

AK PRISONS TRACK AND FIELD CHAMPIONSHIP 12TH-13TH MAY 2017 RESULTS

10000M MEN

FINAL

POS	NAME	REGION	BIB NO	TIME
1	CORNELIUS KANGOGO	NYANZA	214	28:26.7
2	THOMAS LONGOSIWA	PSTC	045	28:31.9
3	JOSPHAT KIPCHIRCHIR	NYANZA	239	28:36.7
4	EMMANUEL NGATUNY	NYANZA	500	28:38.5
5	COSMAS BIRECH	RVP	152	28:53.8
6	LANGAT LEONARD	PSTC	048	28:55.8
7	PETER EMASE	PHQ	005	29:05.5
8	TIMOTHY KIMEI	PHQ	029	29:05.8

HAMMER MEN

FINAL

POS	NAME	REGION	BIB NO	DISTANCE
1	NICODMUS KIPCHIRCHIR	NYANZA	496	44.06
2	EDWIN KIPYEGON	RVP	144	39.33
3	ERICK MAREMO	CENTRAL	365	31.95

LONG JUMP MEN

FINAL

POS	NAME	REGION	BIB NO	DISTANCE
1	TERAH LANGAT	RVP	187	7.49
2	DOMINIC KIPTOK	PSTC	055	7.13
3	MAINA NJENGA	PSTC	057	7.01
4	LANGAT KIPKURUI	NRB	134	6.92
5	KIPKURUI KENNETH	PSTC	056	6.87
6	JUSTUS CHUMBA	NRB	133	6.74
7	DOMINC KIPTOO	RVP	145	6.53
8	KANDIE HILLARY	WESTERN	255	6.44

HIGH JUMP WOMEN

FINAL

POS	NAME	REGION	BIB NO	DISTANCE
1	MAUREEN ABURA	RVP	179	1.65
2	IVYINE CHEPKEMOI	PHQ		1.60
3	CYNTHIA MULIRO	NYANZA	495	1.55
4	ANN NJOKI	WESTERN	260	1.50
5	CATHERINE MWENDWA	NYANZA	194	1.40

LONG JUMP WOMEN

FINAL

POS	NAME	REGION	BIB NO	DISTANCE
1	IVYNE CHEPKEMOI	PHQ	001	5.73
2	REGINA MULATIA	RVP	190	5.46

3	MAUREEN WAFULA	RVP	179	5.35
4	MILICENT RUTO	NYANZA	218	4.85
5	ALICE EPUSKOU	EASTERN	341	4.67
6	CATHERINE JACKSON	RVP	176	4.66
7	NAOMI CHEPNGENO	NRB	136	4.65
8	CAROH NASIEKU	COAST	316	3.90

HIGH JUMP MEN				
FINAL				
POS	NAME	REGION	BIB NO	DISTANCE
1	FRANK CHERUIYOT	NYANZA	489	2.00
2	DANCUN BUSIENEI	PHQ	015	1.95
3	EDWIN TOO	NEP	417	1.95
4	EKWAM ZABLON	RVP	148	1.80
5	PETER KEMBOI	CENTRAL	400	1.75

3000M STEEPLECHASE WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	TIME
1	NANCY KIMAIYO	NYANZA	209	10:01.2
2	WINFRED MUTILE	PSTC	071	10:06.4
3	EMMANUEL JEBET	RVP	185	10:06.6
4	MAUREEN CHEPKEMOI	NYANZA	205	10:13.9
5	MARSLINE ONDIEKI	NRB	471	10:25.7
6	SYLVIA KIPSUMIAN	RVP	178	10:36.0
7	LILIAN BUSENA	NYANZA	210	10:38.8
8	GLORIA JEPKORIR	NYANZA	211	10:50.6

5000M WOMEN				
POS	NAME	REGION	BIB NO	TIME
1	NANCY NZINZA	EASTERN	352	16:06.9
2	VISLINE CHEPKESHO	PSTC	074	16:10.8
3	PAMELA CHEROTICH	NYANZA	204	16:23.6
4	NAOMY NDOLO	NYANZA	490	16:25.8
5	JANE MWIKALI	PSTC	073	16:38.2
6	AGNES KATUNGE	PHQ	007	16:38.5
7	MARGARET WANJIRU	PSTC	468	16:39.9
8	CATHERINE SYOKAU	NYANZA	444	16:42.8

