

ATHLETICS KENYA WESTERN REGION



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Our Ref: _____

Your Ref: _____

Date: _____ 20__

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REF: RESULTS – 6TH AK CROSS COUNTRY SERIES

The above event was successfully held on Saturday 2nd January 2016 at Kapsokwony High school, Bungoma county of Western region.

The results are hereby forwarded for your perusal and retention.

Please note the following:-

1. That all the four (4) events took place and the winners from position 1 to 6 were awarded the prizes as directed by Hon. Treasurer AK vide his letter dated Thursday December 17, 2015.
2. That the chief Guest was H.E Hillary Chongwony- the Deputy Governor County Government of Bungoma.
3. That Regional Attendance

Although the event was held during holidays the regionals / institution solidarity in participation by elected officials coaches and athletes was beyond expectation.

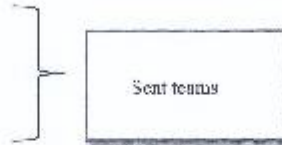
Chairman	1 st Vice Chairman	Secretary	Treasurer	Committee Members	Co-opted Members
*F. C. Afundi	*P. Kipsang	*H. Magaliti	*M. Kabaka	*F. Amsogot	*MMUST
PRO	2nd Vice Chairman	Ass. Secretary	Ass. Treasurer	*I. Mida	*Mumias Sugar Company
*R. Koko	*A. Othi	*I. Moyi	*F. O. Okwoni	*F. Muringa	*Ab'sai Mulegi
					*County Director of Education (/C of Sports Nzoia Regia)

Apart from a battery of retired elite and upcoming athletic from western region and elsewhere, we had others who came in person.

- a) Barnabus Korir- Chairman AK Nairobi.
- b) John Wachira – Chairman AK South Rift
- c) Maj. Rotich – Chairman AK North Rift
- d) Peter Angwenyi – Chairman AK Nyanza South
- e) Joseph Ochieng - Chairman AK North Nyanza
- f) Elizabeth Kaitany - AK EX-Member / Treasure Central Rift

Apologies

- a) AK Police Service
- b) AK Prisons service
- c) AK Defense forces
- d) AK Universities



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4. That the county government of Bungoma was urged to establish a home ground big race / event s to be owned by the local population instead of relying on AK cross country series which are bedded for by other sixteen regions, which cannot be guaranteed that western will always get.
 5. That the county government was urged to upgrade the grass track at Kapsokwony High school to a standard Murrun track for use by the upcoming athletes to honor their talents.
 6. That it was encouraging that elite athletes from the country have established an Association to tap the young talents especially in Mt. Elgon, this was after perusal that the Association is not that aligned to PAK.
 7. Finally the county Government of Bungoma has requested that AK grant them a cross country series on 11/12/2015 to coincide with the world mountain people day.
- As western region we support the request and we shall formally bid for it at the right time.

Yours in sports
Francis Afundi
Chairman
AK - WESTERN

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PRO	2nd Vice Chairman	Ass. Secretary	Ass. Treasurer	*I. Mico	*Mt. Elias Sugar Company
*R. Kioxo	*A. Othi	*H. Mayi	*F. O. Okwami	*K. Muringo	*Abisai Mulegi
					*County Director of Education
					(I/C of Sports Nzais Regid)

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RESULT THE SIXTH AK CROSS COUNTRY SERIES HELD AT KAPSOKWONY BOYS ON SATURDAY 2/1/2016 JUNIOR WOMEN 6KMS

