

**ATHLETICS KENYA PRISONS ATHLETICS CHAMPIONSHIPS  
HELD AT NYAYO STADIUM ON 6TH AND 7TH MAY 2016**

**100M WOMEN FINAL**

POS	BIB NO.	NAME	TEAM	TIME
1	113	ELIZABETH NEKESA	RVP	12.55
2	316	MARCELA NYABOKE	NBI	12.67
3	004	DAMARIS MBULA	PHQ	12.71
4	313	DAMARIS AKOTH	NBI	12.86
5	167	LAVENDA AMTARI	NYZ	13.36
6	119	LUCY ARANDI	WEST.	13.4
7	039	EUNICE MUKONYO	PSTC	13.53
8	054	EMMACULATE MWANIKI	PSTC	14.85

**100M MEN FINAL**

POS	BIB NO.	NAME	TEAM	TIME
1	330	FERDINARD OMANYALA	NBI	10.75
2	072	STEPHEN BARAZA	RVP	10.79
3	331	MICHAEL NGUGI	NBI	11.07
4	307	BONIFACE CHITAH	NBI	11.10
5	032	BOAZ ARAKA	PSTC	11.14
6	390	DAN KIVIASI	RVP	11.41
7	176	DANSON MBURU	NYZ	11.43

**100MH WOMEN FINAL**

POS	BIB NO.	NAME	TEAM	TIME
1	321	GLADYS NGURE	NBI	15.5
2	034	FLORENCE WASIKE	PSTC	15.7
3	218	HYNES CHEPKEMOI	COAST	15.9
4	119	LUCY AFANDI	WEST	18.1
5	572	LYDIA OMOSA	NYZ	18.3
6	315	ANNE NGOITOI	NBI	19.3
7	364	VANIS OGOTI	EAST.	19.5
8	221	JEMIMA BOSIRE	NBI	21.8

**110MH MEN FINAL**

POS	BIB NO.	NAME	TEAM	TIME
1	212	SAMUEL KORIR	COAST	14.6
2	598	DENNIS KIMEU	NBI	15.1
3	088	SILAS MBAKA	RVP	15.2
4	293	BENARD WANYOIKE	NBI	15.8
5	102	ROTICH K. STEPHEN	RVP	16.1
6	129	DIZAN KIPRUTO	WEST.	16.9

**200M WOMEN FINAL**

POS	BIB NO.	NAME	TEAM	TIME
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1	247	MAUREEN CHELAGAT	NEP	24.48
2	316	MARCELLA NYABOKE	NBI	25.68
3	39	DAMARIS MBULA	PHQ	25.9
4	004	DAMARIS AKOTH	NBI	26.34
5	313	ELIZABETH NYANGECHA	RVP	26.88
6	038	ANGELA NDUNGWA	PSTC	26.89
7	100	NELLY CHEPKOSGEI	RVP	26.99

#### 200 MEN SEMI FINAL 1

POS	BIB NO.	NAME	TEAM	TIME
1	059	PIUS MUYA	PSTC	21.4
2	170	DENNIS OMARI	NYZ	21.9
3	390	DAN KIVASI	RVP	22.1
4	192	STEPHEN WIMA	COAST	22.2
5	207	RICHMOND MOKAYA	COAST	22.2
6	294	PETER WANDERA	NRB	22.4
7	157	JOSEPH ONDUTO	NYZ	22.4
8	064	STEPHEN KAARIUKI	PSTC	22.8

#### 200M MEN SEMI FINAL 2

POSITION	BIB NO.	NAME	TEAM	TIME
1	001	VINCENT KOSKEI	PHQ	21.6
2	307	BONIFACE CHITAYI	NBI	21.9
3	122	ROBERT ROP	NYZ	22.1
4	580	HESBORN OCHIENG	NYZ	22.1
5	032	BOAZ ARAKA	PSTC	22.3
6	176	DANSON MBURU	NYZ	22.4
7	086	ABEL KWEMOI	RVP	22.6
8	472	CYRUS GICHOVI	GUEST	22.6

#### 200M MEN FINAL

POS	BIB NO.	NAME	TEAM	TIME
1	059	PIUS MUIYA	PHQ	22.03
2	390	DAN KIVIASI	RVP	22.18
3	1	VINCENT KOSKEI	PHQ	22.19
4	580	HESBORN OCHIENG	NYZ	22.42
5	170	DENNIS OMARI	NYZ	22.55
6	032	BOAZ ARAKA	PSTC	22.57
7	192	STEPHEN WIMA	COAST	22.74

