



ATHLETICS KENYA

5TH AK TRACK AND FIELD BUILD UP MEETING
HELD AT KIPCHOGE KEINO STADIUM IN ELDORET ON 22ND & 23RD MAY 2015

EVENT:400M H WOMEN FINAL

POSITION	BIB	NAME	CLUB/TEAM	TIME
1	806	PRISCILLA TABUNDA	ISIOLO	62.6
2	845	CAROLINE MWENDE	LANET	64.9
3	859	TABITHA MWALILI	KDF	65.4
4	805	AGNES KANGOGO	NAVY	66.4

EVENT:400M H MEN FINAL

POSITION	BIB	NAME	CLUB/TEAM	TIME
1	982	ERIC KIPTOO	MAB	53
2	978	JOHN KITUO	POLICE	53.6
3	977	WESLEY KOECH	POLICE	53.9
4	984	KENNETH PRICELOW	MAB	55.4
5	804	NICHOLAS LANGAT	KDF	57.3
6	980	KELVIN MUREMI	INDIVIDUAL	59.4
7	976	ALEX MUHIA	INDIVIDUAL	59.8
8	939	DENARDICK KIPLIMO	INDIVIDUAL	66.9

10000 M WOMEN FINAL

POSITION	BIB	NAME	CLUB/TEAM	TIME
1	733	SANDRA CHEBET		34:51.7
2	596	EMILY CHEBET		34:54.0
3	12	SHEILA CHELAGAT		35:33.5
4	111	CHERUIYOT LUCY		35:57.2
5	869	BEATRICE CHEROP		36:41.4
6	102	SALOME CHEPCHUMBA		37:00.4
7	109	MERCY CHELAGAT		37:54.8
8	113	CHEPSIGOT EVERLYNE		38:12.1

10000 M MEN FINAL

POSITION	BIB	NAME	CLUB/TEAM	TIME
1	946	EMMANUEL KIPSANG		28:26.2
2	357	GEOFFREY MUTAI		29:05.1
3	950	MATTHEW KISORIO		29:06.2
4	973	GIDEON KIPKETER		29:09.9
5	363	DAVID TARUS		29:12.1
6	988	EMMANUEL BOR		29:17.7
7	981	JOHN LOTIANG		29:24.3
8	948	BARNABAS KOSGEI		29:28.8
9	935	KEMENGWA KENNEDY		29:38.4
10	354	ABRAHAM YANO		29:47.5
11	335	EVANS KORIR		29:54.5
12	955	KIPLIMO ABRAHAM		29:54.8
13	700	ALFRED KIMELI		29:59.1

EVENT:100M WOMEN FINAL

POSITION	BIB	NAME	CLUB/TEAM	TIME
1	901	SAFINA MUKOSWA	MAB	12.3
2	857	DAMARIS IMBONGO	PRISON	12.4
3	656	DAMARIS MBULA	PRISONS	12.4
4	654	MARY TANUI	KDF	12.4
5	944	VERA ROREY	MST	12.9
6	902	TABALIA MARY	PRISONS	13.1
7	653	EBBY CHEPCHIRCHIR	INDIVIDUAL	14.8
8	903	ZIPPORAH AYUMA	INDIVIDUAL	21.9

