



ATHLETICS KENYA DEFENCE FORCES

(Affiliated to Athletics Kenya)

The 36th Edition of
**KENYA DEFENCE FORCES ATHLETICS
 CHAMPIONSHIP 2015**

10th-12th June 2015

at

**Moi International Sports Centre - Kasarani
 Safaricom Stadium**

<u>POLE VAULT Women Final</u>					
1 .	CAROLINE CHEROTICH	728	1987	KAH	3.10
2 .	PRISCILA TABUDA	434	1989	ISL	2.40
3 .	ANN KISAINGU	512	1989	EMB	2.30
<u>POLE VAULT Men Final</u>					
1	BENARD KIRUI	632	1984	TKA	3.90
3	CHURCHIL KIRUI	696	1082	TKA	3.80
2	KENNEDY MAGUT	324	1992	GIL	3.80
4	JAVAN KIBITOK	729	1989	KAH	3.60
5	SHADRACK CHERUIYOT	727	1987	KAH	3.60
6	KIPKIRUI MILGO		1989	MAR	3.30
<u>LONG JUMP Women Final</u>					
1 .	PRISCILA TABUDA	434	1989	ISL	5.76
2 .	PAULINE MUTANU	500	1990	EMB	5.73
3 .	SHARON MULI	1015	1987	LAB	5.63
4 .	ESTHER JEPKURUI	155	1992	NKI	5.45
5 .	TRUPENA MUSHIMI	1198	1992	MTG	5.16
6 .	MARY MUGURE	433	1984	ISL	5.07
7 .	JANET CHEPCHUMBA	629	1984	TKA	4.86
8 .	ROSE MORAA	1056	1990	LAB	4.76
<u>LONG JUMP Men Final</u>					

1 .	ELIJAH KIMITEI	125	1989	NKI	7.56
2 .	GEOFFREY LEITICH	035	1993	LNT	7.20
3 .	AMOS KIPSAINA	738	1984	KAH	7.14
4 .	KENNEDY MAGUT	324	1992	GIL	6.98
5 .	VINCENT KEMEI	670	1985	TKA	6.66
6 .	ROBERT KEMEI	821	1984	NBI	6.64
7 .	ELIJAH CHESOEN	768	1987	KAH	6.64
8 .	ALEX YEGO	325	1993	GIL	6.63
<u>HAMMER Women Final</u>					
1 .	MONICA LANGAT	915	1981	MAB	35.9
2 .	AGNESS CHEPKEMOI	990	1981	MAB	34.18
3 .	ADA ADAGO	047	1985	LNT	31.8
4 .	JACINTA OWUOR	1980	954	MTG	31.53
5 .	NAOM OMBONGI	1034	1986	LAB	23.67
<u>HAMMER Men Final</u>					
1	DOMINIC ABUNDA	1089	1992	LAB	57.61
2	DENIS SAKAWA	539	1984	EMB	55.02
3	BOAZ MONYANCHA	1124	1984	MTG	50.20
4	ELPHAS MELI	448	1986	ISL	47.71
5	ALFRED LANGAT	978	1990	MAB	47.20
6	JOSPHAT MAIYO	1077	1987	LAB	42.51
7	GEOFFREY OMONDI	322	1980	GIL	40.25
8	GEOFFREY KIPCHUMBA	030	1985	LNT	36.49
<u>DISCUSS Women Final</u>					
1	CAROLINE CHEROTICH	728	1987	KAH	43.11
2	PASCALINE JEPTANUI	153	1979	NKI	37.78
3	MONICA LANGAT	915	1981	MAB	36.64
4	EMILY CHEROTICH	731	1983	KAH	31.24
5	PRICILLA ISIAO	045	1987	LNT	30.76
6	ANN WANGARE	098		LNT	27.97
7	NAOMI OMBONGI	1034	1988	LAB	27.48
8	CATHERINE ONOKA	839	1979	NBI	22.80
<u>DISCUSS Men Final</u>					
1 .	DAVID LIMO	628	1985	TKA	50.72
2 .	CHARLES CHEPKWONY	962	1990	MAB	48.96
3 .	RICHARD METET	1037	1975	LAB	45.1
4 .	BOAZ MONYANCHA	1124	1984	MTG	45.08
5 .	DENIS SAKAWA	539	1984	EMB	43.88
6 .	KIMELI TANUI	770	549	KAH	41.92
7 .	JULIUS METET	960	1973	MAB	40.09
8 .	KENNEDY CHERUIYOT	1036	1962	LAB	38.81
<u>20 KM WALK Women Final</u>					

