

AK/ LOTTO NATIONAL CROSS COUNTRY

CHAMPIONSHIPS

18TH FEBRUARY 2017

UHURU GARDENS , NAIROBI

RESULTS : WOMEN'S U20(6KM)

POS	BIB	ATHLETE	DOB	REGION	TIME
1	137	SANDRAFELIS CHEBET	1998	NAIROBI	19:25.1
2	133	CELLEPHINE CHEPTEEK	1999	NAIROBI	19:46.6
3	303	SHEILA CHELANGAT	1998	SOUTH RIFT	19:49.6
4	305	EMMACULATE CHEPKIRUI	2001	SOUTH RIFT	19:51.8
5	304	JOYLINE CHEROTICH	1998	SOUTH RIFT	19:53.8
6	159	HELLEN EKALALE	2001	NAIROBI	19:56.7
7	185	ZENA YEGO	2001	NORTH RIFT	19:58.1
8	029	JEBET NGETICH	1999	CENTRAL RIFT	20:01.4
9	138	EMILY CHEBET	1999	NAIROBI	20:11.6
10	213	EDINA JEBITOR	2001	NYANZA NORTH	20:13.6
11	243	MARTHA MOKAYA	2001	NYANZA SOUTH	20:16.9
12	163	CAREEN CHEBET	1999	NORTH EASTERN	20:19.2
13	335	BENADETE MBITHE	2000	SOUTHERN	20:20.7
14	001	PURITY NG'ANG'A	2000	CENTRAL	20:21.2
15	308	JANETH CHEPKOECH	2001	SOUTH RIFT	20:22.2
16	030	ANNE NYAGOTHIE	1998	CENTRAL RIFT	20:22.8
17	306	BETTY CHEPKEMOI	2000	SOUTH RIFT	20:28.4
18	244	DOLVIN OMARE	2001	NYANZA SOUTH	20:29.0
19	333	AGNES MWIKALI	2000	SOUTHERN	20:32.7
20	186	CATHERIN RELINE	2002	NORTH RIFT	20:37.3
21	161	SHARON CHEROTICH	2001	NORTH EASTERN	20:37.6
22	031	ROSEMARY MUMO	1998	CENTRAL RIFT	20:39.0
23	334	ANNE VAATI	2000	SOUTHERN	20:40.5
24	032	DEBORAH SAMUM	1999	CENTRAL RIFT	20:42.1
25	162	EMMACULATE CHEBET	2000	NORTH EASTERN	20:43.2
26	134	BEATRICE CHEBET	2000	NAIROBI	20:43.7
27	188	IRENE CHEPKORIR	2001	NORTH RIFT	20:44.0
28	002	MARGARET AKIDOR	2000	CENTRAL	20:45.2
29	062	JACKLINE CHEPKOECH	1998	COAST	20:45.8
30	215	CHERONO FANCY	2002	NYANZA NORTH	20:54.7
31	336	CATHERINE SYOKUA	2000	SOUTHERN	20:55.2
32	381	VIVIAN CHEPKURUI	1998	UNIVERSITIES	20:57.1
33	135	ABIGAEI CHELANGA	2000	NAIROBI	21:02.0
34	004	ESTHER MURIITHI	1999	CENTRAL	21:03.9

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35	034	IRINE KAMAIS	2000		CENTRAL RIFT	21:04.6
36	384	REGINA NGENE	1998		UNIVERSITIES	21:04.9
37	214	VIOLA CHEPKURUI	2001		NYANZA NORTH	21:05.1
38	033	GLORIA KITE	1999		CENTRAL RIFT	21:06.2
39	003	RACHAEL MUTHONI	2000		CENTRAL	21:06.9
40	245	MARIA GATI	2001		NYANZA SOUTH	21:10.5
41	386	IRENE KAMBUA	2000		UNIVERSITIES	21:12.7
42	246	DORCAS CHEPKORIR	1999		NYANZA SOUTH	21:15.2
43	190	FELIGANA KANDA	2002		NORTH RIFT	21:15.7
44	187	VIVAN CHERUIYOT	2001		NORTH RIFT	21:18.3
45	216	JOYCE CHEPKIMOI	2000		NYANZA NORTH	21:21.1
46	393	HILDER OLEMOMOI	2000		WESTERN	21:22.7
47	189	DORCAS CHEPKEMOI	2000		NORTH RIFT	21:23.0
48	091	MARY MANELA	1999		EASTERN	21:31.6
49	394	MIRRIAM CHEROKONY	2002		WESTERN	21:35.1
50	089	CAROLINE GATONGA	1998		EASTERN	21:35.6
51	385	DORCAS KANINI	2000		UNIVERSITIES	21:37.0
52	087	SUSAN WAHOME	1999		EASTERN	21:37.8
53	248	JANE GATI	2002		NYANZA SOUTH	21:39.4
54	090	JOYCE MUTHONI	1998		EASTERN	21:42.6
55	006	ELIZABETH NJERI	2001		CENTRAL	21:43.6
56	338	MIRIAM NDUNGE	2001		SOUTHERN	21:45.8
57	247	EDNA CHEPKEMOI	2000		NYANZA SOUTH	21:47.9
58	005	JANET NJERI	1999		CENTRAL	21:53.9

