



**RESULTS OF AK –UNIVERSITIES TRACK&FIELD COMPETITION HELD ON  
14.03.2015@ JKUAT,JUJA**

**Event 5000m(m)**

Position	Name	Institution	Time
1	Ngandu James	Moi	15:27
2	Biwott Chrisantus	JKUAT	15:36
3	Gerald Wanjagi	TUK	15:37
4	Kiptoo G.	Mku	16:01
5	Elvis Tuwei	KU	16:22
6	Kibiwott Solomon	Egerton	16:41
7	Kiprotich Gideon	JKUAT	17:01
8	Cleophas Rugut	Kabarak	17:35

**Event 800M- Men**

Position	Name	Institution	Time
1	Festus Chrichir	Moi	1:57.6
2	Gilbert Marai	Mku	1:59.8
3	John Mungai	KU	2:00.6
4	Eliud Chirchir	Moi	2:02.0
5	Salis Kiplangat	KBRK	2:03.4
6	Erum John	JKUAT	2:06:4
7	Seth Nyatike	KU	2:10.8
8	Yegon Vincent	KU	2:13.7

**Event 800m-Women**

Position	Name	Institution	Time
1.	Esther Macharia	KU	2:28.1
2.	Eda Chepkorir	KU	2:36.4
3.	Lynn Loigero	KU	2:36:9
4.	Mitchell Achieng	KU	2:49.5

**Event 3000 Metres**

Position	Name	Institution	Time
1.	Rono Kipkoria	Moi	8:53
2.	Biwot Chrisantus	JKUAT	8:57
3.	William Waweru	MKU	9:04

4.	Ombisi Hitlex	EGER	9:14
5.	Elvis Tuwei	KU	9:21
6.	Francis Kabui	EGER	9:59
7.	Enoch Cheruiyot	KAB-U	10:24

### Event Long Jump -WOMEN

Position	Name	Institution	Distance
1.	Emily Etyang	Egerton	4:15
2.	Catherine Mwikali	MKU	3:98
3.	Gladys Jeruto	MOI Main	3:57
4.	Jepkirui Daniella	Moi Main	2:99

### Event Discus -Men

Position	Name	Institution	Distance
1.	Simon Chege	KU Main	37:80
2.	Barasa David	MKU	20:95
3.	Muhema Kyalo	Kitui KU	14:90

### Event Javelin (W)

Position	Name	Institution	Distance
1.	Norah Mengich	MoiMain	23:85
2.	Clare Malaba	KU	21:30
3.	Dorine Okoth	KU	19:86

### Event Discus Women

Position	Name	Institution	Distance
1.	Dorine Okoth	KU Main	22:80
2.	Clare Malaba	KU	18:85
3.	Valentine Awuor	St. Paul	18:65
4.	Elizabeth Kigen	KABARAK	17:60
5.	Lucy Mwanzia	Moi Main	16:65

### Event Javelin-men

Position	Name	Institution	Distance
1.	Weyama John	KU Main	42:75
2.	Kiplagat Kelvin	KU Main	39:70
3.	Barasa David	MKU	31:65

4.	Festus Chirchir	Moi Main	33:90
5.	Eliud Chirchir	Moi Main	27:40
6.	David Kimotho	Moi Main	27:00

### Event Long Jump-men

Position	Name	Institution	Distance
1.	Hillary Pkiach	KU Main	6:70
2.	Sylvester Naken	MKU	6:21
3.	Kidrop Samuel	EGERTON	6:16
4.	Ochieng Stephen	EGERTON	6:10
5.	Kimtai K. Dennis	Egerton	5:98
6.	Kennedy Ochieng	Kabarak	5:75

### Event T -Jump men

Position	Name	Institution	Distance
1.	Hillary Pkiach	Moi Main	13:88
2.	Salis Kiplagat	Kabarak	13:78
3.	Sylvester Nakeel	MKU	13:76
4.	Ochieng Stephen	Egerton	13:10
5.	Godowin Bichly	KU Main	12:05

### Event Triple Jump (women)

Position	Name	Institution	distance
1.	Emily Etyang	Egerton	9:70
2.	Catherine Mwikali	MKU	9:15
3.	Eidelqueen Chebet	KU Main	9:01