1	GRACE WANJIRU	914	1982	MAB	1:38.12
2	SUSAN CHEPNGETICH	707	1985	KAH	1:48.53
3	JUDITH JEROP	044	1990	LNT	1:51.57
<u>20 KM WALK Men Final</u>					
1	DAVID KIMUTAI	123	1971	NKI	1:27.34
2	SIMON WACHIRA	305	1984	GIL	1:28.34
3	SIMON MISANGU	031	1989	LNT	1:33.52
4	JOHN GITAU	124	1989	NKI	1:36.09
5	ABEL KIPSANG	711	1989	KAH	1:39.24
6	JACKSON LANGAT	709	1983	KAH	1:40.23
7	JOSPHAT NDEGWA	167	1985	NKI	1:43.26
8	SAMWEL KIBET	1013	1972	LAB	1:45.50
<u>JAVELIN Women Final</u>					
1	JANE JEPLETING	1090	1994	LAB	46.89
2	ZEDDY CHEROTICH	729	1990	KAH	45.25
3	PRICILLA ISIAO	045	1977	LNT	39.70
4	MARY MUGURE	433	1984	ISL	39.69
5	MONICA LANGAT	915	1981	MAB	37.91
6	JOYLEEN CHEBET	837	1990	NBI	32.53
7	JOYCE NG'ANG'A	838	1984	NBI	29.53
<u>JAVELIN Men Final</u>					
1	ALEX KIPROTICH	542	1994	EMB	71.72
2	NELSON YEGON	626	1990	TKA	70.02
3	SAMMY KESKENY	625	1984	TKA	67.00
4	MICHAEL RONO	540	1985	EMB	64.27
5	GILBERT BETT	964	1987	MAB	63.13
6	JOHN SOLOLO	052	1970	LNT	59.91
7	JACKSON MUTUGA	127	1990	NKI	53.57
8	ANDREW KIBET	801	1989	NBI	52.64
<u>TRIPLE JUMP Women Final</u>					
1	JANE CHEPCHUMBA	629	1984	TKA	12.33
2	PRISCILA TABUDA	434	1989	ISL	12.30
3	GLADYS NYANCHAMA	917	1986	MAB	11.15
<u>TRIPLE JUMP Men Final</u>					
1	ELIJAH KIMITEI	125	1986	NKI	15.46
2	KENNEDY MAGUT	324	1992	GIL	15.03
3	GEOFFREY LEITICH	035	1993	LNT	14.90
4	AMOS KIPSAINA	738	1984	KAH	14.83
5	ALEX YEGO	325	1993	GIL	14.73
6	LEONARD MUSTO	318	1985	GIL	14.54
7	DAVID LIMO	739	1985	KAH	14.48
8	ENOCK KENDAGOR	1125	1990	MTG	14.38
<u>3000 M Steple Chase Women Final</u>					

1	MARION KIBOR	710	1994	KAH	9:48.7
2	AGNES CHESANG	411	1986	ISL	9:59.6
3	MERCY NJOROGE	1059	1986	LAB	10:17.8
4	ELIZABETH MUENI	910	1990	MAB	10:23.1
5	MONICA OTWORI	042	1986	LNT	10:38.0
6	JANE CHELANGAT	644	1989	TKA	10:39.3

3000M STEPLE CHASE Men Final

1	PATRICK CHUKOR	432	1988	ISL	8:32.7
2	GEOFFREY NGENO	312	1986	GIL	8:34.4
3	WILSON MARABA	430	1986	ISL	8:37.6
4	ABEL MUTAI	624	1987	TKA	8:37.8
5	HILLARY KEMBOI	431	1987	ISL	8:40.7
6	ABRAHAM CHIRCHIR	544	1985	EMB	8:41.2
7	ISACK MARABA	680	1986	TKA	8:47.2
8	RONALD TONUJ	311	1988	GIL	8:47.6