EVENT:100M MEN FINALS				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	940	MARK OTIENO		10.55
2	758	JOHN NYARASI		10.69
3	930	TONY CHIRCHIR		10.71
4	942	PHILIP NGWONO		10.94
5	646	CHARLES MWAMWEA		11.02
6	760	LABAN SIMOTWO		11.15
7	931	BONIFACE NANDWA		11.33
EVENT:1500M WOMEN HEAT 1				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	743	JOYCE KOIMA	NAB	04:25.5
2	784	VIRGINIA NYAMBURA	INDIVIDUAL	04:25.6
3	850	DORCAS TUITOEK	NAKURU	04:37.8
4	701	SHARON TOROITICH	INDIVIDUAL	04:49.9
5	816	HELLEN CHEPKORIR	INDIVIDUAL	04:51.9
6	875	ZIPPORAH ELEMEN	TURKANA	04:58.9
7	810	ANN LOKIRES	INDIVIDUAL	05:11.3
8	836	CAROLINE CHELIMO	INDIVIDUAL	
EVENT:1500M WOMEN HEAT 2				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	788	MERCY CHERONO	KERICHO	04:21.1
2	813	NANCY CHEPKEMOI	INDIVIDUAL	04:21.2
3	438			04:22.3
4	381			04:24.4
5	416	CAROLINE JEMUTAI	INDIVIDUAL	04:30.7
6	738	JANE WANJIRU	THIKA	05:10.0
7	811	RAEL CHEBET	INDIVIDUAL	05:10.1
8	422	WINNIE JEPKIRUI	INDIVIDUAL	05:14.4
EVENT:1500M WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	813	NANCY CHEPKWEMOI		04:06.5
2	788	MERCY CHERONO		04:07.2
3	784	VIRGINIA NYAMBURA		04:12.4
4	381	AGNES TIROP		04:20.1
5	438			04:22.6
6	743	JOYCE KOIMA		04:26.7
7	416	CAROLINE JEMUTAI		04:38.4
8	108			04:45.5
EVENT:1500M MEN SEMIFINAL 1				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	313			03:49.5
2	731	PHILIP OKWAM	INDIVIDUAL	03:05.1
3	797			03:04.3
4	720	MASK BETT	MOSORIOT	03:46.7
5	426	ABRAHAM CHEPLAIT	POLICE	03:47.4
6	851	BERNARD MOSONIK	BOMETT	03:48.8
7	405	SIMEON CHIRCHIR		03:55.3
8	755	TIMOTHY CHERUIYOT		03:44.1
9	722	ABERNEGO CHEPSEBA		03:44.6
10	641	ERIC TIROP		03:50.1
11	444	KEMWETICH RONO		03:51.5
12	411	MATTHEW KIPTANUI		03:47.4
13	894	ZABLON CHUMBA		03:48.4
14	881	ASBEL KIPROP	POLICE	03:36.9
15	419	JAMES TENAI		03:45.9
16	878	ELKANA LAGAT		03:52.8

EVENT:1500M MEN HEAT 2				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	768	BENARD KIPKORIR	INDIVIDUAL	03:49.3
2	702	HILLARY MAIYO	INDIVIDUAL	03:41.3
3	871	ROBERT KAPTINGEI	INDIVIDUAL	03:43.5
4	817	VICTOR CHUMO		03:47.7
5	886	EVAN KEITANY		03:49.5
6	713	DANIEL KIBOR		03:53.2
7	425	JULIUS KIPCHIRCHIR		03:44.6
8	898	GERALD VINCENT		03:45.8
9	408	PETER NDUNGU		03:47.0
10	755	BETT CHRISTOPHER		3:44
11	876	JUSTUS KIPKORIR		03:51.5
12	711	WILSON KOGEI		03:52.5
13	437	HOSEA CHERONYEI		03:43.1
14	808	TITUS BANG		03:51.1
15	447	ISAAC KOECH	INDIVIDUAL	03:46.9
16	734	ALEX LAGAT	ELDY	03:50.2
EVENT:1500M MEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	755	TIMOTHY CHERUIYOT		03:41.3
2	722	ABEDNEGO CHEPSEBA		03:41.9
3	720	MARK BETT		03:42.2
4	411	MATHEW KIPTANUI		03:43.2
5	437	HOSEA CHERONYEI		03:44.0
6	871	ROBERT KAPTINGEI		03:44.4
7	768	BENARD KIPKORIR		03:45.8
8	890			03:46.3
EVENT:5000M WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	77	GLADYS KOECH		16:02.0
2	718	MARY MUNANU		16:03.5
3	733	SANDRA CHEBET		16:11.5
4	828	GLADYS CHEMWENO		16:39.5
5	265	ZEDDY JEROP		16:44.9
6	884	RUTH BOSIBORI		16:45.5
7	882	JOYLEEN JEPKOSGEI		16:46.6
8	727	DIANA KIBIOKEY		16:50.2
EVENT:5000M MEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	318	ELIJAH KIPCHIRCHIR		13:51.8
2	235	PETER LAGAT		13:57.2
3	455	KIMWETICH RONO		13:59.0
4	184			13:59.3
5	269	WILLY KWEMOI		14:04.8
6	505	BENARD KORIR		14:10.6
7	192	ABRAHAM KIBIWOTT		14:10.8
8	180	COSMAS BIRECH		14:11.1
9	114	ROBERT CHEMOSIN		14:12.7
10	928	RAYMOND CHOGE		14:13.5
11	125	FESTUS CHOGE		14:14.9
12	786	NICHOLAS CHEPSEBA		14:15.8
DISCUS WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	DST
1	521	CECILIA KIPLAGAT	PRISON	39.52
2	581	BETTY CHEBET	POLICE	37.54
3	580	REBECCA KERUBO	NYANZA	33.22
4	588	CHEPKIRUI MARY	KDF	27.2
5	587	EMILY KARIUKI	LANET	26.34
6	586	LEAH CHERONO	INDIVIDUAL	26.32
7	250	IRENE MSIMBI	PRISON	23.16
8	582	ESTHER CHERONO	INDIVIDUAL	20.9
9	584	ISLAO LWANZIRO	LANET	
10	585	JACKLINE NYONGESA	PRISON	
11	583	SARAH ATIENO	MARSABIT	
12	921	VIVIAN CHEROTICH	INDIVIDUAL	
13	252	ALICE TAI	INDIVIDUAL	