#### 400M WOMEN FINAL

POS	BIB NO.	NAME	TEAM	TIME
1	247	MAUREEN CHELAGAT	NEP	52.4
2	003	SILYVIA CHESEBE	PHQ	53.2
3	322	NEVIAN MICHIRA	NBI	55.3

4	320	PERIS CHEGE	NBI	55.6
5	287	MERCY ADIJA	CENT.	55.8
6	281	DAMARIS IMBONGO	CENT.	56.8
7	036	FAITH CHEPKOECH	PSTC	58.1
8	578	SAIDA CHEPTOO	NYZ	60.0
<b>400M MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1	099	DAVID CHEMJOR	RVP	46.3
2	302	KELVIN KIPROTICH	NBI	46.8
3	45	LEONARD MUTUKU	PSTC	47.3
4	065	RONALD AFYA	PSTC	47.5
5	002	MOSES KERITCHI	PHQ	47.7
6	105	GEOFFREY WANJALA	GUEST	48
7	189	GABRIEL LARMOI	NYZ	48.4
8	261	CHARLES MUNENE	CENT.	48.6
<b>400MH WOMEN SEMI-FINAL</b>				
POS	BIB	NAME	TEAM	TIME
1	141	SHARON CHEPKORIR	GUEST	65.3
2	034	FLORENCE WASIKE	PSTC	65.5
3	315	ANNE NGUITUI	NBI	68.4
4	186	LYDIA OMUSA	NYZ	69.7
5	391	CHRISTINE MONJU	GUEST	72.4
6	247	MAUREEN CHELAGAT	N/E	60.0
7	321	GLADYS NGURE	NBI	66.0
8	283	ADITH MUTHONI	CENT	68.0
<b>400MH WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1	247	MAUREEN CHELAGAT	NEP	57.9
2	321	GLADYS NGURE	NBI	63.1
3	034	FLORENCE WASIKE	PSTC	63.4
4	041	SHARON JEPKORIR	PSTC	66.0
5	315	ANN NGUTUI	NBI	66.9
6	283	EDITH MUTHONI	CENT.	69.3
7	578	LYDIA OMOSA	NYZ	71.3
<b>400MH MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1	001	VINCENT KOSKEI	PHQ	51.4
2	161	STEPHEN TENAI	NYZ	52.5
3	179	ERIC KIPTOO	NYZ	52.8
4	102	ROTICH KIPKOECH	RVP	53.4
5	216	GEOFFREY MUTAI	COAST	54.0

6	159	KENNEDY PRINCELO	NYZ	55.5
7	484	JULIUS KOECH	PSTC	56.8
<b>800M WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1	003	SILYVIA CHESEBE	PHQ	02:03.0
2	497	JACINTA ABESE	RVP	02:09.2
4	042	PENINA WANGARE	PSTC	02:09.7
5	323	NELLY CHEBET	NBI	02:17.4
6	023	NAOM CHEPKEMOI	PHQ	02:19.9
7	156	MAXIMILLA CHERUTO	NYZ	02:21.7
<b>800M MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1	165	BOAZ KIPRUGUT	NYZ	01:45.7
2	160	DANCAN OLEIROSHA	NYZ	01:46.7
3	128	JULIUS KIPCHIRCHIR	WEST	01:47.3
4	309	KELVIN BETT	NBI	01:47.8
5	007	REUBEN BETT	PHQ	01:48.2
6	308	SOLOMON LEKUTA	NBI	01:48.4
7	491	WESLEY KIPROTICH	PSTC	01:48.7
8	015	PETERSON SADIKA	PHQ	01:50.3
7	090	JOEL KETER	RVP	01:50.3
8	070	BONFACE MUTISYA	PSTC	01:52.6
<b>4X100M RELAY WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1		NAIROBI		49.73
2		PSTC		51.42
3		RVP		51.77
4		PHQ		52.67
5		CENTRAL		53.53
6		NYANZA		53.68
7		WESTERN		56.2
8		EASTERN		59.52
<b>4X100M RELAY MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1		NAIROBI		41.69
2		PSTC		41.88
3		NYANZA		42.27
4		RVP		42.64
5		WESTERN		43.2
6		COAST		43.76
7		GUEST		45.56