SHOT PUT Women Final

1	PRICILLA ISIAO	045	1977	LNT	13.20
2	JANE KIRATHE	437	1987	ISL	10.86
3	PASCALINE JEPTANUI	136	1977	NKI	10.48
4	CATHERINE ONOKA	839	1979	NBI	9.65
5	JANE JEPLETING	1090	1994	LAB	9.63
6	JEPTOO TIREITO	102	1985	NKI	9.14
7	MONICA LANGAT	915	1981	MAB	8.88
8	AGNESS CHEPKEMOI	990	1981	MAB	7.97
9	JOYCE NG'ANG'A	838	1984	NBI	7.69

SHOT PUT Men Final

1	VINCENT TUIKONG	697	1988	TKA	15.20
2	BOAZ MONYANCHA	1124	1984	MTG	15.14
3	DAVID LIMO	628	1985	TKA	15.03
4	CHARLES CHEPKWONY	901	1990	MAB	14.87
5					14.60
6	GEDION NGENO	037	1985	LNT	14.17
7	RICHARD METET	1037	1975	LAB	14.14
8	ALLAN KIMUTAI	152	1993	NKI	13.50
9	JULIUS METET	960	1973	MAB	13.10
10	KENNEDY CHECHUIYOT	1036	1979	LAB	11.71
11	DOMINIC SIGEI	039	1992	LNT	11.13
12	JOSEPH MUTUA	150	1993	NKI	11.10
13	LAZARUS MWANGI	151	1992	NKI	10.70

100M Hurdles Women Final

1	PRISCILLA TABUDA	434	1987	ISL	14.82
2	GEORGINA MBINYA	903	1984	MAB	16.42
3	JACKLINE JERUTO	224	1984	MAR	17.52
4	TRUPHENA MUSYIMI	1198	1992	MTG	19.10
5	RHODA MUMBO	223	1991	MAR	19.15
6	ESTHER JEPKURUI	155	1992	NKI	19.28
7	VYONNE OIRA	426	1991	ISL	19.93
8	ALICE CHEMUTAI	003	1990	LNT	19.95

110M Hurdles Men Final

1	BONIFACE MUCHERU	106	1992	NKI	14.51
2	WILSON WAHOME	011	1987	LNT	15.03
3	AMON CHESONGOL	755	1980	KAH	15.45
4	STEPHEN MUTHAMA	418	1984	ISL	15.58
5	PHILEMON CHESONI	012	1985	LNT	15.63
6	ELIJAH CHESOEN	768	1986	KAH	16.29
7	WILLIAM MBEVI	1018	1993	LAB	19.80

1000M Women Final

1 .	VERONICA NYARUAI	1094	1988	LAB	32:39.2
2 .	GLADYS CHERONO	705	1990	KAH	32:46.0
3 .	JEMIMA JELAGAT	913	1985	MAB	33:02.0
4 .	GLADYS CHEMWENO	601	1987	TKA	33:21.2
5 .	DORIS CHANGEIYWO	508	1984	EMB	33:21.6
6 .	BEATRICE CHEROP	429	1984	ISL	34:05.8
7 .	JACKLINE JEPKOSGEI	229	1990	MAR	34:24.3

1000M Men Final

1 .	EMMANUEL KIPSANG	1122	1994	MTG	28:16.5
2 .	STEPHEN ARITA	811	1985	NBI	28:30.0
3 .	KIPLIMO KIMUTAI	1002	1979	LAB	28:34.7
4 .	GEOFFREY KIRUI	948	1994	MAB	28:47.1
5 .	WILSON KIBOGO	309	1988	GIL	29:06.5
6 .	WILLIAM CHEBON	943	1982	MAB	29:10.5
7 .	RICHARD NDEGWA	028	1987	LNT	29:27.3
8 .	TITUS KIMANI	439	1989	ISL	29:52.0
9 .	SAMWEL KALYA	1057	1986	LAB	29:54.2

200M Women Final

1	SABINA MUKOSWA	900	1992	MAB	24.86
2	CATHERINE NANDI	020	1986	LNT	25.06
3	ROSE CHERONO	904	1985	MAB	25.54
4	HELLEN MAINA	1100	1983	MTG	25.88
5	MARY TANUI	600	1989	TKA	25.97
6	SCOLASTICA NZUKU	401	1993	ISL	26.37
7	QUEENECTOR KISEMBE	1009	1990	LAB	26.46
8	JUDY OGINGA	403	1992	ISL	27.27

