	JOYCE CHEPKEMOI		BOMET CTY	28:32.4
9	3150	JOAN CHEPKEMOI		NAKURU CTY	28:45.5

10	3059	LUCY LIAVOGA		BOMET CTY	28:48.1
11	3143	FANCY CHEROTICH		KERICHO CTY	29:07.2
12	3152	JOAN AYABEI		NAKURU CTY	29:17.3
13	3151	MERCY CHEMUTAI		NAKURU CTY	29:22.4
14	3137	PURITY CHEROTICH		KERICHO CTY	29:31.4
15	3280	MONICA CHEBET BETT		KERICHO CTY	29:52.1
16	3487	MARIAM NAIYKARI		LAIKIPIA CTY	29:55.6
17	3490	AGNES ATANGA		LAIKIPIA CTY	31:34.4
18	3247				31:39.2
19	3254				32:03.0
20	0155	LILIAN MATELONG		INDIVIDUAL	32:15.0
21	3290	RUTH CHEPNGETICH		INDIVIDUAL	32:39.0
22	3493	ELIZABETH MORAA		LAIKIPIA CTY	32:51.9
23	3488	ALICE MUTHONI		LAIKIPIA CTY	

### 12KM SENIOR MEN

POS	BIB	NAME	DOB	TEAM	TIME
1	3170	WILLIAM MALEL SITONIK		BOMET CTY	36:25.1
2	3212	ISAAC LANGAT	1994	KERICHO CTY	36:34.0
3	3241	BERNARD KIPKEMOI	1994	NAKURU CTY	36:40.6
4	3426	VINCENT BOIT		BOMET CTY	36:46.0
5	3335	ISAAH KOECH		KERICHO CTY	36:58.0
6	3244	EMMANUEL RUTO	1983	NAKURU CTY	37:01.6
7	3162	KENETH KOECH		BOMET CTY	37:06.1
8	3330	EDWIN CHERUIYOT SOI		INDIVIDUAL	37:12.0
9	3214	DAVID BETT	1992	KERICHO CTY	37:21.0
10	3240	ELVIS KIPKOECH	1995	NAKURU CTY	37:22.2
11	3221	AMROSE BORE	1995	KERICHO CTY	37:25.0
12	3328	HILLARY CHIRCHIR		NAROK	37:47.1
13		BENARD KORIR		BOMET CTY	37:54.4
14		ERICK LANGAT		INDIVIDUAL	37:57.2
15	3216	GEOFREY KIMUTAI KOECH	1993	KERICHO CTY	38:04.0
16	3164	HANNINGTON KIRUI		BOMET CTY	38:05.1
17	3246	GILBERT KIRUI	1994	NAKURU CTY	38:07.3
18	3204	VICTOR KOSKEI		NAKURU CTY	38:08.1
19		CHARLES BETT		INDIVIDUAL	38:13.4
20		ELLIUD MWANGI		INDIVIDUAL	38:15.0
21		PETER BII		INDIVIDUAL	38:15.3
22		PAUL KEMEI		INDIVIDUAL	38:19.0
23	3329	RAPHAEL OLEKEI		NAROK	38:19.7
24		RA PHAEL KIPLANGAT		KAJIADO	38:29.5
25	3415	RAPHAEL OLEKEI		NAROK	38:33.7
26		PAUL KOECH		INDIVIDUAL	38:40.2
27		BENARD MISOI		INDIVIDUAL	38:49.0
28	3411	PAUL SELIAN		KAJIADO	38:50.0
29	3248	BERNARD SOI	1993	NAKURU CTY	38:55.0
30		BARNABAS KIPKOECH		INDIVIDUAL	38:59.0
31	3209	JAPHET KORIR	1983	KERICHO CTY	38:07.6

32	3406	BENARD KIBOR			39:22.4
33		KIPKOECH KIRUI			39:26.4
34	3322	DENNIS ROTICH			39:33.2
35	3471	AMBROSE BORE		KERICHO CTY	39:33.4
36		GEOFFREY ROTICH		BOMET CTY	39:42.0
37	3422	VICKSON POLONETT		KAJIADO	39:42.3
38		JOSPHAT KIPKEMOI			39:44.3
39	3397	DOMINIC KIPKOECH			39:53.5
40		BENSON CHEPKWONY			40:02.5
41		RONALD RONO			
42		PETER NGENO			
43	3231	DAVID NYAGAU		LAIKIPIA CTY	
44	3239	MICHEAL KAMAU		LAIKIPIA CTY	
45	3235	WILSON MUGE		LAIKIPIA CTY	
46		JOSEAH KOSKEI			
47	3424	RICHARD KANYIGI			
48	3394	VINCENT KIPNGENO			
49		ANDERSON CHEPKWONY			
50	3353	LEONARD CHERUIYOT			
51	3366	PATRICK METET			
52	3416	NICHOLAS MATANDA			
53		STANLEY TUEI			
54		ANDERSON RONO			
55		PETER WAHOME		LAIKIPIA CTY	

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