DISCUS MEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	DST
1		CHARLES KIPKEMOI	MAB	47.02
2	647	BOAZ MONYANCHA	NAVY	44.03
3		KIMELI TANUI	KAH	42.61
4		KIPSANG ROTICH	CID	41.99
5	650	DAVID TERER	POLICE	41.11
6		ERIC MALEMO	PRISONS	38.54
7		JOSEPH MACHARIA	PEV	38.04
8		GILBERT KOECH	COAST	35.85
EVENT:400M WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	683	JOY ZAKARI		53.25
2	750	AGNES ANENO		56.4
3	657	DAMARIS IMBONGO		56.78
4	317	DAISY KOMEN		58.1
5	268	NAOMI CHELANGAT		59.08
EVENT:400M MEN SEMIFINAL 1				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	388	NICHOLAS KIPLANGAT	INDIVIDUAL	49.5
2	383	ROBERT MITEI	INDIVIDUAL	50.9
3	638	MARK MUTAI	MAD	47.5
4	974	PETER LECMARIO	MARSABIT	50.6
5	323	RAYMOND KIBET	POROR	46.6
6	697			49.8
7	953	THOMAS MUSEMBI	PRISONS	48.5
8	962	FESTUS KIPROTICH	INDIVIDUAL	51.2
EVENT:400M MEN SEMIFINAL 2				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	368	WESLEY CHERUIYOT	KWS	51
2	658	MARTIN KOECH	INDIVIDUAL	48.6
3	387	VICTOR KEBENEI	INDIVIDUAL	49.2
4	505			49.8
5	353			50.5
6	971	MOSES OKELLO	UGANDA	51.3
7	305	ALEX SAMPAAO	NAKURU	46.8
8	501	GILBERT PKEMOI	POROR	47.4
EVENT:400M MEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	305	ALEX SAMPAAO		47.01
2	638	MARK MUTAI		47.81
3	953	THOMA MUSEMBI		48.68
4	501	GILBERT PKEMOI		48.73
5	388	NICHOLAS KIPLAGAT		49.27
6	658	MARTIN KOECH		50.43
7	974	PETER LECMARIO		51.73
8	971	MOSES OKELO		53.94
110M (H)WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	174	PRISCILLA TABUNDA		14.8
2	571	PETRONILLA MWOMBE		17.7
3	568	CAROLINE MWENDE		18.2
4	633			18.4
5	805	AGNES KANGOGO		18.7
110M (H) MEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	823	SAMWEL KORIR		15.26
2	978	JOHN KITUU		15.27
3	563	CHERUIYOT CHESOEN		15.7
4	534	ROTICH KIPKORIR		16.36
5	980	KELVIN MURIMI		18.13
6	32	WELDON TALLAM		20.35
7	72	BENARDICT KIPLIMO		21.74