200M Men Final

1 .	MIKE MOKAMBA	919	1993	MAB	20.69
2 .	BONFACE KHAGAI	920	1992	MAB	21.37
3 .	TONY CHIRCHIR	200	1985	MAR	21.43
4 .	EMMANUEL LENTUKUNYE	301	1986	GIL	21.74
5 .	CHARLES WAMWEA	612	1991	TKA	21.96
6 .	STEPHEN OKATCH	533	1982	EMB	22.01
7 .	PETER MAKUBA	1112	1981	MTG	22.15
8 .	CARLEWIS AWAGE	717	1989	KAH	22.19

400M Hurdles Women Final

1	PRISCILLA TABUDA	434	1987	ISL	1:00.38
2	CATHERINE NANDI	020	1986	LNT	1:01.52
3	GEORGINA MBINYA	903	1984	MAB	1:03.05

4	NANCY SANG	151	1990	NKI	1:03.17
5	AGNES KAGONGO	1101	1985	MTG	1:04.59
6	REBECCA JEPKEMOI	633	1988	TKA	1:05.23
400M Hurdles Men Final					
1	BONIFACE MUCHERU	106	1992	NKI	50.52
2	WILLY MBEVI	1018	1993	LAB	50.73
3	KENETH KIRUI	615	1993	TKA	51.49
4	EVANS KOGO	745	1989	KAH	53.73
5	HARUN RUTO	744	1994	KAH	54.61
6	PATRICK LOTOYON	760	1988	KAH	55.22
7	EDWIN KIPNGENO	013	1986	LNT	55.33
8	SYLVESTER MUTETI	984	1985	MAB	55.57
800M Women Final					
1	SELA JEPLETING	041	1991	LNT	2:04.0
2	NANCY CHEBET	999	1986	MAB	2:05.0
3	FRIDAH MWIKALI	506	1988	EMB	2:05.0
4	SHEILA CHEPKIRUI	621	1985	TKA	2:07.6
5	TABITHA MWALILI	408	1986	ISL	2:09.0
6	GLADYS JEPCHUMBA	099	1989	LNT	2:09.1
7	ELIZABETH KEMBOI	225	1982	MAR	2:12.4
8	CHARITY WANDIA	715	1979	KAH	2:15.2
800M Men Final					
1	JACKSON KIVUVA	927	1990	MAB	1:45.8
2	NICHOLUS KIPLANGAT	809	1990	NBI	1:45.8
3	TIMOTHY KITUM	1058	1994	LAB	1:46.0
4	MIKE KEMBOI	616	1989	TKA	1:46.3
5	FELIX KONCHELA	410	1990	ISL	1:46.5
6	JONATHAN KITILIT	1114	1994	MTG	1:46.6
7	FREDRICK KORIR	925	1984	MAB	1:46.8
8	EDWIN KEMBOI	617	1987	TKA	1:48.2
100m Women Final					
1	SABINA MUKOSWA	900	1992	MAB	12.14
2	CATHERINE NANDI	020	1986	LNT	12.47
3	MARY TANUI	600	1989	TKA	12.77
4	SCOLASTICA NZUKU	401	1993	ISL	12.88
5	PAULINE MUTANU	501	1990	EMB	12.93
6	JUDY OGINGA	403	1992	ISL	13.07
7	EUNICE MUENI	1199	1991	MTG	13.18
8	QUEENECTOR KISEMBE	1009	1990	LAB	13.27
100M Men Final					
1	MIKE MOKAMBA	919	1993	MAB	10.35
2	TONY CHIRCHIR	200	1985	MAR	10.62
3	TOM MASINDE	1110	1979	MTG	10.67
4	CARLEWIS AWAGE	717	1989	KAH	10.68
5	BONIFACE KAGHAI	920	1992	MAB	10.69
6	EMMANUEL LENTUKUNYE	301	1986	GIL	10.71
7	PETER MAKUBA	1112	1981	MTG	11.23
400M Women Final					