KAPSOKWONY BOYS

2/1/2016

	NAME	TIME	C/NO	D.O.B	TEAM	POSITION
1	SHEILA CHELANGAT	21:19.9	119	1998	INDIVIDUAL	1
2	VALENTINE MATEIKO	21:24.9	134	1997	INDIVIDUAL	2
3	EVA CHERONO	21:34.6	117	1996	INDIVIDUAL	3
4	CELLIPHINE CHEPTEEK	21:50.2	104	1999	INDIVIDUAL	4
5	IVEEN CHEPKWEMOI	22:18.1	116	1997	INDIVIDUAL	5
6	MARRIAM CHEBET	22:35.2	149	2000	EVERGREEN	6
7	DIANA KIPSEREM	22:59.8	121	2000	INDIVIDUAL	7
8	VIVIAN CHEROP	23:14.3	101	1998	INDIVIDUAL	8
9	LYNE YEGO	23:24.3	146	2000	EVERGREEN	9
10	HILDA CHEBET	23:47.3	127	1999	INDIVIDUAL	10
11	HELLEN CHEPKOROR	23:50.8	137	1997	INDIVIDUAL	11
12	SCORVIA CHESANG		153	2000	EVERGREEN	12
13	MIRRIAM KIPSEREM		123	2000	INDIVIDUAL	13
14	ENIT YEGO		110	1998	INDIVIDUAL	14
15	RODAH CHEBET		150	2000	EVERGREEN	15
16	ANN CHEPTEKEI		131	2000	INDIVIDUAL	16
17	LUCY CHEPCHUMBA		152	2000	EVERGREEN	17
18	BRENDA CHEBET		148	2000	EVERGREEN	18
19	YUVIN BARAKA		151	2000	EVERGREEN	19
20	ESTHER CHELIMO		107	1999	INDIVIDUAL	20

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RESULT
THE SIXTH AK CROSS COUNTRY SERIES HELD AT KAPSOKWONY BOYS ON
SATURDAY 2/1/2016
SENIOR WOMEN 6KMS

2/1/2016

	NAME	TIME	C/NO	D.O.B	TEAM	POSITION
1	NAOMI CHEBET	37:33.66	052	1994	INDIVIDUAL	
2	SHEILA CHESANG	38:24.28	040	1987	INDIVIDUAL	
3	PHANENCER CHEMTAI	38:43.18	004	1998	INDIVIDUAL	
4	JOYCE CHEPKWEMOI	39:13.03	054	1995	INDIVIDUAL	
5	DIANA KIPYOKEI	39:19.31	078	1994	EVERGREEN	
6	BETTY CHEPKWEMOI	39:44.98	005	1998	INDIVIDUAL	
7	PURITY TALALA	40:26.58	038	1986	G.S.U	
8	SALOME JEPCHULA	42:20.60	086			
9	GETRUDE CHEPCHIRIR	45:21.34	036	1988	G.S.U	
10	RUTH KEMUTHO	46:57.36	041	1988		

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RESULT

**THE SIXTH AK CROSS COUNTRY SERIES HELD AT KAPSOKWONY BOYS
 ON SATURDAY 2/1/2016**

JUNIOR MEN 8 KM

	NAME	C.NO	TIME	D.O.B	TEAM	POSITION
1	ISAAC KIPSANG	112	21:56:6	1998	EVEN	
2	RONALD KIPTAIN	109	25:12:2	1997	INDIVIDUAL	
3	WELLY KWEMOI	113	25:14:5	1997	TTTN	
4	AGAMIS PETER	111	25:17:7	1998	INDIVIDUAL	
5	GILBERT KWEMOI	102	25:20:6	1996	INDIVIDUAL	
6	ENOS KATYS	024	25:21:2		WEST FOKKIT	
7	DIMINIC KIPTUM	015	25:22:8	1998	KAPSC	
8	JOSHUA KIPTOO	128	25:58:8	1997	INDIVIDUAL	
9	ALIX NGUYO	011	26:08:8	1991	INDIVIDUAL	
10	MOSES KIBET	161	26:11:3	1997	EVERGREEN	
11	PHILIP MACHARLINGA	130	26:18:9	1997	INDIVIDUAL	
12	DANIEL MUTAT	166	26:22:3	1997	INDIVIDUAL	
13	MARK MUTAI	026	26:22:3	1998	EVERGREEN	
14	DANIEL ROTHCH	140	26:25:9	1998	INDIVIDUAL	
15	KIPSANG MLKORI	106	26:26:8	1997	INDIVIDUAL	
16	ISAAC CILBUYO	015	26:40:7	1997	INDIVIDUAL	
17	JAMES NDIWA	010	26:44:5	1998	INDIVIDUAL	
18	SAMUEL KIPITMO	122	26:49:0	1997	INDIVIDUAL	
19	KIBOI GEORGE	016	26:57:2	1998	INDIVIDUAL	
20	BRAUN KIPITMO	147	27:06:6	2000	INDIVIDUAL	
21	LURIA NAIBEL	052	27:11:5	1996	INDIVIDUAL	
22	AARON NDIRWA	125	27:21:2	1998	INDIVIDUAL	
23	ELIJAH NDIEMA	161	27:39:0	1999	INDIVIDUAL	
24	ELIAS KOMULLYA	022	27:50:6	1996	EVERGREEN	
25	ANTHONY MOKUT	120	28:10:1	1996	INDIVIDUAL	
26	TONY RENJA	031	28:22:7	1996	INDIVIDUAL	
27	BENARD KIPSIRE	014	28:59	1998	EVERGREEN	
28	ISSAC KIPKIN	151	28:47:6	1999	KAPSC	
29	ALBERT KIPROP	166	29:11:1	1998	EVERGREEN	
30	KIPKORIR YUSA	124	29:19:9	1997	INDIVIDUAL	
31	CHUMNTINGWA MOKUI	145	29:38:1	1998	INDIVIDUAL	
32	ISAIAH KIBERENG'	168	30:20:3	1997	EVERGREEN	
33	RODGERS CHEPKARAT	132	30:40:4	1996	INDIVIDUAL	
34	KIBET SINDIWA	118	31:9:17	1996	INDIVIDUAL	
35	DANKAT KOMOI	169	33:30:4	1998	INDIVIDUAL	
36	SAMVY KIPROP	158	34:01:10	1998	EVERGREEN	
37	KIPROP ALIAN	143	34:20:17	1999	INDIVIDUAL	
38	ERIC MORFEN	032	34:37:1	1998	KAPSC	
39	KIDLAGAT JOSHUA	042	34:44:3	1998	EVERGREEN	
40	MORIS CILBUK	135	34:54:4	1999	INDIVIDUAL	
41	KIPROP FII	159	35:5	1998	EVERGREEN	
42	DISMAS KWEMOI	156	35:20	1999	EVERGREEN	
43	ANTHONY KWEMOI	142	36:20	1996	INDIVIDUAL	
44	RICHARD ODERA	137	36:50	1996	INDIVIDUAL	
45	RONO K. MALLICH	144	37:00:0	1998	INDIVIDUAL	

