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<b>Results - 8 Km Women</b>					
<b>S/No</b>	<b>NAME</b>	<b>DOB</b>	<b>R/NO</b>	<b>FMN</b>	<b>TIME</b>
(a)	(d)	(e)	(f)	(g)	(h)
1 .	SELA JEPLETING	1991	003	LNT	26:25.4
2 .	GLADYS CHERONO	1985	085	KAH	26:25.7
3 .	JEMIMAH CHELAGAT	1985	112	MAB	26:47.2
4 .	VERONICAH NYARUAI	1988	123	LAB	27:05.4
5 .	DORIS CHANGEIYWO	1984	062	EMB	27:12.7
6 .	FRIDAH MWIKALI	1988	063	EMB	27:25.5
7 .	PERIN NENKAMPI	1987	110	MAB	27:32.7
8 .	PAULINE CHEMINING	1992	113	MAB	27:35.2
9 .	AGNES CHESANG	1991	049	ISL	27:48.5
10 .	HELLEN MATELONG	1990	016	NYK	28:07.1
11 .	MARRION CHEPKONG'A	1994	087	KAH	28:07.7
12 .	GLADYS CHEMWENO	1989	074	TKA	28:13.6
13 .	ANGELINE MUTHEU	1983	086	KAH	28:19.6
14 .	JOYCELINE JEPKOSGEI	1993	030	MAR	28:23.0
15 .	IRENE KWAMBAI	1982	061	EMB	28:25.2
16 .	MONICAH ATWORI	1982	001	LNT	28:27.8
17 .	PENINAH ARUSEI	1982	073	TKA	28:29.6
18 .	WINFRIDAH KWAMBOKA	1982	122	LAB	28:29.6
19 .	LUCIA KAMENE	1991	125	LAB	28:36.0
20 .	JUDY CHEMUTAI	1002	114	MAB	28:43.7
21 .	CYNTHIA KOSGEI	1993	138	MTG	28:52.5
22 .	JACKLINE CHIRCHIR	1985	076	TKA	28:59.8

23 .	SHEILA CHEPKIRUI	1990	075	TKA	29:01.0
24 .	EDDA MORAA	1991	124	LAB	29:08.0
25 .	ELIZABETH MUENI	1987	111	MAB	29:09.3
26 .	SUSAN MUTHONI	1981	051	ISL	29:09.8
27 .	BEATRICE CHELANGAT	1994	064	EMB	29:19.5
28 .	MARY NDERITU	1987	089	KAH	29:25.2
29 .					29:28.8
30 .	BEATRICE CHEROP	1984	050	ISL	29:29.4
31 .	SALLY BARSOSIO	1978	098	NBI	29:54.1
32 .	MWECHU JUMA	1993	065	EMB	29:58.4
33 .	EUNICE JEPTOO	1984	028	MAR	30:02.7
34 .					30:03.0
35 .	IRENE LEMIKA	1979	133	MTG	30:07.8
36 .	ELIZAH KEMBOI	1987	025	MAR	30:15.6
37 .	SCOLAH JEPKEMBOI	1986	015	NYK	30:21.1
38 .					30:27.4
39 .	LENCER KEMUNTO	1988	136	MTG	30:46.3
40 .	ECLA CHELANGA	1990	052	ISL	30:59.1

<b>Results - 12 Km Men</b>					
<b>S/No</b>	<b>NAME</b>	<b>DOB</b>	<b>R/NO</b>	<b>FMN</b>	<b>TIME</b>
(a)	(d)	(e)	(f)	(g)	(h)
1	GEOFFREY KIRUI	1992	118	MAB	35:58.0
2	MARK KIPTOO	1976	127	LAB	35:59.8
3	LEONARD OLOITTIPTIP	1990	129	LAB	36:06.0
4	KIPLIMO KIMUTAI	1979	128	LAB	36:09.5
5	JOHN CHEPKWONY	1988	083	TKA	36:13.4
6	ARITA STEPHEN	1985	107	NBI	36:13.7
7	WILSON MARABA	1985	057	ISL	36:27.0
8	LINUS CHUMBA	1980	067	EMB	36:36.2
9	HILLAY KEMBOI	1986	056	ISL	36:39.1
10	AMOS LIMAKORI	1985	080	TKA	36:42.0
11	WILSON TOO	1992	092	KAH	36:44.6
12	REUBEN LIMAA	1985	093	KAH	36:46.3
13	MENJO KIPRONO	1984	114	MAB	36:49.7
14	LEWIS MOSOTI	1986	055	ISL	36:52.5
15	ROBERT LANGAT	1987	094	KAH	36:57.5
16	NATHAN LAGAT	1983	106	NBI	37:01.1
17	WILLIAM CHEBON	1986	115	MAB	37:03.4
18	CHEROP EZEKIEL	1988	116	MAB	37:04.7
19	EVANS SAITOTI	1988	081	TKA	37:07.5

20	OSCAR OKIRING	1988	032	MAR	37:10.0
21	WILSON KIBOGO	1988	038	GIL	37:10.6
22	VINCENT KIPROP	1988	091	KAH	37:15.3
23	GIDEON GATHIMBA	1983	131	LAB	37:15.5
24	DAVID MAKALLA	1987	139	MTG	37:23.1
25	YUSUF SONGOKA	1979	132	LAB	37:24.0
26	RONALD TONUI	1989	039	GIL	37:25.7
27	PAUL KINYANJUI	1989	070	EMB	37:27.2
28	HILLARY KERING	1992	034	MAR	37:29.7
29	EMMANUEL KIPSANG	1991	141	MTG	37:34.5
30	ABRAHAM CHERONO	1986	059	ISL	37:36.0
31	DOUGLAS KIPSEREM	1988	007	LNT	37:40.8
32	ELKANA TERER	1983	084	TKA	37:43.5
33	MESHACK LETIM	1997	021	NYK	37:44.0
34	SILAS KIRUI	1992	095	KAH	37:45.1
35	KENNETH KOSGEI	1987	140	MTG	37:51.5
36	LINUS MARUKA	1994	119	MAB	38:00.1
37	NOAH KEMBOI	1989	010	LNT	38:01.6
38	BENARD KAPTINGEI	1986	068	EMB	38:05.5
39	JAMES GETANDA	1977	104	NBI	38:07.2
40	JAMES MACHARIA	1988	082	TKA	38:07.6

## Team Results Men And Women

### TEAM RESULTS

*16 Jan 2015*

### 8 KM WOMEN

PSN	TEAM	PTS
12	GILGIL	NIL
11	NAIROBI	179
10	MTONGWE	144

9	MARSABIT	141
8	NANYUKI	136
7	ISIOLO	105
6	LANET	104
5	THIKA	74
4	LAB	65
3	KAHAWA	54
2	EMBAKASI	53
1	MAB	38

### 12KM MEN

PSN	TEAM	PTS
12	NANYUKI	181
11	MARSABIT	155
10	GILGIL	153
9	LANET	153
8	MTONGWE	133
7	NAIROBI	123

6	EMBAKASI	114
5	THIKA	66
4	ISIOLO	60
3	KAHAWA	60
2	MAB	49
1	LAB	32

### Overall Team Results

PSN	TEAM	WOMEN	MEN	PTS
12	GILGIL	NIL	153	
11	NANYUKI	136	181	317
10	NAIROBI	179	123	302
9	MARSABIT	141	155	296
8	MTONGWE	144	133	277
7	LANET	104	153	257
6	EMBAKASI	53	114	167
5	ISIOLO	105	60	165
4	THIKA	74	66	140
3	KAHAWA	54	60	114

2	LAB	65	32	97
1	MAB	38	49	87