3000M SC WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	460	MARION KIBOR		10:01.4
2	459	EUNICE JEKORIR		10:10.3
3	68	IMMACULATE CHEBET		10:20.7
4	474	VERONICAH NGOSOSEY		10:24.8
5	458	CAROLINE TUIKONG		10:40.5
6	471	JOYLINE JELAGAT		10:58.6
EVENT:3000M SC MEN HIT 1				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	476	JOASH KIPLIMO		08:51.2
2	483	LOKITAM RHONZAS		09:11.7
3	275	TIMOTHY K. YATOR		09:16.3
4	470	HOSEA KIMOSOP		09:17.4
5	230	BONIFACE KIPCHUMBA		09:18.5
6	232	KENNETH KIPLAGAT		09:20.6
7	274	FREDRICK KIPRUTO		09:57.0
8	469	BONIFACE KIPKEMBOI		10:09.9
EVENT:3000M SC MEN HIT 2				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	218	PATRICK CHUKUS		08:50.3
2	204	WILLY KOMEN		08:51.8
3	478	FELIX KERONG		09:04.9
4	203	SILAS KITUM		09:09.0
5	477	KENNEDY KOSGEY		09:10.6
6	790	COLLINS KEMBOI		09:23.7
7	500	KIPKURUI LANGAT		09:24.6
8	299	PHILEMON KACHORYAN		09:36.2
EVENT:3000M SC MEN HIT 3				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	490	DANIEL KIPCHUMBA		08:55.6
2	6	WILSON MAREBA		09:13.8
3	229	HILLARY KEMBOI		09:16.1
4	253	HILLARY TUWEI		09:19.5
5	549	HILLARY BIWOTT		09:27.0
6	488	WESLEY NGENO		09:35.2
7	281			0.403472222
8	50	EMMANUEL KIPKOECH		10:13.3
EVENT:3000M SC MEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	478	FELIX KERONG		08:37.2
2	204	WILLY KOMEN		08:40.5
3	218	PATRICK CHUKUS		08:41.9
4	6	WILSON MAREBA		08:45.1
5	203	SILAS KITUM		08:47.7
6	383	LOKITAM RHONZAS		08:48.8
7	478			08:58.4
8	229	HILLARY KEMBOI		08:58.8
EVENT:200M MEN HEAT 1				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	930	TONY CHIRCHIR		21.3
2	59	GILBERT OTIENO		21.7
3	642	MICHAEL		22.2
4	931	BONIFACE NANDWA		22.5
5	689	JACK ONYANGO		22.8
6	947	KENNETH KOECH		23.4
7	4	COSMAS KIPLAGAT		24.1
8	358	GIDEON MUTAI		24.6
EVENT:200M MEN HEAT 2				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	758	JOHN NGARASI		21.4
2	646	CHARLES WAMWEA		22.2
3	663	FRANCIS OSEWE		22.5
4	359	WESLEY RONO		22.8
5	685	JACOB SIFELES		23.2
6	321	PETER KILUNGE		24.5
7	238	KEN SIMIYU		25.8

EVENT:200M MEN HEAT 3				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	273	RUTTO SAID		21.6
2	503	LEWIS KITUR		22.3
3	944	KEN AYEMBA		24.6
4	674	ERIK MASAAI		25.7
5	48	EVANS KIPKOECH		26.3
6	838	ELKANA KIPHIRCHIR		27.2
EVENT:200M MEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	930	TONY CHIRCHIR		21
2	758	JOHN NGARASI		21.2
3	712			21.4
4	646	CHARLES WAMWEA		21.7
5	59	GILBERT OTIENO		22
6	931	BONIFACE NANDWA		22.5
EVENT:200M WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	683	JOY ZAKARI		24:02:00
2	901	SAFINA MUKOSWA		24.9
3	656	DAMARIS MBULA		25.3
4	568			25.8
5	750	AGNES ANENO		26.9
LONG JUMP WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	DST
1	678	PRISCILLA TABUNDA	ISILO	5.56
2	571	PETRONILLA MWOMBE	PRISONS	5.5
3	657	DAMARIS IMBONGO	PRISONS	5.42
4	944	VARA ROREY	MSD	5.34
5	656	DAMARIS MBULA	PRISONS	5.06
6	902	TABALIA MARYLINE	PRISONS	4.83
7	915	JEPKIRUI EDNAH	INDIVIDUAL	4.42
8	682	RUTH MUSYIMI	MAP	4.13
LONG JUMP MEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	DST (M)
1	670	TERAH LANGAT	PRISONS	7.5
2	965	ELIJAH KIMITEI	KDF	7.31
3	825	LIPWA YEGO	POLICE	7.16
4	676	HILLARY PKIACH	POLICE	6.88
5	925	GEOFFREY LEITICH	KDF	6.75
6	600	LINUS KIPTUM	INDIVIDUAL	6.58
7	671	KIPKURUI KENNEDY	MAB	6.56
EVENT:800M WOMEN HEAT 1				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	280	SHEILA JEPKOSGEI		02:07.4
2	220	MARY MELIKA		02:09.8
3	712	FRANCINE NIYONSABA		02:10.1
4	224	SANDRA JEPKOECH		2:10.6
5	221	TABITHA MWALLI		02:12.1
6	264	CHERONO KOECH		02:14.5
7	277	JOSEPHINE NYAKORO		02:16.5
8	279	ELSEBA KEMBOI		02:16.9
EVENT:800M WOMEN HEAT 2				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	254	MILKA CHEPKOECH		02:12.4
2	750	AGNES ANENO		02:13.1
3	249	CAREN MAIYO		02:14.5
4	285	JEPKOSGEI KORIR		02:16.3
5	759	MILKA KIPTOO		02:20.3
6	406	VIVIAN JEPROP		02:21.8
7	464	SYLVIA CHEROP		02:28.5
8	14	BETTY JEMUTAI		02:28.9
EVENT:800M WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	280	SHEILA JEPKOSGEI		02:07.3
2	712	FRANCINE NIYONSABA		02:09.0
3	224	SANDRA JEPKOECH		02:10.2
4	249	CAREN MAIYO		02:13.8
5	221	TABITHA MWALLI		02:14.3
6	254	MILKAH JEPKOECH		02:15.8
7	220	MARY MELIKA		02:16.8
8	792	ELIZABETH KEMBOI		02:18.9