<b>4X400M RELAY WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1		NAIROBI		03:48.7
2		PSTC		03:51.9
3		CENTRAL		03:53.2
4		PHQ		03:58.2
5		RVP		04:05.4
6		NYANZA		04:17.4
<b>4X400M RELAY MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1		NAIROBI		03:09.2
2		RVP		03:09.4
3		PSTC		03:09.5
4		PHQ		03:10.0
5		NYANZA		03:16.9
6		COAST		03:20.3
7		WESTERN		03:23.3
8		EASTERN		03:26.1
<b>1500M WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1	031	TABITHA GICHIA	PSTC	04:30.8
2	037	SHEILA JEROTICH	PSTC	04:31.4
3		VIVIAN CHEPKURUI	RVP	04:31.7
4	047	JOSEPHINE MUSAO	PSTC	04:31.9
5	087	MELAN CHEPLETING	RVP	04:35.6
6	133	CAROLINE CHELIMO	WEST.	04:52.4
7		JOAN CHELIMO	GUEST	04:58.5
8	289	NANCY WANJIRU	GUEST	05:12.2
<b>1500M MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1	081	TIMOTHY CHERUIYOT	RVP	03:36.1
2	168	MARK BETT	NYZ	03:41.6
3	169	MATHEW KIPTANUI	NYZ	03:41.9
4	131	ZABLON CHUMBA	WEST	03:42.2
5	171	JAMES TENAI	NYZ	03:44.0
6	479	SHADRACK NGUMBAO	PSTC	03:46.4
7	082	EDWIN KIPTOO	RVP	03:47.0
8	338	CHERUIYOT KIBICHII	NBI	03:49.4
<b>3000M S/C WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1	380	GLADYS KEMBOI	RVP	09:50.9

2	035	MERCELINE ONDIEKI	PSTC	10:13.3
3	140	JANE MURAGE	EAST.	10:19.7
4	576	JACKLINE CHERONO	NYZ	10:45.8
5	589	VERONICA NDURU	NBI	11:16.7
6	087	MELLEN JEPLETING	RVP	11:16.8
7	118	BETTY KIPNGOK	WEST	12:11.2
8	377	JEPTOO RONO	NYZ	12:13.2
<b>5000M WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1	033	NANCY NZISA	PSTC	16:02.5
2	114	CATHERINE SYOKAU	RVP	16:13.0
3	049	VALENTINE KIBII	PSTC	16:27.1
4	139	AGNES MUTUNE	WEST.	16:33.3
5	502	NJOKI NDUNGU	CENT.	16:49.4
6	115	VICTORIA MWIKALI	RVP	17:01.3
7	478	HELLEN CHEPKORIR	PSTC	17:08.0
8	067	GLADYS ROTICH	PSTC	17:20.4
<b>5000M MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1	310	THOMAS LONGOSIWA	NBI	13:30.3
2	352	CORNELIUS KANGOGO	EAST.	13:46.9
3	073	PETER EMASE	RVP	13:48.8
4	272	TIMOTHY KIPTOO	CENT.	13:50.5
5	083	JOSPHAT KIPCHIRCHIR	RVP	13:56.7
6	334	DANIEL TOO	NBI	14:09.5
7	074	ROBERT SAWAYO	GUEST	14:12.0
8	085	SPENZER MAIYO	RVP	14:12.7
<b>10,000M WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1	500	ALICE APROT	PHQ	31:41.8
2	248	PAULINE WANGUI	NEP	33:45.1
3	160	PAMELA CHEROTICH	NYZ	33:56.0
4	225	PRISCILA LORCHIMA	NBI	34:26.3
5	107	GLADYS KEMBOI	RVP	34:57.7
6	110	JANE MWIKALI	RVP	35:07.3
7	590	SHELMITH MURIUKI	NBI	35:09.6
8	200	EICE MUMBUA	COAST	35:19.7
<b>10,000M MEN FINAL</b>				
POS.	BIB NO.	NAME	TEAM	TIME
1	140	WILFRED KIMITEI	WEST	29:26.2
2	073	PETER EMASE	RVP	29:29.8

