



**ATHLETICS KENYA DEFENCE FORCES**

(Affiliated to Athletics Kenya)

The 38th Edition of  
**KENYA DEFENCE FORCES ATHLETICS CHAMPIONSHIP**  
2017

**09 - 11 May 2017**

at  
**Nyayo National Stadium**

**Final Results**

*Sponsored by*



**CO-OPERATIVE BANK**  
We are you

| <b><u>POLE VAULT Women Final</u></b> |                    |      |      |     |       |
|--------------------------------------|--------------------|------|------|-----|-------|
| 1.                                   | CAROLINE CHEROTICH | 719  | 1987 | KAH | 2.70  |
| 2.                                   | RUTH MUENDI        | 1113 | 1993 | MTG | 2.65  |
| 3.                                   | NORAH JEPTOO       | 1014 | 1995 | LAB | 2.60  |
| 4.                                   | ANN KISAINGU       | 546  | 1989 | EMB | 2.55  |
| 5.                                   | PRISCILA TABUNDA   | 410  | 1987 | ISL | 2.40  |
| <b><u>POLE VAULT Men Final</u></b>   |                    |      |      |     |       |
| 1.                                   | KENNEDY MAGUT      | 326  | 1993 | GIL | 4.10  |
| 2.                                   | WELDON KIRUI       | 152  | 1986 | NKI | 4.00  |
| 3.                                   | ROBERT KIPKOECH    | 1038 | 1994 | LAB | 4.00  |
| 4.                                   | MICAH KOGO         | 1144 |      | MTG | 4.00  |
| 5.                                   | BENARD KIRUI       | 635  | 1986 | TKA | 3.80  |
| 6.                                   | HILARY KIPKOECH    | 1017 | 1995 | LAB | 3.80  |
| 7.                                   | WESLY CHERUIYOT    | 741  | 1975 | KAH | 3.60  |
| 8.                                   | SHADRACK CHERUIYOT | 743  | 1993 | KAH | 3.60  |
| 9.                                   | JAVAN KIBITOK      | 742  | 1989 | KAH | 3.60  |
| <b><u>LONG JUMP Women Final</u></b>  |                    |      |      |     |       |
| 1                                    | PRISCILA NASIMIYU  | 410  | 1987 | ISL | 5.94  |
| 2                                    | PETROLINAH MWOMBE  | 108  | 1990 | NKI | 5.71  |
| 3                                    | ROSE MORAA         | 1000 | 1994 | LAB | 5.30  |
| 4                                    | CHEROTICH KOECH    | 807  | 1989 | NBI | 5.22  |
| 5                                    | SUSAN MURREY       | 110  | 1993 | NKI | 4.97  |
| 6                                    | GLADYS NYANCHAMA   | 905  | 1988 | MAB | 4.94  |
| 7                                    | BETTY KIPKETER     | 018  | 1994 | LNT | 4.92  |
| 8                                    | GLADYS THIONGO     | 406  | 1986 | ISL | 4.91  |
| <b><u>LONG JUMP Men Final</u></b>    |                    |      |      |     |       |
| 1.                                   | ELIJAH KIMITEI     | 154  | 1989 | NKI | 7.45  |
| 2.                                   | VINCENT TARUS      | 1018 | 1993 | LAB | 7.01  |
| 3.                                   | KENNEDY MAGUT      | 326  | 1993 | GIL | 6.92  |
| 4.                                   | GILBERT KEMOI      | 231  | 1995 | MAR | 6.87  |
| 5.                                   | SAMMY KOECH        | 232  | 1995 | MAR | 6.36  |
| 6.                                   | KENETH NJERU       | 062  | 1987 | LNT | 6.21  |
| 7.                                   | GABRIEL MWANGI     | 155  | 1992 | NKI | 6.08  |
| 8.                                   | GODFREY WACHIRA    | 100  | 1991 | NKI | 5.95  |
| <b><u>HAMMER Men Final</u></b>       |                    |      |      |     |       |
| 1                                    | DOMINIC ABUNDA     | 1037 | 1995 | LAB | 58.03 |
| 2                                    | DENIS SAKAWA       | 534  | 1984 | EMB | 54.33 |
| 3                                    | ADELABERT MUSEVENI | 145  | 1988 | NKI | 52.08 |
| 4                                    | BOAZ MONYANCHA     | 1142 | 1984 | MTG | 48.98 |
| 5                                    | ELPHAS MELLY       | 435  | 1992 | ISL | 45.32 |
| 6                                    | ALFRED LANGAT      | 939  | 1990 | MAB | 44.26 |
| 7                                    | GEOFFREY KIPCHUMBA | 057  | 1985 | LNT | 35.6  |
| 8                                    | ROBERT KIPYEGON    | 535  |      | EMB | 34.71 |
| <b><u>HAMMER Women Final</u></b>     |                    |      |      |     |       |
| 1                                    | LUCY OMONDI        | 220  | 1987 | MAR | 50.13 |
| 2                                    | MONICA LANGAT      | 931  |      | MAB | 36.1  |
| 3                                    | ADAH AKOTH         | 549  |      | EMB | 34.59 |
| 4                                    | WINNIE ODOYO       | 023  |      | LNT | 33.54 |
| 5                                    | JOSEPHINE KERUBO   | 436  | 1987 | ISL | 32.33 |