SHOT PUT MEN				
FINAL				
POS	NAME	REGION	BIB NO	DISTANCE
1	PETER MWANGI	EASTERN	350	14.94
2	ERICK MALEMO	CENTRAL	365	13.71
3	NICHOLAS KIPROTICH	RVP	486	13.52
4	FREDRICK CHUMBA	NRB	121	12.15

5	CORNELIUS KIPKOECH	PSTC	060	11.54
6	KOECH STEPHEN	PSTC	061	11.51
7	TYSON KEMBOI	RVP	142	11.38

SHOT PUT WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	DISTANCE
1	NYONGESA JACKLINE	PSTC	077	11.75
2	FINTAN OKUKU	NYANZA	216	10.69
3	IRINE AKIFUMA	RVP	166	10.55
4	SHANGILA RAMATHAN	CENTRAL	396	9.77
5	WABULE IRINE	EASTERN	345	8.76
6	JACKLINE JELAGAT	NRB	128	8.65
7	LILIAN MWOK	NRB	131	8.19
8				
DISCUSS MEN				
FINAL				
POS	NAME	REGION	BIB NO	DISTANCE
1	ERICK MALEMO	CENTRAL	365	40.29
2	EDWIN KERING	RVP	463	39.97
3	FREDRICK CHUMBA	NRB	121	39.18
4	NICODEMUS KIPCHIRCHIR	NYANZA	496	38.31
5	ELIJAH OTOTO	EASTERN	331	31.12
6	JOSEPH MARITIM	NRB	126	31.09
7	KOECH STEPHEN	PSTC	061	29.75
8	EDWIN KIPYEGON	RVP	144	28.42

DISCUSS WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	DISTANCE
1	MARY CHEROTICH	COAST	304	38.10
2	EVERLINE BOSIBORI	PHQ	008	37.52
3	JACKLINE CHEROTICH	NRB	128	32.87
4	IRINE AKIFUNA	RVP	166	32.48
5	AGNES KULUNDO	CENTRAL	395	28.99
6	MARGRET INDANYI	NRB	9	27.85
HAMMER WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	DISTANCE
1	EVERL BOSIBORI	PHQ	008	40.59
2	NANCY KANINI	NRB	450	35.13
3	ESTHER AKINYI	CENTRAL	398	28.42
4	BEATRICE CHEROP	NRB	138	26.98
5	JACKLINE NYONGESA	PSTC	077	26.72
6	IRINE WABULE	NRB	451	24.29
7	CHANTALE PRECIOUS	CENTRAL	396	22.24

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10KM WALK WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	DISTANCE
1	SYLVIA KEMBOI	PHQ	013	53:34.0
2	ESTHER WAMBUI	NRB	118	57:22.4
3	REGINA NGENE	NYZ	208	58:36.6
4	EST WAIRIMU	NRB	117	60:14.7
5	TERESIA NJOKI	NYZ	213	65:36.0
6	JANET KIPTOO	NRB	119	68:11.2
7	ANNE NJERI	NYZ	217	68:53.8
8	HELLEN MUTUNGA	NYZ	381	69:51.2
9	MARGRET MANOE	CENTRAL	385	
10	SOPHIA WANJA	PSTC	464	
11	FELISTER KIMANI	COAST	290	

25KM WALK MEN				
FINAL				
POS	NAME	REGION	BIB NO	DISTANCE
1	SAMWEL GATHIMBA	PSTC	051	42:53.7
2	SILVANUS WEKESA	RVP	141	45:26.9
3	ERICK SHIKUKU	COAST	310	45:26.9
4	DAVID MUNYAO	PSTC	022	46:20.8
5	JORAM GATUARA	NYANZA	232	47:35.8
6	ALFRED MUTOKO	NRB	116	53:28.5
7	STEPHEN CHERUYOT	RVP	164	54:17.9
8	SHADRACK OMWANSA	EASTERN	335	54:19.6
9	JAMES WACHIRA	CENTRAL	399	

100MH WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	DISTANCE
1	MAUREEN CHELAGAT	WESTERN	259	15.2
2	IVYN CHEPKEMOI	PHQ	001	15.4
3	BRIDGIT JELAGAT	WESTERN	264	16.3
4	CYNTHIA MULILO	NYANZA	212	16.5
5	ELIZABETH	NRB	111	18.2
6	OGOTI VARNIC	NRB	449	18.4
7	CATHERINE JACKSON	RVP	176	19.5
8				

110MH MEN				
FINAL				
POS	NAME	REGION	BIB NO	DISTANCE
1	SAMMY KORIR	EASTERN	347	15.0
2	BERNARD WANYOIKE	NRB	450	15.2
3	DENNIS KIMEU	NRB	094	15.6