### Event 400m women

Position	Name	Institution	Time
1.	Eda Chepkorir	KU	66:0
2.	Gladys Jeruto	Moi	70:4
3.	Norah Mengich	Moi	76:1

### Event 1500m-Men

Position	Name	Institution	Time
1.	John Mungai	KU	4:03.8
2.	Gerald Wanjagi	TUK	4:04:6
3.	Chirchir Eliud	MOI	4:08:3
4.	Festus Chirchir	MOI	4:16:4
5.	Erum John	JKUAT	4:20:7
6.	Kipkemoi Gilbert	KU	4:21.2
7.	Godfrey Meroka	Egerton	4:23.3
8.	Gitau Hesbon	Jkuat	4:30.6

**Event 400m-Men**

Position	Name	Institution	Time
1.	Kemboi Kelvin	Moi	51.6
2.	Salis Kiplagat	Kabarak	51.9
3.	Festus Kipchirchir	Moi	53.2
4.	Anderson Muiruri	KU	54.3
5.	Kevin Lessonet	Kabarak	56.0
6.	Andrew Kibet	KU	57.0
7.	Cheruiyot Rono	JKUAT	62.0

**Event 10,000M (W)**

Position	Name	Institution	Time
1.	Carolyne Tuwei	Moi	44:20.5

**Event 10,000m Men**

Position	Name	Institution	Time
1.	William Waweru	MKU	32:30.7
2.	JAMES Ng'andu	Moi	32:47.0
3.	Kipkorir Rono	Egerton	34:48:4
4.	Ombisi Hutley	Egerton	34:51.6
5.	Kiprotich Gideon	JKUAT	34:57:8
6.	Patrick Muasa	KU	35:58:1
7.	Alex Mari	JKUAT	35:39.6
8.	Tarus Kibet T	JKUAT	41:18

**Event 100M Women**

Position	Name	Institution	Time
1.	Lavina Anyango	ST. PAUL	14:1
2.	Claire Wamalwa	SPU	14:2
3.	Chebitok Abigael	Moi	14:3
4.	Naum Maru	KU	14:6
5.	Jerono Daisy	KU	14:7
6.	Eder Quinn	KU	15:0
7.	Catherine Mwikali	MKU	15:1
8.	Joy Magdalene	KABU	15:4
9.	Kakai Beli	Moi	15:7
10.	Elizabeth Kigen	Kabarak	19:0
11.	Judith Rema	Moi	21:1

**Event 1500m – Women**

<b>Position</b>	<b>Name</b>	<b>Institution</b>	<b>Time</b>
1.	Faith Keitany	KU	5:01.4
2.	Mitchell Achieng	KU	5:41.6
3.	LYNN Loigero	KU	6:59.7

**Event 100M - Men**

<b>Position</b>	<b>Name</b>	<b>Institution</b>	<b>Time</b>
1.	Samuel Njoroge	KU	11:4
2.	Yegon Wesley	KU	11:4
3.	Simiyu Martin	MKU	11:6
4.	Livingstone Nyandiero	KU	11:8
5.	Moses Wangwa	JKUAT	11:9
6.	Kennedy Ochieng	KABU	12:1
7.	Davis Sitora	KU	12:1
8.	Emmanuel Waswa	Eger	12:1
9.	Namaan Onyango	KU -msa	12;3
10.	MOMANYI Benard	KU	12:5
11.	Mutai Kelvin	KU	12:6
12.	FELIX Cheruiyot	KABU	12:8

**Event 3000 METRES women**

<b>Position</b>	<b>Name</b>	<b>Institution</b>	<b>Time</b>
1.	Benadatte Jeruto	Moi	11:52:5
2.	Moraa Phillace	TUK	13:37:0
3.	Grace Wambui	KU	14:07:3

**Event 3000 M Men**

<b>Position</b>	<b>Name</b>	<b>Institution</b>	<b>Time</b>
1.	Rono Kipkorir	Moi (MAIN)	8:53.5
2.	Biwott Chrisantus	JKUAT	8:57.7
3.	William Waweru	MKU	9:04.4
4.	Ombisi Hitley	Egerton	9:14.0
5.	Elvis Tuwei	KU	9:21.5
6.	FRANCIS Kabui	Egerton	9:57.9
7.	Enock Cheruiyot	Kabarak	9:59.3
8.	William Korir	MKU	10:24.1