|                                      |                     |      |      |     |         |
|--------------------------------------|---------------------|------|------|-----|---------|
| 6                                    | VIOLA JEBOTIB       | 437  | 1994 | ISL | 31.08   |
| 7                                    | AGNESS JEPKEMOI     | 932  |      | MAB | 30.51   |
| <b><u>DISCUSS Women Final</u></b>    |                     |      |      |     |         |
| 1.                                   | CAROLINE CHEROTICH  | 719  | 1987 | KAH | 41.31   |
| 2.                                   | MONICAH LANGAT      | 931  |      | MAB | 36.06   |
| 3.                                   | MARGRET MUMBI       | 025  | 1987 | LNT | 32.69   |
| 4.                                   | REBECCA SARANGE     | 933  |      | MAB | 30.04   |
| 5.                                   | NAOMI GESARE        | 1021 | 1988 | LAB | 29.98   |
| 6.                                   | PRSCILA ISIAHO      | 022  | 1970 | LNT | 29.06   |
| 7.                                   | ELIZABETH KASINA    | 1121 | 1995 | MTG | 28.46   |
| 10.                                  | MORAA OMARIBA       | 925  | 1989 | MAB | 28.38   |
| <b><u>DISCUSS Men Final</u></b>      |                     |      |      |     |         |
| 1.                                   | DAVID LIMO          | 625  | 1985 | TKA | 45.35   |
| 2.                                   | CHARLES CHEPKWONY   | 938  | 1990 | MAB | 45.23   |
| 3.                                   | BOAZ MONYANCHA      | 1142 | 1984 | MTG | 43.24   |
| 4.                                   | RICHARD METET       | 1035 | 1977 | LAB | 41.02   |
| 5.                                   | DOMINIC ABUNDA      | 1037 | 1995 | LAB | 40.16   |
| 6.                                   | KIMELI TANUI        | 734  |      | KAH | 39.83   |
| 7.                                   | MOSES GACHANJA      | 056  | 1978 | LNT | 38.77   |
| 8.                                   | FRED OGAMBA         |      |      | NBI | 37.98   |
| <b><u>20 KM WALK Women Final</u></b> |                     |      |      |     |         |
| 1.                                   | GRACE WANJIRU       | 924  |      | MAB | 1:34.15 |
| 2.                                   | LINDA WAWERU        | 717  |      | KAH | 1:43.20 |
| 3.                                   | RUTH WANGUI         | 1013 | 1996 | LAB | 1:47.52 |
| 4.                                   | JENGETICH KOSGEI    | 718  |      | KAH | 1:48.34 |
| 5.                                   | MARY NJOKI          | 428  | 1984 | ISL | 2:01.26 |
| 6.                                   | JUDITH JELAGAT      | 429  | 1991 | ISL | 2:08.26 |
| <b><u>20 KM WALK Men Final</u></b>   |                     |      |      |     |         |
| 1.                                   | SIMON WACHIRA       | 320  | 1984 | GIL | 1:27.18 |
| 2.                                   | DAVID KIMUTAI       | 178  |      | NKI | 1:31.35 |
| 3.                                   | NICODEMUS MUSAU     | 177  |      | NKI | 1:33.01 |
| 4.                                   | NDIEMA HESBON       | 732  |      | KAH | 1:36.49 |
| 5.                                   | STEPHEN MUTUKU      | 322  | 1994 | GIL | 1:50.35 |
| 6.                                   | STEPHEN KIPKISUT    | 229  | 1990 | MAR | 1:54.02 |
| 7.                                   | MOSES KIMANI        | 433  | 1993 | ISL | 1:54.26 |
| <b><u>JAVELIN Women Final</u></b>    |                     |      |      |     |         |
| 1.                                   | ZEDDY CHEROTICH     | 720  | 1990 | KAH | 42.88   |
| 2.                                   | JANE JEPLETING      | 1022 | 1995 | LAB | 40.46   |
| 3.                                   | MONICAH LANGAT      | 931  | 1984 | MAB | 38.93   |
| 4.                                   | EMILY KARIOKI       | 021  | 1994 | LNT | 38.56   |
| 5.                                   | CAROLINE CHEROP     | 547  | 1990 | EMB | 36.24   |
| 6.                                   | CAROLINE CHEROTICH  | 719  | 1987 | KAH | 35.05   |
| 7.                                   | PRSCILA ISIAHO      | 022  | 1970 | LNT | 34.16   |
| 8.                                   | MORAA OMARIBA       | 925  | 1989 | MAB | 32.55   |
| <b><u>JAVELIN Men Final</u></b>      |                     |      |      |     |         |
| 1.                                   | ALEXANDER KIPROTICH | 537  |      | EMB | 76.09   |
| 2.                                   | GILBERT BETT        | 940  | 1987 | MAB | 69.11   |
| 3.                                   | S KESKEY            | 632  | 1984 | TKA | 68.54   |