4	STEPHEN ROTICH	PSTC	054	16.0
5	SAMWEL RUKWARU	EATERN	327	18.4
6	CHARLES NAYENG	EASTERN	338	21.1
7				
8				

DARTS MEN				
FINAL				
POS	NAME	REGION	BIB NO	DISTANCE
1	IBRAHIM ABUTA	COAST		
2	GEORGE WALICHA	NAIROBI		
3	JONATHAN KANGOGO	N.EASTERN		

DARTS WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	DISTANCE
1	ALICE CHENG'OLE	NRB		
2	FLORENCE KIPSUGUT	RVP		
3	GRACE NYAMUHANGA	NRB		

DARTS				
FINAL				
POS	TEAM	REGION	BIB NO	DISTANCE
1	NRB			
2	RVP			
3	COAST			
4	N.EASTERN			
5	WESTERN			
6	PSTC			
7	CENTRAL			
8	PHQ			
9	EASTERN			
10	NYANZA			

400MH WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	DISTANCE
1	MAUREEN CHELAGAT	WESTERN	259	62.1
2	GLADYS NGURE	NRB	449	65.4
3	IRINE KANYIVA	NYANZA	223	65.6
4	MARTHA CHELIMO	RVP	177	68.6
5	ELIZABETH KIMUYU	NRB	448	68.8
6	BRIDGIT JELAGAT	WESTERN	264	70.4
7	CATHERINE WECHULI	NRB	447	76.7

400MH MEN				
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FINAL				
POS	NAME	REGION	BIB NO	TIME
1	VINCENT KOSGEI	NYANZA	222	51.6
2	STEPHEN TENAI	NYANZA	494	51.8
3	GEOFFREY MUTAI	RVP	188	52.5
4	HARON TANUI	NYANZA	493	52.7
5	STEPHEN ROTICH	PSTC	054	54.2
6	DOMINIC BITOK	PSTC	055	56.3

JAVELIN WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	DIST.
1	IVYN JEPKEMOI	PHQ	001	40.61
2	BEATRICE CHEROP	RVP	180	36.56
3	BECKY CHELANGAT	NRB	132	35.93
4	MARY CHEROTICH	COAST	304	33.33
5	AGNES KILUNDO	CENTRAL	395	33.23
6	CAROLINE TOO	RVP	181	32.37
7	PAULINE CHEYECH	RVP	141	32.10
8	VANICE CHEPKORIR	PSTC	079	29.76

POLE VAULT MEN				
FINAL				
POS	NAME	REGION	BIB NO	DIST.
1	FRANKLINE CHERUIYOT	NYANZA		3.70
2	EDWIN TOO	N.EASTERN		3.60
3				

5,000M MEN				
FINAL				
POS	NAME	REGION	BIB NO	DIST.
1	WILFRED KIMUTAI	EASTERN	351	13:37.2
2	CORNELIUS KANGOGO	NYANZA	202	13:38.9
3	FREDRICK KIPKOSGEI	RVP	184	13:39.1
4	ROBERT KIPCHIRCHIR	NRB	106	13:39.6
5	ALFRED BARKACH	WESTERN	253	13:42.6
6	BERNARD MOSONIC	NRB	104	14:01.1
7	JOHNSON MEYOKEI	PSTC	046	14:01.5
8	DANIEL TOO	NRB	461	14:04.1
9	ELIKANA ARUSEI	RVP		

1500M WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	TIME
1	FLORENCE WASIKE	NYANZA	198	4:18.5

2	TABITHA WAMBOI	CENTRAL	366	4:20.3
3	WINFRED MUTILE	PSTC	066	4:20.7
4	JACKLINE WAMBUI	COAST	446	4:23.9
5	MIRRIAM MUTHONI	COAST	311	4:25.3
6	MARGARET WANJIRU	PSTC	468	4:31.4
7	VIVIAN CHEPKURUI	RVP	182	4:32.2
8	CAROLINE CHELIMO	RVP	173	4:33.0
1500M MEN				
FINAL				
POS	NAME	REGION	BIB NO	TIME
1	TIMOTHY CHERUIYOT	CENTRAL	364	3:40.8
2	MARK BETT	NRB	103	3:42.6
3	JAMES TENAI	RVP	155	3:42.9
4	HOSEA CHERONEY	NYANZA	235	3:43.1
5	MATHEW KIPTANUI	NYANZA	237	3:43.4
6	JOSEPH NJENGA	COAST	462	3:47.7
7	BRIMIN KIPROTICH	WESTERN	249	3:48.4
8	JOSHUA KIPKOECH	NRB	098	3:48.8