EVENT:800M MEN SEMIFINAL 1				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	301	KUMARI TAKI		01:46.8
2	627	JONATHAN KITILIT		01:47.4
3	511	ISAACK KIPKOSGEI		01:47.6
4	603	BILAL MANSOR		01:48.1
5	410	BOAZ LELONG		01:48.2
6	346	MOSES KIPKEMBOI		01:48.3
7	319	ANDREW ROTICH		01:48.4
8	512	JONATHAN TOO		01:48.7
9	541	ISAACK KIPKEMBOI		01:49.7
10	532	GEOFFREY RUTTO		01:50.2
11	315	ABRAHAM KIPLAGAT		01:50.2
12	326	NOAH MENJO		01:50.5
EVENT:800M MEN HEAT 3				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	324	JAMES MAGUT		01:48.0
2	318	ELIJAH KIPCHIRCHIR		01:49.5
3	361	JONAH KOECH		01:48.3
4	778	EDWIN KEMBOI		01:50.1
5	519	ABRAHAM SAWE		01:49.1
6	375	FREDRICK KORIR		01:47.4
7	308	ROBERT MAIYO		01:50.9
8	618	SILAS KIMELI		01:48.2
9	349	CORNELIUS KIPLANGAT		01:48.5
10	574	FERGUSSON ROTICH		01:47.1
11	531	RICHARD KIPLAGAT		01:48.1
12	522	JOEL KETER		01:50.3
EVENT:800M MEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	627	JONATHAN KITILIT		01:45.8
2	301	KIMUTAI TAKI		01:46.2
3	346	MOSES KIPKEMBOI		01:46.5
4	579	ABRAHAM SAWE		01:48.1
5	361	JONAH KOECH		1:48.5
6	349	CORNELIUS KIPLAGAT		01:48.8
7	531	RICHARD KIPLAGAT		1:49.2
8	375	FREDRICK KORIR		01:54.3
EVENT:TRIPLE JUMP MEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	DST
1	665	ELIJAH KIMITEI	NANYUKI	16.31M
2	670	TERAH LANGAT	PRISONS	15.85M
3	675	JUSTUS CHUMBA	INDIVIDUAL	15.23M
4	676	HILLARY PKIACH	POLICE	15.13M
5	925	GEOFFREY LEITICH	KDF	15.02M
6	671	KENNEDY KIPKIRUI	MAB	14.31M
7	677	ENOCK KENDAGOR	MTG	14.24M
8	1672	JACOB KATONON	ST. PAULS	13.26M
EVENT:TRIPLE JUMP WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	DST
1		JANET JEPCHUMBA	THIKA	11.98
2	185	VERAH ROREY	MSD	11.75
3	571	PETRONILLA MWOMBE	PRISONS	11.21
4	277	JOSEPHINE NYAKORA	INDIVIDUAL	
EVENT:TRIPLE JAVELIN WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	DST
1	521	CECILIA KIPLAGAT	PRISONS	40.89
2		BETTY CHEBET	POLICE	40.83
3	584	EMILY WANJIKU	LANET	39.39
4	252	ISIAO LWANJIRU	INDIVIDUAL	37.59
5	588	CHEPKIRUI MARY	KDF	26.78
6	533	FRIDAH CHEROGONYO	PRISON	23.77
7	566	LEAH CHERONO	INDIVIDUAL	21.81
EVENT:TRIPLE JAVELIN MEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	DST
1		ALEX KIPROTICH	KDF	78.84
2		SAMMY KESKENY	THIKA	65.66
3		NELSON YEGON	THIKA	65.13
4		GILBERT BETT	MAB	63.61
5		MICHAEL RONO	KDF	60.91
6		NICHOLAS KOSGEY	MAB	56.27
7	599	JAMES LAGAT	INDIVIDUAL	52.12