|   |                   |      |      |     |         |
|---|-------------------|------|------|-----|---------|
| 4.  | NICHOLAS KOSGEY   | 946  | 1989 | MAB | 65.57   |
| 5.  | MICHAEL RONO      | 536  |      | EMB | 65.06   |
| 6.  | COLLINS TOWETT    | 813  | 1993 | NBI | 60.39   |
| 7.  | STANLEY TUYA      | 058  | 1987 | LNT | 60.09   |
| 8.  | ELIJAH SEMBEIYO   | 402  | 1992 | ISL | 57.27   |
| <b><u>TRIPLE JUMP Women Final</u></b>         |                   |      |      |     |         |
| 1   | PRISCILA TABUNDA  | 410  | 1987 | ISL | 12.39   |
| 2   | PETROLINAH MWOMBE | 108  |      | NKI | 11.98   |
| 3   | CHEROTICH KOECH   | 807  | 1989 | NBI | 11.80   |
| 4   | ROSE MORAA        | 1000 | 1994 | LAB | 11.61   |
| 5   | J CHEPCHUMBA      | 620  | 1985 | TKA | 11.22   |
| <b><u>3000 M Steple Chase Women Final</u></b> |                   |      |      |     |         |
| 1   | MARION KIBOR      | 750  | 1994 | KAH | 9:56.4  |
| 2   | MERCY WANJIRU     | 1005 | 1987 | LAB | 10:07.0 |
| 3   | ELIZABETH MUENI   | 914  | 1991 | MAB | 10:23.3 |
| 4   | JOYLENE CHEMUTAI  | 707  | 1984 | KAH | 10:30.0 |
| 5   | MERCY KIPTOO      | 518  |      | EMB | 10:33.5 |
| 6   | PURITY CHEROMEI   | 010  | 1992 | LNT | 10:44.8 |
| <b><u>SHOT PUT Women Final</u></b>            |                   |      |      |     |         |
| 1.  | PRSCILA ISIAHO    | 022  | 1970 | LNT | 12.29   |
| 2.  | REBECCA SARANGE   | 933  |      | MAB | 11.21   |
| 3.  | JOSEPHINE KERUBO  | 438  | 1987 | ISL | 10.87   |
| 4.  | ELIZABETH KASINA  | 1121 |      | MTG | 10.26   |
| 5.  | MARGRET MUMBI     | 025  | 1987 | LNT | 9.87    |
| 6.  | CAROLINE CHEROP   | 547  |      | EMB | 9.62    |
| 7.  | JANE KIRATHE      | 439  | 1988 | ISL | 9.38    |
| 8.  | LUCY OMONDI       | 220  | 1987 | MAR | 9.36    |
| <b><u>SHOT PUT Men Final</u></b>              |                   |      |      |     |         |
| 1.  | BOAZ MONYANCHA    | 1142 | 1984 | MTG | 15.65   |
| 2.  | BENSON MAINA      | 143  | 1992 | NKI | 15.46   |
| 3.  | VINCENT TUIKONG   | 626  | 1989 | TKA | 15.09   |
| 4.  | LEONARD BETT      | 144  | 1990 | NKI | 14.53   |
| 5.  | CHARLES CHEPKWONY | 938  | 1990 | MAB | 14.17   |
| 6.  | ALLAN KIMUTAI     | 142  | 1993 | NKI | 13.82   |
| 7.  | GIDEON NGENO      | 054  | 1986 | LNT | 12.98   |
| 8.  | RICHARD METET     | 1035 | 1977 | LAB | 12.56   |
| <b><u>100M Hurdles Women Final</u></b>        |                   |      |      |     |         |
| 1   | PRISCILLA TABUNDA | 410  | 1987 | ISL | 14.3    |
| 2   | JERIOTH WANJIKU   | 1002 | 1994 | LAB | 14.8    |
| 3   | TRUPHENA MUSYIMI  | 1103 | 1992 | MTG | 15.6    |
| 4   | TABITHA MWIHAKI   | 708  | 1989 | KAH | 15.8    |
| 5   | ESTHER CHEPKURUI  | 107  | 1990 | NKI | 17.8    |
| 6   | GEORGINA MBINYA   | 904  | 1985 | MAB | 18.0    |
| 7   | JACKLINE JERUTO   | 210  | 1987 | MAR | DNS     |
| <b><u>100m Women Final</u></b>                |                   |      |      |     |         |
| 1.  | MARY TANUI        | 606  | 1989 | TKA | 12.0    |
| 2.  | ROSLYNE INDIMULI  | 508  | 1988 | EMB | 12.1    |