100M MEN				
FINAL				
POS	NAME	REGION	BIB NO	TIME
1	FERDNARD OMANYALA	NRB	082	10.2
2	MICHAEL NGUGI	PSTC	031	10.4
3	JOSEPH ONDUTO	PSTC	032	10.6
4	PIUS MUIA	PHQ	003	10.8
5	PHILIP NGWONO	NRB	081	11.0
6	BONFACE CHITAYI	N.EATERN	418	11.1
7	KYALO KIOKO	NYANZA	224	11.3
8	HESBON OCHIENG	PSTC	033	DNS

100M WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	TIME
1	DAMARIS AKOTH	PHQ	016	12.0
2	MARISELA NYABOKE	NYANZA	220	12.3
3	EDINA OGENDI	PSTC	065	12.5
4	VALERINE GELAWI	EASTERN	354	12.7
5	ELIZABETH NEKESA	NEP	424	12.9
6	LAVENDA AMUTAVI	NRB	092	13.0
7	ROSEBELLA AYOTI	WESTERN	215	13.2
8	NICE SILANTOI	PSTC	066	13.3

400M WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	TIME

1	MARGARET NYAIRERA	N.EASTERN	416	52.5
2	MERCY KHADIJA	PSTC	070	54.6
3	NEVIAN MICHIRA	N.EASTERN	423	54.9
4	ANNE NDUNGWA	NYANZA	195	56.1
5	WINNY MAKORI	NRB	137	59.2
6	CAROLINE CHEBIWOTT	RVP	172	60.9
7	EDITH MUTHONI	CENTRAL	393	61.6
8	EUNICE NDUNG'U	NYANZA	197	63.3

400M MEN				
FINAL				
POS	NAME	REGION	BIB NO	TIME
1	GEOFFREY KIPROTICH	PHQ	012	46.5
2	KEVIN KIPROTICH	PHQ	002	46.9
3	VINCENT KOSGEI	NYANZA	222	47.2
4	MOSES KERTICH	WESTERN	257	47.6
5	GODFREY WANJALA	RVP	151	48.0
6	MARK MUTAI	PSTC	036	48.5
7	GABRIEL LARMOI	NRB	090	48.9
8	JACOB SIFALAS	RVP	159	52.2

TRIPPLE JUMP WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	DIST.
1	IVYN CHEPKEMOI	PHQ	001	12.58
2	REGINA MULATIA	RVP	190	12.05
3	MILLICENT RUTO	NYANZA	218	11.21

TRIPPLE JUMP MEN				
FINAL				
POS	NAME	REGION	BIB NO	DIST.
1	LANGAT TERAH	RVP	187	15.10
2	JUSTUS CHUMBA	NRB	133	15.02
3	KIPKIRUI KENNEDY	PSTC	056	14.64
4	DOMINIC KIPTOO	RVP	145	14.45
5	PYEGON KIPLANGAT	PHQ	004	13.57
6	BERNARD KIPLAGAT	PSTC	059	13.36

JAVELINE MEN				
FINAL				
POS	NAME	REGION	BIB NO	
1	DAVID PARSITAU	PSTC	062	58.08
2	FREDRICK CHUMBA	NRB	121	54.15
3	KIPYEGON NGETICH	PHQ	028	54.06
4	SHEM SIMOTWO	PHQ	027	52.47

5	SHADRACK KEMBOI	RVP	144	50.13
6	KIPKEMBOI KEVIN	COAST	308	47.76
7	KITUR KINGENO	NRB	125	47.49
8	TIMOTHY KIBET	PSTC	075	45.58

10000M WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	TIME
1	ALICE APROT	COAST	301	32:13.4
2	PAULINE WANGUI	NEP	408	33:47.2
3	MAUREEN CHEPKEMOI	NYANZA	205	34:13.8
4	NANCY KIMAIYO	NYANZA	209	34:13.9
5	LILIAN CHELANGAT	RVP	174	34:30.8
6	SHEMITH MORIORI	NRB	107	34:40.8
7	PURITY WANJIKU	PSTC	073	34:41.6
8	ESTHER WANJIKU	NYANZA	206	35:05.7