1	CATHERINE NANDI	020	1986	LNT	54.67
2	DAISY KOMEN	614	1987	TKA	55.32
3	CHARITY WANDIA	715	1979	KAH	55.49
4	HELLEN MAINA	1100	1983	MTG	55.70
5	SHARON MULI	1015	1989	LAB	56.29
6	ROSE CHERONO	904	1989	MAB	56.61
7	GLADYS JEPCHUMBA	099	1989	LNT	57.20
8	QUEENECTOR KISEMBE	1009	1990	LAB	59.16
400M Men Final					
1	ALPHAS KISYOYAN	924	1984	MAB	45.40
2	VINCENT MUMO	923	1982	MAB	46.36
3	JOSEPH POGISHIO	104	1990	NKI	46.52
4	BONIFACE MUCHERU	106	1992	NKI	46.70
5	MARK MUTAI	922	1981	MAB	46.82
6	GERALD MOMANYI	525	1988	EMB	47.48
7	SOLOMON BWOGA	1115	1984	MTG	48.54
8	BONIFACE MWERESA	1011	1990	LAB	DNF
HIGH JUMP Women Final					
1	CAROLINE CHEROTICH	728	1982	KAH	1.75
2	PRISCILA TABUDA	434	1989	ISL	1.60
3	JANET CHEPCHUMBA	629	1984	TKA	1.45
HIGH JUMP MEN Final					
1	MATHEW SAWE	630	1986	TKA	2.20
2	AMOS KIPSAINA	738	1984	KAH	2.00
3	NICHOLUS LANGAT	219	1988	MAR	1.95
3	ELIJAH KIMITEI	158	1986	NKI	1.95
4	ELIJAH CHESOEN	768	1986	KAH	1.95
5	ELPHAS KIPCHIRCHIR	321	1994	GIL	1.95
6	ALEX YEGO	325	1993	GIL	1.90
7	GODFREY WACHIRA	157	1994	NKI	1.80
5000m Women Final					
1	VERONICA NYARUAI	1094	1988	LAB	16:28.5
2	GLADYS CHERONO	705	1990	KAH	16:30.5
3	GLADYS CHEMWENO	601	1987	TKA	16:45.0
4	JACKLINE JEPKOSGEI	229	1990	MAR	16:53.3
5	PAULINE CHEMINING	911	1983	MAB	16:56.0
6	LYNET CHEPKIRUI	912	1983	MAB	17:01.1
7	ANGELINE MUTHEU	706	1989	KAH	17:09.4
8	IRINE KWAMBI	503	1977	EMB	17:10.5
9	EUNICE CHEPTOO	226	1989	MAR	17:12.1
10	LENCER KEMUNTO	1103	1989	MTG	17:40.3
5000 M Men Final					
1	EMMANUEL KIPSANG	1122	1994	MTG	13:23.10
2	STEPHEN ARITA	811	1985	NBI	13:35.17
3	JOHN CHEPKWONY	602	1988	TKA	13:41.27
4	CYRUS RUTTO	214	1982	MAR	13:47.05
5	WISON TOO	700	1991	KAH	13:48.16
6	KIPLIMO KIMUTAI	1002	1979	LAB	13:52.32
7	DOUGLAS KIPSEREM	025	1987	LNT	13:52.68
8	GEOFFREY KIRUI	948	1994	MAB	13:55.99

1500M Women Final					
1	SELA JEPLETING	041	1991	LNT	4:16.3
2	JUDY KYENG	907	1991	MAB	4:17.5
3	PERIN NENKAMPI	908	1987	MAB	4:20.9
4	EDNAH MORAA	1026	1991	LAB	4:27.2
5	CYNTHIA KOSGEI	1196	1988	MTG	4:32.2
6	MWECHJE JUMA	507	1988	EMB	4:33.3
7	MARY NDERITU	720	1987	KAH	4:34.3
8	JEBET KIPROP	680	1989	TKA	4:49.6
1500M Men Final					
1	JAMES MAGUT	1117	1990	MTG	3:43.5
2	CORNELIUS KIPLANGAT	314	1992	GIL	3:44.1
3	GEDION GATHIMBA	1027	1980	LAB	3:44.7
4	JONATHAN KITILIT	1114	1994	MTG	3:45.2
5	BERNARD KATINGEI	543	1986	EMB	3:45.5
6	VINCENT LETING	017	1988	LNT	3:46.2
7	NICHOLUS KIPCHUMBA	888	1990	NBI	3:46.4
8	JAMES MACHARIA	623	1988	TKA	3:47.3
4 x 100m RELAYS WOMEN Final					
1	MAB				48.90
2	ISIOLO				49.08
3	THIKA				49.42
4	MTONGWE				49.86
5	LANET				50.61
6	KAHAWA				53.69
4 x 100m RELAYS MEN Final					
1	MAB				40:14
2	MTONGWE				40:90
3	KAHAWA				41:14
4	THIKA				41:25
5	NANYUKI				41:83
6	LANET				42:14
7	GILGIL				42:20
4 x 400m RELAYS WOMEN Final					
1	THIKA				3:45.0
2	MAB				3:48.81
3	LANET				3:48.84
4	ISIOLO				3:55.09
5	LAB				3:55.34
6	MTONGWE				3:55.42
4 x 400m RELAYS MEN Final					
1	MAB				3:03.91
2	NANYUKI				3:08.73
3	THIKA				3:08.76
4	ISIOLO				3:09.70
5	LAB				3:12.26
6	NAIROBI				3:13.94
7	LANET				3:14.94