|                                      |                      |      |      |     |         |
|--------------------------------------|----------------------|------|------|-----|---------|
| 3.                                   | SABINA MUKOSWA       | 900  | 1989 | MAB | 12.2    |
| 4.                                   | PRISCILLA TABUDA     | 410  | 1987 | ISL | 12.4    |
| 5.                                   | ANASTASIA KANINI     | 901  | 1993 | MAB | 12.6    |
| 6.                                   | ROSE MORAA           | 1000 | 1994 | LAB | 12.7    |
| 7.                                   | PATRICIA ISICHI      | 207  | 1993 | MAR | 12.8    |
| 8.                                   | PETROLINAH MWOMBE    | 108  | 1992 | NKI | 13.0    |
| <b><u>100M Men Final</u></b>         |                      |      |      |     |         |
| 1                                    | MAURICE WASIKE       | 101  | 1993 | NKI | 9.9     |
| 2                                    | EMMANUEL LENTUKUNYE  | 301  | 1986 | GIL | 10      |
| 3                                    | CHARLES WAMWEA       | 602  | 1991 | TKA | 10.2    |
| 4                                    | GILBERT OSURE OTIENO | 400  | 1992 | ISL | 10.3    |
| 5                                    | TONY CHIRCHIR        | 202  | 1985 | MAR | 10.6    |
| 6                                    | PETER MAKUBA         | 1106 | 1989 | MTG | 10.8    |
| 7                                    | CARLEWIS AWAGE       | 702  | 1986 | KAH | 10.9    |
| <b><u>400M Women Final</u></b>       |                      |      |      |     |         |
| 1                                    | MIRIAM JEPKEMOI      | 121  | 1993 | NKI | 55.0    |
| 2                                    | SABINA MUKOSWA       | 900  | 1990 | MAB | 55.4    |
| 3                                    | DAISY KOMEN          | 608  | 1987 | TKA | 55.8    |
| 4                                    | GLADYS JEPCHUMBA     | 008  | 1994 | LNT | 56.1    |
| 5                                    | CATHERINE NANDI      | 007  | 1987 | LNT | 56.4    |
| 6                                    | HELLEN MATELONG      | 123  | 1990 | NKI | 58.5    |
| 7                                    | ROSE CHERONO         | 903  | 1989 | MAB | 58.8    |
| 8                                    | VICTORINE JEPKIRUI   | 706  | 1990 | KAH | 63.8    |
| <b><u>HIGH JUMP Women Final</u></b>  |                      |      |      |     |         |
| 1.                                   | PRISCILA NASIMIYU    | 410  | 1987 | ISL | 1.70    |
| 2.                                   | CAROLINE CHEROTICH   | 719  | 1987 | KAH | 1.70    |
| 3.                                   | CHEROTICH KOECH      | 807  | 1989 | NBI | 1.55    |
| 4.                                   | NORAH JEPTOO         | 1014 | 1995 | LAB | 1.50    |
| <b><u>5000m Women Final</u></b>      |                      |      |      |     |         |
| 1.                                   | HELEN ONSANDO        | 1004 | 1987 | LAB | 15:43.2 |
| 2.                                   | VERONICAH WANJIRU    | 1011 | 1990 | LAB | 15:51.6 |
| 3.                                   | JOYCLINE JEPKOSGEI   | 217  | 1993 | MAR | 15:54.9 |
| 4.                                   | SHEILA CHEPKIRUI     | 617  | 1987 | TKA | 16:04.9 |
| 5.                                   | PENNINAH KANDIE      | 616  | 1992 | TKA | 16:13.8 |
| 6.                                   | JOYLINE KOIMA        | 1105 | 1994 | MTG | 16:39.1 |
| 7.                                   | GLADYS KIAMAINA      | 710  | 1992 | KAH | 16:45.5 |
| 8.                                   | VIOLAH YATOR         | 216  | 1994 | MAR | 16:51.7 |
| 9.                                   | PAULINE CHEMNING     | 923  | 1988 | MAB | 17:01.3 |
| <b><u>TRIPLE JUMP Men Final</u></b>  |                      |      |      |     |         |
| 1                                    | EDWIN LANGAT         | 752  |      | KAH | 16.28   |
| 2                                    | ELIJAH KIMITEI       | 154  | 1986 | NKI | 16.17   |
| 3                                    | GILBERT KEMOI        | 231  | 1995 | MAR | 15.41   |
| 4                                    | GEOFFREY LEITICH     | 063  | 1990 | LNT | 14.75   |
| 5                                    | KENNEDY MAGUT        | 326  | 1993 | GIL | 14.47   |
| <b><u>110M Hurdles Men Final</u></b> |                      |      |      |     |         |
| 1.                                   | WILLY MBEVI          | 1016 | 1993 | LAB | 14.4    |
| 2.                                   | VINCENT TARUS        | 1018 | 1984 | LAB | 15.0    |
| 3.                                   | AMMON CHEPSONGOL     | 712  | 1984 | KAH | 15.3    |
| 4.                                   | CONESMUS MELLY       | 112  | 1990 | NKI | 15.5    |
| 5.                                   | WILSON WAHOME        | 013  | 1987 | LNT | 15.7    |
| 6.                                   | MUEKE MUTUKU         | 079  | 1993 | LNT | 15.9    |
| 7.                                   | EMMANUEL PANDE       | 306  | 1995 | GIL | 16.4    |