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UHURU GARDENS , NAIROBI

RESULTS : MEN'S U20(8KM)

POS	BIB	ATHLETE	DOB	REGION	TIME
1	035	RICHARD KIMUNYAN	1998	CENTRAL RIFT	23:03.0
2	339	MESHAK KYUGUTI	1998	SOUTHERN	23:10.0
3	139	WESLEY LADEMA	1999	NAIROBI	23:13.2
4	310	EDWIN KIPLAGAT	2000	SOUTH RIFT	23:14.5
5	313	AMOS KIRUI	2000	SOUTH RIFT	23:17.1
6	311	RONALD KIRUI	2000	SOUTH RIFT	23:22.0
7	039	SHADRACK KIMUTAI	1999	CENTRAL RIFT	23:24.2
8	040	EVANS KEITANY	1999	CENTRAL RIFT	23:27.5
9	376	ROBERT MWEI	1998	UNIVERSITIES	23:29.5
10	399	RODGERS CHUMO		WESTERN	23:30.7
11	009	PETER MWANGI	1999	CENTRAL	23:32.3
12	377	COLLINS KEMBOI	1998	UNIVERSITIES	23:32.6
13	144	GEOFFREY KIPKEMOI	1999	NAIROBI	23:38.4
14	141	KIPRONO SITONIK	2001	NAIROBI	23:42.1
15	191	PETER LAGAT	1999	NORTH RIFT	23:44.3
16	037	RONEX KIPRUTO	1998	CENTRAL RIFT	23:45.1
17	195	ROBERT KIBET	1999	NORTH RIFT	23:45.6
18	007	STANLEY MBURU	2000	CENTRAL	23:46.6
19	312	VINCENT KIPKORIR	2000	SOUTH RIFT	23:48.1
20	402	SAMUEL CHEBOLEI		WESTERN	23:49.7
21	012	SILAS KANDIE	1998	CENTRAL	23:52.0
22	505	EDWIN KIPKEMOI		SOUTH RIFT	23:54.5
23	433	GIDEON KIPNGETICH		SOUTH RIFT	23:57.2
24	140	PHILIP RONO		NAIROBI	23:58.5
25	192	ABEL KIPLIMO	1998	NORTH RIFT	23:59.8
26	008	VINCENT KIPKEMOI	1999	CENTRAL	24:00.0
27	403	PETER KIPROTICH		WESTERN	24:00.1
28	424	ELIJAH KOSITANY		SOUTH RIFT	24:02.3
29	442	DANIEL KIPKEMOI		SOUTH RIFT	24:04.7
30	314	DOMINIC LAGAT	2000	SOUTH RIFT	24:05.4
32	067	DENIS KIBET NGETICH	2000	COAST	24:08.4
33	011	STEPHEN KIBOMET	2001	CENTRAL	24:12.9
34	167	ALEX KIBET	1999	NORTH EASTERN	24:13.6
35	068	JOSEPHAT LADEMA	1999	COAST	24:15.0
36	252	BENVEL MOGENI	2001	NYANZA SOUTH	24:16.6
37	038	JOSEPHAT KIPCHIRCHIR	1999	CENTRAL RIFT	24:20.0