3	177	FREDRICK MORANGA	NYZ	29:32.3
4	336	GEOFFREY KORIR	NBI	29:37.1
5	0196	TIMOTHY KIMELI	COAST	30:06.4
6	019	ABRAHAM KIPLANGAT	PHQ	30:06.9
7	324	DOMINIC MIBEI	NBI	30:08.2
8	074	ROBERT SAWOYO	RVP	30:17.4
9	006	BENARD ROTICH	PHQ	30:33.7
10	275	VINCENT KIBOR	CENT	30:35.5
11	178	REUBEN KEMBOI	RVP	30:39.7
12	276	CHARLES CHERUIYOT	CENT	30:45.9
<b>10KM WALK WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1	154	GRACE MUMBI	NYZ	56:02.9
2	326	MILKA GATHOGO	NBI	57:32.8
3	158	ESTHER WAIRIMU	NYZ	58:49.1
4	110	MAUREEN CHEPLETING	RVP	62:53.5
5	501	MARGRET MUNDE	CENT	64:32.1
6	375	RAPHAELLA KORIE	NYZ	64:51.1
7		ALICE LOBELEN	RVP	67:13.6
8		IRENE MASHA	PSTC	68:08.3
<b>10KM WALK MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1	048	SAMWEL KIRERI	PSTC	41:28.0
2	072	SILVANUS WEKESA	PSTC	45:10.9
3	584	JORAM GATUMA	NYZ	46:24.7
4	338	ALFRED MUTUKO	NBI	47:00.3
5	337	LIVERSON MWIKISHA	NBI	50:47.0
6	282	JAMES WACHIRA	CENT	53.30.5
7	061	JACKSON SUGUTA	PSTC	54:03.1
<b>SHOT PUT WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	DIST.
1	256	JACKLINE NYONGESA	CENT.	11.81M
2	109	JANE KIPTOO	RVP	10.96M
3	252	SHAGILAH RAMADHAN	CENT.	9.89M
4	044	EVERLINE KERUBO	CENT.	9.44M
5		SAULYN CHEPCHUMBA	RVP	8.71M
6	154	DOREEN ATANDI	NYZ	8.70M
7		FAITH KIRUI	RVP	8.51M
8	043	IRENE AWUOR	EAST.	8.35M
<b>SHOT PUT MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	DIST

1	300	ERIC MALEMO	NBI	13.90M
2	296	PETER MWANGI	NBI	13.53M
3	075	SHABAN KORIR	RVP	12.35M
4	312	GEOFFREY KIPKEMOI	NBI	12.33M
5	357	JOSEPH MARTIM	EAST.	12.21M
6	194	NICHOLUS KIPROTICH	COAST	11.87M
7	155	FREDRICK CHUMBA	NYZ	11.63M
8	076	TYSON KEMBOI	RVP	11.07M
<b>LONG JUMP WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	DIST.
1	218	HYVIN JEPKEMOI	COAST	5.52M
2	582	ANN KANDIE	NYZ	5.43M
3	588	VERA ROREY	NBI	5.39M
4	117	MAUREEN WAFULA	RVP	5.17M
5	327	REGINA MULATYA	NBI	5.07M
6	573	ANNROSE NYAMBURA	NYZ	4.91M
7	381	CATHERINE MWANGANGI	RVP	4.82M
8	589	NAOM JEPNGENO	NBI	4.69M
<b>LONG JUMP MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	DIST.
1	146	TERA LANGAT	CENT.	7.53
2	009	BETHWEL LAGAT	PHQ	7.25
3	91	MAINA NJENGA	RVP	7.08
4	010	JUSTUS CHUMBA	PHQ	6.86
5	378	BISMARCK SOI	NYZ	6.86
6	333	KIPKIRUI KENNEDY	NBI	6.78
7	477	BENARD KIPLAGAT	PSTC	6.50
<b>HIGH JUMP WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	DIST.
1	117	MAURINE WAFULA	RVP	1.60M
2	218	IVYN CHEPKEMOI	COAST	1.55M
3	382	ANN KANDIE	NYZ	1.55M
4	573	ANROSE NYAMBURA	NYZ	1.50M
5	383	MARY TABUA	RVP	1.40M
6	597	NAOMI MACAI	NBI	1.40M
<b>HIGH JUMP MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	DIST.
1	060	EDWIN TOO	PSTC	1.95M
2	183	DANCAN BUSHIENEI	NYZ	1.95M
3	185	FRANCKLIN CHERUIYOT	NYZ	1.95M
4	482	MOSES SONGOL	PSTC	1.85M