|                               |                      |       |      |     |         |
|-------------------------------|----------------------|-------|------|-----|---------|
| 8.                            | MCHAEL MUSYOKA       |       |      |     | 14.8    |
| <b>10000M Women Final</b>     |                      |       |      |     |         |
| 1.                            | JOYCLINE JEPKOSGEI   | 217   | 1993 | MAR | 32:26.3 |
| 2.                            | SHEILA CHEPKIRUI     | 617   | 1987 | TKA | 32:35.0 |
| 3.                            | VERONICA NYARUAI     | 1011  | 1990 | LAB | 32:51.0 |
| 4.                            | PENINAH KANDIE       | 616   | 1984 | TKA | 33:15.3 |
| 5.                            | LEONIDAH MOSOP       | 1111  |      | MTG | 34:19.3 |
| 6.                            | VIOLAH YATOR         | 216   | 1994 | MAR | 34:48.0 |
| 7.                            | BEATRICE CHEROP      | 427   | 1990 | ISL | 35:17.0 |
| <b>10000M Men Final</b>       |                      |       |      |     |         |
| 1.                            | PETER MUINDI         | 526   | 1990 | EMB | 29:20.7 |
| 2.                            | LEONARD OLOITIPTIP   | 1031  | 1990 | LAB | 29:28.4 |
| 3.                            | KIPLIMO KIMUTAI      | 1034  | 1984 | LAB | 29:45.8 |
| 4.                            | GEOFFREY KIRUI       | 937   | 1993 | MAB | 30:06.4 |
| 5.                            | STEPHEN ARITA        | 805   | 1988 | NBI | 30:11.2 |
| 6.                            | VICTOR KIPLIMO       | 133   | 1990 | NKI | 30:15.6 |
| 7.                            | KIPRONO CHEBET       | 225   | 1994 | MAR | 30:23.4 |
| 8.                            | WILSON KIBOGO        | 317   | 1988 | GIL | 30:23.9 |
| <b>200M Women Final</b>       |                      |       |      |     |         |
| 1                             | SABINA MUKOSWA       | 900   |      | MAB | 24.3    |
| 2                             | MARY TANUI           | 606   | 1989 | TKA | 24.6    |
| 3                             | CATHERINE NANDI      | 007   | 1987 | LNT | 25.0    |
| 4                             | PATRICIA ISICHI      | 207   | 1993 | MAR | 25.2    |
| 5                             | ROSLYNE INDIMULI     | 508   | 1988 | EMB | 25.4    |
| 6                             | QUEEN KISEMBE        | 1001  | 1993 | LAB | 25.6    |
| 7                             | ANASTASIA KANINI     | 901   |      | MAB | 26.0    |
| <b>200M Men Final</b>         |                      |       |      |     |         |
| 1                             | ALPHAS KISYOYAN      | 909   | 1993 | MAB | 20.3    |
| 2                             | EMMANUEL LENTUKUNYE  | 302   | 1986 | GIL | 20.5    |
| 3                             | GILBERT OSURE OTIENO | 400   | 1992 | ISL | 20.7    |
| 4                             | MAURICE WASIKE       | 101   | 1993 | NKI | 20.9    |
| 5                             | CHARLES WAMWEA       | 602   | 1991 | TKA | 21.1    |
| 6                             | TONY CHIRCHIR        | 202   | 1985 | MAR | 21.3    |
| 7                             | SAMUEL OCHUKUT       | 701   | 1989 | KAH | 21.5    |
| 8                             | EVANS RONO           | 1110  | 1994 | MTG | 21.7    |
| <b>Decathlon Men Final</b>    |                      |       |      |     |         |
| 1                             | ELIJAH KIMITEI       | 154   | 1989 | NKI | 6604    |
| 2                             | ELIJAH CHESOEN       | 745   | 1986 | KAH | 6554    |
| 3                             | VINCENT TARUS        | 1018  | 1984 | LAB | 6242    |
| 4                             | MOSES RONO           | 770   | 1990 | KAH | 5363    |
| 5                             | LABAN ROTICH         | 560   | 1991 | EMB | 5137    |
| 6                             | WILSON BARASA        | 444   | 1991 | ISL | 4932    |
| 7                             | GILBERT CHERUIYOT    | 11068 | 1990 | MTG | 4850    |
| 8                             | PETER LEKAMARIO      | 212   | 1985 | MAR | 4656    |
| <b>Heptathlon Women Final</b> |                      |       |      |     |         |
| 1                             | GLADYS NYANCHAMA     | 905   | 1988 | MAB | 3312    |
| 2                             | SUSAN MURREY         | 110   |      | NKI | 3282    |
| 3                             | ESTHER CHEPKURUI     | 107   |      | NKI | 2903    |
| 4                             | JACKLINE JERUTO      | 210   | 1987 | MAR | 2784    |
|                               |                      |       |      |     |         |