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38	341	JOHN MULU	1997		SOUTHERN	24:27.3
39	400	MICHAEL KIBET			WESTERN	24:28.7
40	142	GILBERT MUTAI	1998		NAIROBI	24:30.8
41	010	STEPHEN KARIUKI	2000		CENTRAL	24:31.0
42	423	AMOS KIMUTAI			SOUTH RIFT	24:33.7
43	340	JACKSON MUEMA	1999		SOUTHERN	24:35.7
44	220	NOAH KIPLIMO	2000		NYANZA NORTH	24:36.3
45	343	MARTIN MUMO	1998		SOUTHERN	24:38.7
46	404	ARON NDIEMA			WESTERN	24:39.6
47	250	FRANCIS LAGAT	2000		NYANZA SOUTH	24:42.2
49	254	DENISS MBAKA	1999		NYANZA SOUTH	24:45.7
50	375	SOLOMON BOIT	1999		UNIVERSITIES	24:46.0
51	219	HILARY KIPNGETICH	2000		NYANZA NORTH	24:59.4
52	094	PETERSON KEMBOI	1998		EASTERN	25:02.3
53	143	NICKSON KIPLANGAT	1998		NAIROBI	25:05.5
54	378	BONIFACE MULWA	1999		UNIVERSITIES	25:07.5
55	253	VICTOR KIMTAI	2000		NYANZA SOUTH	25:08.4
56	380	BENSON KELI	1999		UNIVERSITIES	25:08.8
57	249	FRANCIS CHARITO	2001		NYANZA SOUTH	25:22.5
58	221	EUGENE KIPKIRUI	1999		NYANZA NORTH	25:22.7
59	222	AMOSH BII	2000		NYANZA NORTH	25:24.5
60	379	SIMON KYELE	1999		UNIVERSITIES	25:47.6
61	063	JOSEPH KIMEU MICHAEL	1997		COAST	25:59.5
62	064	DANIEL MUSYOKI NDAMBUKI	1999		COAST	26:22.6
63	065	CHRISTOPHER MGAHNA	1998		COAST	26:36.9
64	224	JOHN BOSCO	1999		NYANZA NORTH	26:51.3
65	223	JOHN OCHIENG	2001		NYANZA NORTH	27:04.4
66	170	HASSAN BILLOW	2000		NORTH EASTERN	27:26.0
67	169	MOHAMED MAHAMUD	2000		NORTH EASTERN	27:50.0

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UHURU GARDENS , NAIROBI

RESULTS : SENIOR WOMEN(10KM)

POS	BIB	ATHLETE	DOB	REGION	TIME
1	271	IRENE CHEPTAI		POLICE	31:47.5
2	315	LILIAN KASAIT		SOUTH RIFT	31:51.9
3	316	FAITH CHEPNGETICH		SOUTH RIFT	32:12.9
4	285	ALICE APROT	1994	PRISONS	32:18.8
5	272	AGNES TIROP		POLICE	32:47.4
6	270	HYVIN KIYENG		POLICE	32:52.3
7	318	JOAN CHEPKEMOI ROTICH		SOUTH RIFT	33:02.4
8	269	PASCALIA JEPKORIR		POLICE	33:06.7
9	286	NANCY NZISA	1990	PRISONS	33:09.5
10	149	MARGARET CHELIMO		NAIROBI	33:14.7
11	290	GLADYS CHESIRE	1993	PRISONS	33:18.8
12	287	PAULINE KAVEKE	1994	PRISONS	33:19.0
13	044	NORAH JERUTO		CENTRAL RIFT	33:21.2
14	074	JACKLINE ATUDONYANG	1996	COAST	33:21.6
15	041	VIOLA KIBIWOTT		CENTRAL RIFT	33:23.1
16	119	SHEILA CHEPKIRUI		KDF	33:32.3
17	118	JOYCELINE JEPKOSGEI		KDF	33:38.7
18	120	JUDY CHEMUTAI		KDF	33:41.7
19	043	DAISY JEPKEMEI		CENTRAL RIFT	33:42.7
20	122	GLADYS CHERONO		KDF	33:45.5
21	268	LUCY CHERUIYOT		POLICE	33:49.8
22	289	VISILINE JEPKESHO		PRISONS	33:51.3
23	199	BRIGID JEPCHIRCHIR		NORTH RIFT	33:56.7
25	013	MONICAH NGIGE		CENTRAL	33:58.9
25	258	RISPER GESABWA	1989	NYANZA SOUTH	34:00.1
26	410	JOAN CHELIMO		WESTERN	34:01.2
27	014	MARY NJAU		CENTRAL	34:02.6
29	345	GRACE MBUTHIE		SOUTHERN	34:03.5
30	073	IVYNE CHELANGAT	1993	COAST	34:03.7
31	121	CAROLINE CHEPKEMOI		KDF	34:07.3
32	145	ROSEMARY WANJIRU		NAIROBI	34:24.0
34	230	NELLY CHEPTOO			34:34.9
35	346	JANE MWENDE		SOUTHERN	34:36.7
36	099	MARY MANANU		EASTERN	34:40.0
37	373	MAUREEN CHEPKEMOI		UNIVERSITIES	34:42.4
38	046	HELLEN JEPKORIR		CENTRAL RIFT	34:45.4