200 M WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	TIME
1	MARGRET NYAIRERA	N.ESTERN	416	24.1
2	DAMARIS AKOTH	PHQ	016	24.5
3	NEVIAN MICHIRA	N.ESTERN	423	24.9
4	MARSELA NYABOKE	NYANZA	220	25.1
5	LAVENDA AMUTAVI	NRB	092	25.8
6	EDINA OGENDI	PSTC	068	26.0
7	ROSEBELLA AYOTI	WESTERN	265	26.3
8	VALERINE GAKANI	EASTERN	354	27.1

200M MEN				
FINAL				
POS	NAME	REGION	BIB NO	TIME
1	PIUS MUIA	PHQ	003	20.9
2	DAN KIVIASI	NB	083	21.0
3	FERDINAND OMANYALA	NRB	082	21.2
4	HESBON OCHIENG	PSTC	033	21.6
5	MICHALE NGUGI	PSTC	031	21.8
6	KYALO KIOKO	NYANZA	224	22.0
7	STEVE KARIUKI	NYANZA	500	22.7
8	STEVE ONYANGO	NYANZA	225	23.1

800M MEN				
FINAL				
POS	NAME	REGION	BIB NO	TIME
1	NICHOLAS KIPLANGAT	NYANZA	231	1:46.6
2	KUMARI TAKI	PHQ	009	1:47.6
3	LEONARD KOSECHA	COAST	443	1:48.2

4	DUNCAN SENTEMAN	NEP	420	1:48.7
5	JULIUS KIPCHIRCHIR	WESTERN	247	1:49.0
6	KIPKORIR EVANS	RVP	306	1:49.1
7	ALBANUS MUTUKU	NYANZA	219	1:49.3
8	KENNEDY CHEPSIROR	CENTRAL	262	1:49.5

800M WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	TIME
1	SILVIA CHESEBE	EASTERN	353	2:06.2
2	TABITHA WAMBOI	CENTRAL	366	2:08.5
3	CHRISTINE NDANU	NYANZA	200	2:08.9
4	ANN NDONGWA	NYANZA	195	2:09.1
5	JACKLINE WAMBOI	PSTC	062	2:11.8
6	JOSEPHINE APASE	NYANZA	221	2:14.2
7	MARY CHEBET	NRB	100	2:18.1
8	MARTHA CHELIMO	RVP	177	2:22.2
9	CHRISTINE CHEMTAI	COAST		

4X100 RELAYS MEN				
FINAL				
POS	NAME	REGION	BIB NO	TIME
1	PSTC	PSTC	031	40.8
2	NYANZA	NYANZA	220	41.9
3	PHQ	PHQ	003	42.2
4	RVP	RVP	165	42.6
5	COAST	COAST	295	42.9

4X100 RELAYS WOMEN				
FINAL				
POS	NAME	REGION	BIB NO	TIME
1	PSTC	PSTC	640	51.5
2	NYANZA	NYANZA	195	51.8
3	NAIROBI	NAIROBI	092	52.0
4	NEP	NEP	416	52.4
5	WESTERN	WESTERN	265	52.4
6	RVP	RVP	172	53.0
7	CENTRAL	CENTRAL		53.1
8	EASTERN	EASTERN		53.4

3000M MEN S/C				
FINAL				
POS	NAME	REGION	BIB NO	TIME
1	JUSTUS KIPKORIR	PSTC	038	8:35.8
2	ABRAHAM KIBIWOTT	RVP	186	8:36.0
3	ISAAC YEGO	NYANZA	498	8:37.2
4	MIKA CHESEREK	NYANZA	499	8:47.8

5	ROBERT MAIYO	WESTERN	261	8:50.8
6	COSMAS MUTAI	PSTC	044	8:51.1
7	HANNINGTON KIRUI	PSTC	063	8:51.5
8	PETER LAGAT	WESTERN	422	9:12.3

4X400M WOMEN

FINAL

POS	TEAM	REGION	BIB NO	TIME
1	NORTH EASTERN		416	3 ^{''} :54.7
2	PSTC		690	3:55.8
3	NYANZA		195	4:10.6
4	NRB		137	4:03.5
5	CENTRAL		366	4:07.8
6	RVP		172	4:13.6

4X400M MEN

FINAL

POS	TEAM	REGION	BIB NO	TIME
1	PHQ			3:10.4
2	NYANZA			3:11.1
3	NRB			3:13.2
4	PSTC			3:13.9
5	RVP			3:15.0
6	NORTH EASTERN			3:21.0
7	CENTRAL			3:24.7