| <b>400M Hurdles Women Final</b> |                  |      |      |     |      |
|---------------------------------|------------------|------|------|-----|------|
| 1                               | JERIOTH WANJIKU  | 1002 | 1994 | LAB | 61.2 |
| 2                               | PRISCILLA TABUDA | 410  | 1987 | ISL | 61.5 |
| 3                               | NANCY SANG       | 122  | 1990 | NKI | 62.2 |
| 4                               | HELLEN MATELONG  | 123  | 1990 | NKI | 62.6 |
| 5                               | TABITHA MWIHAKI  | 708  | 1990 | KAH | 63.8 |

| <b>400M Hurdles Men Final</b> |                  |      |      |     |      |
|-------------------------------|------------------|------|------|-----|------|
| 1                             | BONIFACE MUCHERU | 113  | 1990 | NKI | 51.2 |
| 2                             | WILLY MBEVI      | 1016 | 1993 | LAB | 51.5 |
| 3                             | EDWARD NGUNJIRI  | 015  | 1993 | LNT | 52.6 |
| 4                             | CONESMAS MELI    | 112  | 1990 | NKI | 56.3 |

| <b>800M Women Final</b> |                  |      |      |     |        |
|-------------------------|------------------|------|------|-----|--------|
| 1                       | SELA JEPLETING   | 009  | 1990 | LNT | 2:02.2 |
| 2                       | WINNIE CHEBET    | 610  | 1990 | TKA | 2:02.4 |
| 3                       | JUDITH KIYENG    | 911  | 1993 | MAB | 2:03.1 |
| 4                       | REGINAH MURUGI   | 1003 | 1994 | LAB | 2:06.6 |
| 5                       | GLADYS JEPCHUMBA | 008  | 1994 | LNT | 2:10.4 |
| 6                       | JARINTER MAWIA   | 1104 | 1994 | MTG | 2:12.5 |

| <b>800M Men Final</b> |                     |      |      |     |        |
|-----------------------|---------------------|------|------|-----|--------|
| 1                     | NICHOLAS KIPLANGAT  | 802  | 1990 | NBI | 1:44.9 |
| 2                     | MATHEW RONO         | 413  | 1987 | ISL | 1:45.1 |
| 3                     | EDWIN KEMBOI        | 611  | 1985 | TKA | 1:45.2 |
| 4                     | BENARD KIPYEGON     | 115  | 1986 | NKI | 1:45.4 |
| 5                     | MOSES KIPKEMBOI     | 605  | 1991 | TKA | 1:45.7 |
| 6                     | TIMOTHY KITUM       | 1020 | 1992 | LAB | 1:46.2 |
| 7                     | CORNELIUS KIPLANGAT | 326  | 1992 | GIL | 1:46.8 |
| 8                     | JACKSON KIVUYA      | 915  | 1989 | MAB | 1:49.8 |

| <b>400M Men Final</b> |                  |      |      |     |      |
|-----------------------|------------------|------|------|-----|------|
| 1                     | ALPHAS KISYOYAN  | 909  | 1993 | MAB | 45.7 |
| 2                     | BONIFACE MWERESA | 1008 | 1993 | LAB | 46.2 |
| 3                     | SAIDI RUTTO      | 603  | 1990 | TKA | 46.6 |
| 4                     | JOSEPH POGISHIO  | 111  | 1990 | NKI | 46.8 |
| 5                     | JOHNATHAN KIBET  | 304  | 1984 | GIL | 47.2 |
| 6                     | GERALD MOMANYI   | 504  | 1988 | EMB | 47.5 |
| 7                     | CLEOPHAS KIPRUTO | 204  | 1996 | MAR | 48.0 |

| <b>HIGH JUMP MEN Final</b> |                    |      |      |     |      |
|----------------------------|--------------------|------|------|-----|------|
| 1                          | MATHEW SAWE        | 641  | 1986 | TKA | 2.20 |
| 2                          | AMOS KIPSAINA      | 744  | 1984 | KAH | 2.00 |
| 3                          | ANDREW KIPYEGO     | 1145 | 1992 | MTG | 2.00 |
| 4                          | ELIJAH CHESOEN     | 745  | 1986 | KAH | 1.95 |
| 5                          | KOECH              | 232  | 1986 | MAR | 1.95 |
| 6                          | ALPHAS KIPCHIRCHIR | 325  | 1993 | GIL | 1.90 |
| 7                          | SAMUEL KAINDIO     | 061  | 1995 | LNT | 1.90 |
| 8                          | MARK NGETICH       | 965  | 1993 | MAB | 1.90 |