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UHURU GARDENS , NAIROBI

39	117	PENINA KANDIE			KDF	34:46.8
40	173	ROSEFELIN CHEPNGETICH			NORTH EASTERN	34:47.4
41	257	TERESIA OMOISA	1996		NYANZA SOUTH	34:54.6
44	370	NANCY CHELANGAT METTO			UNIVERSITIES	35:01.0
45	148	MARION KIBOR			NAIROBI	35:01.5
46	225	IVEEN CHEPKEMOI	1997		NYANZA NORTH	35:02.3
47	369	JUDY CHEROTICH			UNIVERSITIES	35:04.4
48	501	PAULINE ESIKON				35:05.0
49	256	DAMARIS AREBA	1995		NYANZA SOUTH	35:11.6
50	146	MARGARET WANGARE			NAIROBI	35:12.8
51	226	BETTY CHEPKEMOI	1998		NYANZA NORTH	35:16.5
52	101	PAULINE NJERU			EASTERN	35:22.9
53	348	JANE MWIKALI			SOUTHERN	35:26.4
54	320	LOICE CHEMUNUNG			SOUTH RIFT	35:39.9
55	018	MARGARET WAITHERA			CENTRAL	35:43.6
56	409	LUCY LIAVONGA			WESTERN	35:58.7
57	338	MIRRIAM NDUNGE				35:59.4
59	104	ELIZABETH MUENI			EASTERN	35:59.8
60	045	SHEILA JEBET			CENTRAL RIFT	36:01.0
62	349	JOSEPHINE MUSAU			SOUTHERN	36:02.0
63	259	CHRISTINE OIGO	1986		NYANZA SOUTH	36:04.8
66	260	CAROLINE NYAKAWA	1986		NYANZA SOUTH	36:14.8
67	347	PAULINE MUTWA			SOUTHERN	36:18.7
70	405	DIANA TIROP			WESTERN	36:57.2
71	100	MONICAH NDERITU			EASTERN	37:04.6
72	228	VIRGINIA KASOKA	1998		NYANZA NORTH	37:08.5
73	406	BRENDA CHEROP			WESTERN	37:40.8
74	408	ELIZABETH BARASA			WESTERN	37:57.8

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UHURU GARDENS , NAIROBI

RESULTS : SENIOR MEN(10KM)

POS	BIB	ATHLETE	DOB	REGION	TIME
1	278	LENARD BARSOTON		POLICE	28:56.3
2	276	BEDAN KAROKI		POLICE	29:02.3
3	273	GEOFFREY KAMWOROR		POLICE	29:03.4
4	156	VINCENT RONO		NAIROBI	29:06.3
5	080	LEONARD PATRICK KOMON	1992	COAST	29:08.8
6	323	LEONARD LAGAT		SOUTH RIFT	29:13.8
7	322	NICHOLAS KOSIMBEI		SOUTH RIFT	29:22.6
8	296	PETER EMASE	1986	PRISONS	29:23.5
9	294	MANGATA NDIWA	1987	PRISONS	29:24.1
10	079	BARNABAS KOSKEI		COAST	29:27.1
11	051	JULIUS KOGO		CENTRAL RIFT	29:29.0
12	151	JAMES RUNGARU		NAIROBI	29:29.6
13	152	ANDREW LOROT		NAIROBI	29:32.3
14	106	STEPHEN ARITA		EASTERN	29:35.4
15	326	DOMINIC KIPTARUS		SOUTH RIFT	29:40.6
16	047	ALEX KIBET		CENTRAL RIFT	29:42.3
17	277	JOSEPH KIPTUM		POLICE	29:43.3
18	205	RORAM LUMBASI		NORTH RIFT	29:44.3
19	321	JOSEPHAT KIPYEGON KORIR		SOUTH RIFT	29:46.6
20	445	EDWARD KIPNGETICH			29:47.0
21	262	EDWIN MOKUA	1993	NYANZA SOUTH	29:49.7
22	125	FRANKLINE NGELEL		KDF	29:51.1
23	207	MWOK MACHARYANG		NORTH RIFT	29:52.1
24	048	JOSEPHAT TANUI		CENTRAL RIFT	29:53.7
25	126	KIPLIMO KIMUTAI		KDF	29:56.3
26	204	BERNARD KIMELI		NORTH RIFT	29:57.8
27	127	REUBEN LIMAA		KDF	30:00.1
28	020	SIMON KIRUTHI		CENTRAL	30:01.0
29	352	PETER MUINDI		SOUTHERN	30:02.6
30	440	JOSEPHAT BETT			30:03.5
31	355	JOHN MWANGANGI		SOUTHERN	30:05.0
32	351	ALEXANDER MUTISO		SOUTHERN	30:06.1
33	274	EMMANUEL BETT		POLICE	30:08.1
34	206	EVANS KRUI		NORTH RIFT	30:09.5
35	123	JOHN ELIMLIM		KDF	30:12.5
36	203	ALFRED BARKASH		NORTH RIFT	30:14.2