Tug of War Final

1	LAIKIPIA AIR BASE			
2	Gilgil			
3	Lanet			
4	Moi Air Base			

<u>NEW KDF RECORD</u>	High Jump			N/R
MATHEW SAWE	630	1986	TKA	2.20

WOMEN TEAM RESULTS

TEAM	G	S	B	Total
GILGIL	0	0	0	0
MTONGWE	0	0	0	0
NAIROBI	0	0	0	0
MARSABIT	0	0	1	1
NANYUKI	0	1	1	2
EMBAKASI	0	1	2	3
THIKA	2	1	4	7
LAIKIPIA AIR BASE	3	0	2	5
ISIOLO	3	6	0	9
LANET	4	3	4	11
KAHAWA	4	4	1	9
MOI AIR BASE	5	5	6	16

MEN TEAM RESULTS

TEAM	G	S	B	Total
MARSABIT	0	1	2	3
KAHAWA	0	1	3	4
LANET	0	2	2	4
NAIROBI	0	3	0	3
GILGIL	0	5	0	5
ISIOLO	1	0	1	2
EMBAKASI	1	1	0	2
LAIKIPIA AIR BASE	1	1	4	6
MTONGWE	3	2	2	7
THIKA	4	1	6	11
NANYUKI	5	1	2	8
MOI AIR BASE	6	3	0	9

OVERALL TEAM RESULT

TEAM	G	S	B	Total
MARSABIT	0	1	3	4
NAIROBI	0	3	0	3
GILGIL	0	5	0	5

EMBAKASI	1	2	2	5
MTONGWE	3	2	2	7
LAIKIPIA AIR BASE	4	1	6	11
KAHAWA	4	5	4	13
LANET	4	5	6	15
ISIOLO	4	6	1	11
NANYUKI	5	2	3	10
THIKA	6	2	10	18
MOI AIR BASE	11	8	6	25



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(Affiliated to Athletics Kenya)

The 36th Edition of KENYA DEFENCE FORCES ATHLETICS CHAMPIONSHIP 2015

10th-12th June 2015

Safaricom Stadium

Kasarani

STARTLIST DAY 3

400M Women Finalist - 1135 Hrs					
Lane					
1.	CATHERINE NANDI	020	1986	LNT	55.52
2.	CHARITY WANDIA	715	1979	KAH	55.57
3.	DAISY KOMEN	614	1987	TKA	55.68
4.	HELLEN MAINA	1100	1983	MTG	55.97
5.	SHARON MULI	1015	1989	LAB	56.88
6.	GLADYS JEPCHUMBA	099	1989	LNT	57.14
7.	ROSE CHERONO	904	1989	MAB	57.88
8.	QUEENECTOR KISEMBE	1009	1990	LAB	58.21
400M Men Finalist - 1040 Hrs					
Lane					
1	ALPHAS KISOYAN	924	1984	MAB	46.26
2	BONIFACE MWERESA	1011	1990	LAB	46.40
3	VINCENT MUMO	923	1982	MAB	46.72
4	MARK MUTAI	922	1981	MAB	46.77
5	SOLOMON BWOGA	1115	1984	MTG	46.93
6	JOSEPH POGISHIO	104	1990	NKI	46.96
7	GERALD MOMANYI	525	1988	EMB	46.98
8	BONIFACE MUCHERU	106	1992	NKI	47.24
100m Women Finalist - 1105 Hrs					
Lane					
1	SABINA MUKOSWA	900	1992	MAB	12.31
2	CATHERINE NANDI	020	1986	LNT	12.43
3	MARY TANUI	600	1989	TKA	12.84
4	SCOLASTICA NZUKU	401	1993	ISL	13.05
5	PAULINE MUTANU	501	1990	EMB	13.11