| <b>5000 M Men Final</b> |                  |      |      |     |         |
|-------------------------|------------------|------|------|-----|---------|
| 1                       | CYRUS RUTTO      | 224  | 1993 | MAR | 13:32.8 |
| 2                       | PETER NDEGWA     | 042  | 1989 | LNT | 13:34.8 |
| 3                       | DOUGLAS KIPSEREM | 041  | 1988 | LNT | 13:35.5 |
| 4                       | PETER MUINDI     | 526  |      | EMB | 13:36.5 |
| 5                       | FRANKLIN NG'ELEL | 1032 | 1992 | LAB | 13:38.7 |
| 6                       | VERDIC CHERUIYOT | 1138 |      | MTG | 13:45.7 |

|                                     |                     |      |      |     |         |
|-------------------------------------|---------------------|------|------|-----|---------|
| 7                                   | STEPHEN ARITA       | 805  | 1988 | NBI | 13:53.6 |
| 8                                   | KAMAU KARANJA       | 043  | 1990 | LNT | 14:01.7 |
| <b>1500M Women Final</b>            |                     |      |      |     |         |
| 1                                   | JUDITH KİYENG       | 911  | 1993 | MAB | 4:13.3  |
| 2                                   | WINNIE CHEBET       | 610  | 1990 | TKA | 4:13.5  |
| 3                                   | SELA JEPLETING      | 009  | 1990 | LNT | 4:15.8  |
| 4                                   | CAROLINE CHEPKEMOI  | 709  | 1990 | KAH | 4:20.8  |
| 5                                   | REGINAH MURUGI      | 1003 | 1994 | LAB | 4:31.6  |
| 6                                   | NANCY CHEBET LANGAT | 913  | 1981 | MAB | 4:47.7  |
| 7                                   | SCOLA JEPKEMBOI     | 124  | 1989 | NKI | 5:03.3  |
| 8                                   | ALPHINE MOSE        | 416  | 1982 | ISL | 5:05.4  |
| <b>1500M Men Final</b>              |                     |      |      |     |         |
| 1                                   | CHARLES SIMOTWO     | 722  | 1991 | KAH | 3:37.5  |
| 2                                   | COLLINS KOROS       | 803  | 1990 | NBI | 3:38.2  |
| 3                                   | ERICK KIPTANUI      | 522  | 1990 | EMB | 3:38.4  |
| 4                                   | VINCENT LETTING     | 032  | 1986 | LNT | 3:39.5  |
| 5                                   | EVANS KIPCHUMBA     | 521  | 1994 | EMB | 3:40.6  |
| 6                                   | STANLEY BOR         | 919  | 1989 | MAB | 3:41.3  |
| 7                                   | VICTOR KIBET        | 309  | 1993 | GIL | 3:46.6  |
| <b>3000m Steeplechase Men Final</b> |                     |      |      |     |         |
| 1                                   | ABEL MUTAI          | 613  | 1987 | TKA | 8:25.9  |
| 2                                   | BENJAMIN KIGEN      | 127  |      | NKI | 8:26.6  |
| 3                                   | PHENUS KIPLETING    | 524  | 1994 | EMB | 8:30.1  |
| 4                                   | FELIX KIRONG        | 1129 | 1986 | MTG | 8:31.1  |
| 5                                   | HILLARY KEMBOI      | 422  | 1987 | ISL | 8:31.7  |
| 6                                   | FESTUS KIPRONO      | 1029 | 1995 | LAB | 8:34.4  |
| 7                                   | WILSON MARABA       | 423  | 1987 | ISL | 8:40.0  |
| 8                                   | GEOFFREY NGENO      | 311  | 1989 | GIL | 8:40.8  |
| <b>4 x 100m RELAYS WOMEN Final</b>  |                     |      |      |     |         |
| 1                                   | LAB                 |      |      |     | 48.2    |
| 2                                   | MTG                 |      |      |     | 48.6    |
| 3                                   | MAB                 |      |      |     | 48.9    |
| 4                                   | TKA                 |      |      |     | 49.6    |
| 5                                   | ISL                 |      |      |     | 49.9    |
| <b>4 x 100m RELAYS MEN Final</b>    |                     |      |      |     |         |
| 1                                   | MTG                 |      |      |     | 40.9    |
| 2                                   | TKA                 |      |      |     | 41.1    |
| 3                                   | KAH                 |      |      |     | 41.2    |
| 4                                   | NKI                 |      |      |     | 41.5    |
| 5                                   | GIL                 |      |      |     | 41.6    |
| 6                                   | LAB                 |      |      |     | 41.8    |
| <b>4 x 400m RELAYS WOMEN Final</b>  |                     |      |      |     |         |
| 1.                                  | TKA                 |      |      |     | 3:43.6  |
| 2.                                  | LNT                 |      |      |     | 3:46.4  |
| 3.                                  | LAB                 |      |      |     | 3:47.8  |
| 4.                                  | NKI                 |      |      |     | 3:51.4  |
| 5.                                  | MAB                 |      |      |     | 3:53.7  |
| 6.                                  | ISL                 |      |      |     | 4:01.3  |
| 7.                                  | KAH                 |      |      |     | 4:02.5  |
| 8.                                  | MAR                 |      |      |     | 4:14.8  |