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UHURU GARDENS , NAIROBI

37	293	GEOFREY KIPYEGO	1987		PRISONS	30:19.0
38	154	JAMES BETT			NAIROBI	30:19.4
39	049	NOAH KIPKEMBOI			CENTRAL RIFT	30:22.5
40	439	EDWIN KIPNGETICH				30:24.6
41	183	HUSSEIN ABDI	1994		NORTH EASTERN	30:25.7
42	353	STEPHEN MWENDWA			SOUTHERN	30:29.6
43	325	JOHN LAGAT			SOUTH RIFT	30:32.3
45	266	DANCAN MANYARA	1993		NYANZA SOUTH	30:33.2
46	364	GERALD WANJAGI			UNIVERSITIES	30:37.6
47	265	WILLIAM MORWABE	1987		NYANZA SOUTH	30:41.4
48	023	SILAS LAIKONG			CENTRAL	30:44.0
49	153	SAMMY KIRUI			NAIROBI	30:45.8
50	291	BERNARD KATUI MUIA	1995		PRISONS	30:47.7
51	415	TIOMTHY RONO			WESTERN	30:51.4
52	124	HILLARY KERING			KDF	30:55.0
53	264	GEORGE ACHUKA	1998		NYANZA SOUTH	30:55.6
54	075	DANIEL KEMOI	1996		COAST	31:00.1
55	428	MUSA KANGONGI				31:06.4
56	019	SAMSON NDIRANGU			CENTRAL	31:08.4
57	506	WILLIAM WAWERU				31:09.6
	021	JOHN MAINA			CENTRAL	31:13.5
	022	CORNELIUS KOSGEI			CENTRAL	31:18.8
	024	SAMUEL NJERU			CENTRAL	31:24.3
	050	EMMANUEL BOR			CENTRAL RIFT	31:33.8
	052	EDWIN KIPSANG ROTICH			CENTRAL RIFT	31:48.4
	076	LAMEK MWAKIO	1992		COAST	31:57.3
	077	ERICK KIPTOO	1996		COAST	32:06.5
	078	WESLEY KORIR	1991		COAST	32:44.1
	105	MARRIS MUNENE			EASTERN	33:23.5
	107	PETER MATELONG			EASTERN	33:29.6
	108	EHERAIM MWANGI			EASTERN	33:47.1
	109	KENNETH KIMATHI			EASTERN	33:51.9
	110	BONIFACE FUNDI			EASTERN	33:53.4

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RESULTS : MIXED RELAY

PSN	BIB	ATHLETE	DOB	SEX	REGION	TIME
1	279	BEATRICE CHEPKOECH			POLICE	23:08.8
	280	WINFRED MBITHE			POLICE	
	281	ASBEL KIPROP			POLICE	
	282	COLLINS CHEBOI			POLICE	
2	129	CHARLES SIMTWOO			KDF	23:33.4
	130	HELLEN MATELONG			KDF	
	131	NICHOLAS CHESEBE			KDF	
	132	SELA JEPLETING			KDF	
3	297	HOSEA CHEROYEI	1996		PRISONS	23:49.1
	298	JOSEPHINE NYAKORA	1990		PRISONS	
	299	MARK BETT	1990		PRISONS	
	302	SILVIA CHESEBE	1987		PRISONS	
4	053	JOHNATHAN KITILIT.			CENTRAL RIFT	23:52.3
	054	JOSHUA KIPKOECH			CENTRAL RIFT	
	055	FAITH JEPCHUMBA			CENTRAL RIFT	
	056	SYLVIA LAGAT			CENTRAL RIFT	
5	327	GEOFREY BARUSEI			SOUTH RIFT	24:02.6
	328	DAMARIS CHEPTOO			SOUTH RIFT	
	329	BERNARD KIPKORIR			SOUTH RIFT	
	332	JOSEPHINE CHELANGAT			SOUTH RIFT	
6	157	ANTHONY KIPTOO			NAIROBI	24:13.9
	158	GEORGE MANANGOI			NAIROBI	
	159	EMILY CHEBET			NAIROBI	
	160	MIRRIAM CHEKEMOI			NAIROBI	