5	184	JAMES KORIO	NYZ	1.85M
6	596	ISAAC KIPKORIR	NBI	1.80M
7	499	DANIEL NAIBEI	RVP	1.80M
8	594	DAVID BETT	NBI	1.80M
<b>JAVELIN WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1		CECILIA KIPLAGAT	RVP	41.88M
2		SALOME ORENGE	NBI	39.76M
3		ABIGAEL MALUN	PSTC	39.70M
4		IVYN CHEPKEMOI	COAST	38.73M
5		AGNES KILUNDO	CENT.	35.72M
6		EVERLINE KERUBO	GUEST	32.91M
7		MIRRIAM MONGINA	NBI	31.68M
<b>JAVELIN MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	DIST.
1	481	BARSTAU DAVID	NYZ	54.53
2		FREDRICK CHUMBA	NYZ	53.78
3	92	TIMOTHY BITOK	RVP	53.15
4	330	SHEM SIMATU		53.05
5		RONALD KIRUI	PHQ	52.81
6	219	EDWIN KIPROTICH	NBI	51.53
7	187	LANGAT GIBSON	NYZ	51.3
8		ERIC MURETI	GUEST	49.96
<b>HAMMER WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	DIST.
1	369	EVERLINE BOSIBORI	EAST.	38.36M
2	111	JAEL JEPKORIR	RVP	35.79M
3	112	VIVIAN CHEROTICH	RVP	35.70M
4	256	JACLINE NYONGESA	CENT.	30.92M
5		ESTHER AKINYI	CENT.	29.36M
6	297	BEATRICE CHEROP	NBI	23.41M
7	175	MAVELIN KOMBO	NYZ	21.83M
8	486	NANCY KANINI	PSTC	19.89M
<b>HAMMER MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	TIME
1	078	ELPHAS KIPKENEI	RVP	44.07M
2	152	JASPER OKARI	NYZ	39.96M
3	077	NICODEMUS KIPCHIRCHIR	RVP	39.47M
4	079	EDWIN KIPYEGON	RVP	37.92M
5		TIMOTHY BIWOT	WEST	32.17M
<b>DISCUSS WOMEN FINAL</b>				

POS	BIB NO.	NAME	TEAM	DIST.
1	089	CECILIA KIPLANGAT	RVP	38.25M
2	599	MARY CHEROTICH	NBI	37.83M
3	369	EVALINE BOSIBORI	EASTERN	36.04M
4	382	NANCY YAROP	RVP	30.19M
5	256	JACKLINE NYONGESA	CENT.	28.75M
6	253	AGNES KILUNDO	CENT.	28.12M
7	044	EVALINE KERUBO	PSTC	27.91M
8	318	MIRIAM MONGINA	NBI	26.46M
<b>DISCUSS MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	DIST.
1	324	PATRICK MENYA	NBI	38.23M
2	300	ERIC MALEMO	NBI	37.74M
3	357	JOSEPH MARTIM	EAST.	36.86M
4		FREDRICK CHUMBA	NYZ	36.37M
5	098	EDWIN KERINGE	RVP	35.85M
6	312	GEOFFREY KIPKEMOI	NBI	35.50M
7	77	NICKODEMUS CHEPCHIRCHIR	RVP	35.20M
8		JASPER OKARI	NYZ	33.00M
<b>PALE VOULT WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	DIST.
1	160	IRENE OMOA	NYZ	2.05M
2				
<b>POLE VAULT MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	DIST.
1	060	EDWIN TOO	PSTC	3.60M
2	185	FRANKLIN CHERUIYOT	NYZ	3.55M
3	190	KIPYEGON BETT	COAST	3.45M
4	376	LEONARD KOSKEI	NYZ	3.20M
5	301	SHADRACK KIPLIMO	NBI	3.25M
6		KELVIN KIRUI	GUEST	3.20M
7		GIDEON MAINA	GUEST	3.20M
<b>T/JUMP WOMEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	DIST.
1	589	IVYNE CHEPKEMOI	NBI	12.12M
2	582	ANN KANDIE	NYZ	11.50M
3	588	VERA ROREY	NBI	11.46M
<b>TRIPPLE JUMP MEN FINAL</b>				
POS	BIB NO.	NAME	TEAM	DIST.
1	009	BETHWEL LAGAT	PHQ	16.55M
2	378	BISMARCK SOI	NYZ	15.78M

3	10	JUSTUS CHUMBA	PHQ	15.45M
4	333	KIPKIRUI KENNEDY	NBI	15.27M
5	197	BETHWEL KIPRUTO	COAST	13.93M
6	499	DANIEL NAIBEI	RVP	13.47M