**4 x 400m RELAYS MEN Final**

|    |     |  |  |  |        |
|----|-----|--|--|--|--------|
| 1. | TKA |  |  |  | 3:07.5 |
| 2. | LAB |  |  |  | 3:08.4 |
| 3. | NKI |  |  |  | 3:08.9 |
| 4. | MAB |  |  |  | 3:14.3 |
| 5. | MAR |  |  |  | 3:14.3 |
| 6. | NBI |  |  |  | 3:15.1 |
| 7. | LNT |  |  |  | 3:16.4 |
| 8. | EMB |  |  |  | 3:17.4 |

**Tug of War Final**

|   |        |  |  |  |  |
|---|--------|--|--|--|--|
| 1 | LNT    |  |  |  |  |
| 2 | LAB    |  |  |  |  |
| 3 | GILGIL |  |  |  |  |
| 4 | ISL    |  |  |  |  |

**VICTORES**

|    |                   |     | <b>G</b> | <b>S</b> | <b>B</b> |
|----|-------------------|-----|----------|----------|----------|
| 1. | PRISCILLA TABUNDA | ISL | 4        | 1        | 0        |

**VICTOR**

|    |                |     | <b>G</b> | <b>S</b> | <b>B</b> |
|----|----------------|-----|----------|----------|----------|
| 1. | ELIJAH KIMITEI | NKI | 2        | 1        | 0        |

|    |             |     | <b>N/R</b> | <b>O/R</b> |      |
|----|-------------|-----|------------|------------|------|
| 1. | LUCY OMONDI | MAR | 11/5/17    | 50.13      | 46.6 |

| <b>TEAM</b>       | <b>G</b> | <b>S</b> | <b>B</b> | <b>Total</b> |
|-------------------|----------|----------|----------|--------------|
| GILGIL            | 0        | 0        | 0        | 0            |
| NAIROBI           | 0        | 0        | 2        | 2            |
| EMBAKASI          | 0        | 1        | 1        | 2            |
| MTONGWE           | 0        | 2        | 1        | 3            |
| NANYUKI           | 1        | 3        | 2        | 6            |
| MARSABIT          | 2        | 0        | 1        | 3            |
| LANET             | 2        | 1        | 3        | 6            |
| THIKA             | 2        | 4        | 1        | 7            |
| LAIKIPIA AIR BASE | 3        | 4        | 5        | 12           |
| ISIOLO            | 4        | 1        | 1        | 6            |
| KAHAWA            | 4        | 2        | 0        | 6            |
| MOI AIR BASE      | 4        | 4        | 5        | 13           |

| <b>TEAM</b>       | <b>G</b> | <b>S</b> | <b>B</b> | <b>Total</b> |
|-------------------|----------|----------|----------|--------------|
| ISIOLO            | 0        | 1        | 1        | <b>2</b>     |
| LANET             | 0        | 1        | 2        | <b>3</b>     |
| MARSABIT          | 1        | 0        | 1        | <b>2</b>     |
| NAIROBI           | 1        | 1        | 0        | <b>2</b>     |
| MTONGWE           | 2        | 0        | 2        | <b>4</b>     |
| EMBAKASI          | 2        | 1        | 2        | <b>5</b>     |
| MOI AIR BASE      | 2        | 2        | 0        | <b>4</b>     |
| GILGIL            | 2        | 2        | 1        | <b>5</b>     |
| KAHAWA            | 2        | 2        | 2        | <b>6</b>     |
| LAIKIPIA AIR BASE | 2        | 6        | 3        | <b>11</b>    |
| THIKA             | 4        | 1        | 5        | <b>10</b>    |
| NANYUKI           | 4        | 5        | 3        | <b>12</b>    |

| <b>TEAM</b>       | <b>G</b> | <b>S</b> | <b>B</b> | <b>Total</b> |
|-------------------|----------|----------|----------|--------------|
| NAIROBI           | 1        | 1        | 2        | <b>4</b>     |
| GILGIL            | 2        | 2        | 1        | <b>5</b>     |
| EMBAKASI          | 2        | 2        | 3        | <b>7</b>     |
| MTONGWE           | 2        | 2        | 3        | <b>7</b>     |
| LANET             | 2        | 2        | 5        | <b>9</b>     |
| MARSABIT          | 3        | 0        | 2        | <b>5</b>     |
| ISIOLO            | 4        | 2        | 2        | <b>8</b>     |
| NANYUKI           | 5        | 8        | 5        | <b>18</b>    |
| LAIKIPIA AIR BASE | 5        | 10       | 8        | <b>23</b>    |
| KAHAWA            | 6        | 4        | 2        | <b>12</b>    |
| THIKA             | 6        | 5        | 6        | <b>17</b>    |
| MOI AIR BASE      | 6        | 6        | 5        | <b>17</b>    |