6	QUEENECTOR KISEMBE	1009	1990	LAB	13.14
7	JUDY OGINGA	403	1992	ISL	13.18
8	EUNICE MUENI	1199	1991	MTG	13.25

100M Men Finalist - 1110 Hrs

<u>Lane</u>					
1	MIKE MOKAMBA	919	1993	MAB	10.57
2	CARLEWIS AWAGE	717	1989	KAH	10.60
3	BONIFACE KAGHAI	920	1992	MAB	10.61
4	TOM MASINDE	1110	1979	MTG	10.64
5	TONY CHIRCHIR	200	1985	MAR	10.69
6	STEPHEN OKATCH	533	1982	EMB	10.70
7	EMMANUEL LENTUKUNYE	301	1986	GIL	10.79
8	PETER MAKUBA	1112	1981	MTG	10.80

200M Women Finalist - 0940 Hrs

<u>Lane</u>					
1	SABINA MUKOSWA	900	1992	MAB	24.70
2	CATHERINE NANDI	020	1986	LNT	24.83
3	HELLEN MAINA	1100	1983	MTG	25.41
4	ROSE CHERONO	904	1985	MAB	25.50
5	MARY TANUI	600	1989	TKA	25.62
6	QUEENECTOR KISEMBE	1009	1990	LAB	26.30
7	JUDY OGINGA	403	1992	ISL	26.66
8	SCOLASTICA NZUKU	401	1993	ISL	26.66

200M Men Finalist - 0945 Hrs

<u>Lane</u>					
1	BONFACE KHAGAI	920	1992	MAB	21.08
2	MIKE MOKAMBA	919	1993	MAB	21.24
3	TONY CHIRCHIR	200	1985	MAR	21.43
4	STEPHEN OKATCH	533	1982	EMB	21.49
5	PETER MAKUBA	1112	1981	MTG	21.52
6	CARLEWIS AWAGE	717	1989	KAH	21.63
7	EMMANUEL LENTUKUNYE	301	1986	GIL	21.69
8	CHARLES WAMWEA	612	1991	TKA	21.72

800M Women Finalist - 1050 Hrs

<u>Lane</u>					
1	SELA JEPLETING	041	1991	LNT	2:06.8
2	NANCY CHEBET	999	1986	MAB	2:07.0
3	SHEILA CHEPKIRUI	621	1985	TKA	2:07.2
4	ELIZABETH KEMBOI	225	1982	MAR	2:07.8
5	TABITHA MWALILI	408	1986	ISL	2:08.3
6	CHARITY WANDIA	715	1979	KAH	2:09.1
7	FRIDAH MWIKALI	506	1988	EMB	2:09.3
8	GLADYS JEPCHUMBA	099	1989	LNT	2:10.9

800M Men Finalist - 1055 Hrs

<u>Lane</u>					
1	NICHOLUS KIPLANGAT	809	1990	NBI	1:44.9
2	JONATHAN KITILIT	1114	1994	MTG	1:45.0
3	FREDRICK KORIR	925	1984	MAB	1:45.2
4	EDWIN KEMBOI	617	1987	TKA	1:45.4
5	TIMOTHY KITUM	1058	1994	LAB	1:46.3
6	FELIX KONCHELA	410	1990	ISL	1:46.5

7	JACKSON KIVUVA	927	1990	MAB	1:46.9
8	MIKE KEMBOI	616	1989	TKA	1:47.2

1500M Men Finalist - 1150 Hrs					
1.	JONATHAN KITILIT	1114	1994	MTG	3:43.8
2.	CORNELIUS KIPLANGAT	314	1992	GIL	3:44.1
3.	GEDION GATHIMBA	1027	1980	LAB	3:44.3
4.	VINCENT LETING	017	1988	LNT	3:44.6
5.	JAMES MAGUT	1117	1990	MTG	3:44.7
6.	VICTOR KOSGEI	312	1993	GIL	3:44.8
7.	SIMON NJUGUNA	019	1987	LNT	3:45.3
8.	BERNARD KATINGEI	543	1986	EMB	3:45.5
9.	NICHOLUS KIPCHUMBA	888	1990	NBI	3:45.7
10.	STEVE RASWEI	721	1985	KAH	3:45.8
11.	JAMES MACHARIA	623	1988	TKA	3:46.3
12.	KOYAKI MOSES	1029	1990	LAB	3:47.5