EVENT: HAMMER WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	DST
1	580	REBECCA KERUBO	POLICE	45.44
2	74	JAEL JEPKORIR	INDIVIDUAL	38.77
3	81	BETTY CHEBET	POLICE	35.33
4	521	CECILIA KIPLANGAT	PRISONS	33.76
5	584	ISAACK LWANJIRU	LANET	25.99
6	585	JACKLINE NYONGESA	PRISONS	27.33
7	533	FRIDAH CHEROGONY	PRISONS	22.85
8	902	TABALIA MARYLINE	PRISONS	22.71
EVENT: HAMMER MEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	DST
1		BOAZ MONYANCHA	NAVY	49.67
2		GILBERT KOECH	COAST	48.25
3		ALFRED LANGAT	MAB	46.5
4		ELPHAS MELLY	KDF	45.88
5		HILLARY MONYANCHA	INDIVIDUAL	44.51
6		NICODEMUS KIPCHRICHIR	INDIVIDUAL	41.1
7		EDWIN CHUMBA	INDIVIDUAL	36.1
8		EDWIN KIPYEGO	PRISON	35.54
9		VICTOR KIPLIMO	INDIVIDUAL	29.6
EVENT: 4X100 WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	901	WESTERN TEAM		48.6
2	468	LANET TEAM		49.7
3	224	POLICE TEAM		52.7
4	250	ELDORET TEAM		57.3
EVENT: 4X100 WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1		PRISONS		41.6
2	646	THIKA		42.3
3	758	MAB - DSQ		42.6
4	685	ELDORET		46.1
EVENT: 1000M MEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	6600	ERIC SHIKUKU		46:19.5
2	9960	SIMION MUSANGU		48:11.0
3	27	JACOB MUTAI		03:30.7
4	69	HEZRON MUNGAI		09:18.6
5	86	KIPLIMO KIBET		
EVENT: HIGH JUMP WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	678	PRISCILLA TABUNDA	KDF	1.50M
2	657	DAMARIS IMBOGO	PRISON	1.43M
3	656	DAMARIS IMBULA	PRISON	
4	571	PETRONILLA MWOMBE	PRISON	
EVENT: HIGH JUMP MEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	673	NICANOR CHERUIYOT	THIKA	2.00M
2	120	MARK NGETICH	MAB	1.95M
3	563	CHERUIYOT CHESOEN	KDF	1.90M
4	804	NICHOLAS LANGAT	MARSABIT	1.90M
5	117	JAMES KAMAU	PRISONS	1.80M
6	680	SAMMY KOECH	INDIVIDUAL	1.80M
7	418	FRANKLINE KIPKURUI	INDIVIDUAL	1.80M
EVENT: SHOT PUT WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1	584	ISIAO LWANJIRU	INDIVIDUAL	12.91
2		JACKLINE NYONGESA	PRISONS	12.19
3	583	SARAH ATIENO	MARSABIT	12.11
4		BETTY CHEBET	POLICE	11.6
5	588	CHEPKIRUI MARY	KDF	10.48
6	902	MARYLINE TABALIA	PRISONS	10.36
7	580	REBECCA KERUBO	POLICE	10.18
8	533	FRIDAH JEROGONY	PRISONS	9.07
EVENT: SHOT PUT WOMEN FINAL				
POSITION	BIB	NAME	CLUB/TEAM	TIME
1		BOAZ MONYANCHA	NAVY	14.7
2		JOSEPH MARTIM	THIKA	14.38
3		ERIC MALEMO	PRISONS	14.2
4		CHARLES KIPKEMOI	MAB	14.19
5		SHABBAN KORIR	INDIVIDUAL	12.1
6		JOSEPH MARTIM	PRISONS	12.15
7		TYSON KEMBOI	INDIVIDUAL	11.35
8		NICHOLAS KEMBOI	INDIVIDUAL	10.91
9		WESLEY TOO	INDIVIDUAL	10.42
10		JACKSON KOGEI	INDIVIDUAL	10.02