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RESULT
THE SIXTH AK CROSS COUNTRY SERIES HELD AT KAPSOKWONY BOYS ON
SATURDAY 2/1/2016

SENIOR MEN

RANK	NAME	CNO	TIME	D.O.B	TEAM	POSITION
1	CHARLES CHEMENGICHI	058	30:56:04			
2	DOMINIC KIPTARUS	056	31:12:71			
3	JULIUS KOGO	033	31:18:20			
4	PETER KIPREMEI	031	31:36:80			
5	KENEDY KIMENYWA	076	31:55:66			
6	PHILIP NGEYWA	064	32:10:98			
7	LEON NDIEMA	077	32:26:26	1990	INDIVIDUAL	
8	ISMAEL KALELE	028	32:33:30	1995	INDIVIDUAL	
9	JULIUS KALEKEM	037	32:38:59	1986	INDIVIDUAL	
10	DAVIS MASAI	051	32:40:64	1988	INDIVIDUAL	
11	MOSES KORORI	066	32:49:03	1984	ELGON	
12	DAVID BETT	067	32:53:56	1992	SIKOWET	
13	ALPHA MALINGA	072	32:54:62	1		
14	THOMAS KIBET	081	33:03:76	1996	INDIVIDUAL	
15	BOAZ KIPLANGAT	057	33:07:70	1995	INDIVIDUAL	
16	MARTIN KIMINY	060	33:12:13	1993	INDIVIDUAL	
17						
18						
19						
20	ANTHONY KOSGEI	043	33:16:88		INDIVIDUAL	
21	KIMTAI CHERIOT	027	33:22:38	1987	INDIVIDUAL	
22	PAUL KIPLANGAT	075	33:23:04			
23	KIPYEGO BENARD	044	33:31:87	1994	INDIVIDUAL	
24	KIRUI VICTOR	042	33:47:68	1994	INDIVIDUAL	
25	DOMINIC CHERONGES	094	34:03:05	1988	G.S.U	
26	JAPHETH RONO	095	34:21:59	1998	G.S.U	
27	TIMOTHY LUSEKOL	070	34:32:6	1992	INDIVIDUAL	
28	CHEBOI YATOR	098	34:42:98	1995	INDIVIDUAL	
29	BEN KIRUI		34:54:03		INDIVIDUAL	
30	WILSON KIPRUTO	096	34:57:54	1988	G.S.U	
31	PETER ANYONA	090	35:09:86	1987	G.S.U	
32	SIMON MAINA	088	36:43:54	1987	G.S.U	
33	BILLY CHEMOS	053		1984	INDIVIDUAL	