



Venue:...Thika.....

Date...05/03/16.....

100M Men FINAL

Position	Name	DOB	Team	N0.	Time
1.	MOFFAT NGARI		LAB	525	10:4
2.	DENNIS OTIENO		MSD	261	10:5
3.	GILBERT OTIENO		KDF	220	10:6
4.	CARL LEWIS AWANGE		KAHAWA	272	10:8
5.	DUKE OGOT		POLICE	551	11:0

100 M WOMEN FINAL

Position	Name	DOB	Team	N0.	Time
1.	EUNICE KADOGO		POLICE	259	12:1
2.	JECINTA SHIKANDA		POLICE	213	12.4
3.	ROSELYNE INDIMULI		EMBAKASI	291	12.6
4.	JEAN BISELA		PRISON	219	13.0
5.	SHARON MULI		KDF	262	13.2
6.	QUEENECTOR KISEMBE		LAP	218	13.3

110 M (H)...MEN FINAL...

Position	Name	DOB	Team	N0.	Time
1.	WILLIAM MBEVI		LAB	362	14:7
2.	KIPRONO KOSGEI		POLICE	346	14:9
3.	SAMUEL KORIR		PRISONS	377	15:3
4.	KOECH GILBERT		POLICE	424	16:2
5.	CYRUS MBAKA		IND	276	16:4
6.	ROTICH KIBOR		IND	300	16:6

100M (H) WOMEN FINAL

Position	Name	DOB	Team	N0.	Time
1.	PRISCILLA TABUNDA		KDF	206	15:0
2.	JANE CHEGE		LAIKIPIAAIRBASE	224	15:4
3.	VERONICA CHEBET		POLICE	232	16:4
4.	ANNASTACIA KAWINI		MAB	250	17:5
5.	TABITHA MWIHAKI		KAHAWA	209	18:1
6.	ANNE WAMBUI		IND	238	20:5

200M Men...FINAL

Position	Name	DOB	Team	N0.	Time
1.	PETER MWAI		POLICE	277	21.1
2.	COLLINS OMAI		IND	397	21.5
3.	MOFFAT NGARI		LAB	525	21.7
4.	DENNIS OTIENO		MSD	261	21.9
5.	YEGO WESLEY		K.U	365	22.1
6.	SAMUEL CHEGE		NKU	598	22.5

200 M WOMEN FINAL

Position	Name	DOB	Team	N0.	Time
1.	EUNICE KADOGO		POLICE	259	24.4
2.	MILLICENT NDORO		“	383	24.5
3.	JACINTA SHIKANDA		“	213	25:1
4.	MONICA ZEPHANIA		“	330	25.7
5.	FREISA MWANGI		“	287	25:9
6.	CAROLINE MWENDA		NAIROBI	009	26:2

400M MEN...FINAL...

Position	Name	DOB	Team	N0.	Time
1.	JERALD MOMANYI		KDF	313	47.5
2.	KEVIN KIPROTICH		PRISON	349	47.7
3.	TUWEI CORNELIUS		NANYUKI	355	48.0
4.	VINCENT KOSKEI		PRISONS	360	48.3
5.	SOLOMON BUOGA		NAVY	371	48.6

400M WOMEN...FINAL...

Position	Name	Year of Birth	Team	N0.	Time
1.	MARGARET NYAIRERA		LAB	014	53.8
2.	MAUREEN CHELAGAT		PRISON	317	54.0
3.	SANDRA CHEPKOECH		POLICE	376	56.6
4.	DAMARIS IMBONGO		PRISON	390	58.4
5.	MERCY HADIJA		PRISON	048	59.0

400M (H)...Men FINAL

Position	Name	DOB	Team	N0.	Time
1.	KIPRONO KOSKEI		POLICE	235	53.5
2.	KIPLAGAT MELLY		NANYUKI	211	53.8
3.	KENNEDY PRINCELON		IND	281	54.9
4.	JULIUS KOECH		IND	251	55.6
5.	ERICK KIPTOO		IND	252	56.2
6.	KELVIN KARIMA		MK.S	256	59.8
7.	GEOFFREY MAMBUI		IND	298	61.8

400M...women... FINAL

Position	Name	DOB	Team	N0.	Time
1.	JANE CHEGE		LAIKIPIA	224	61.9
2.	PRISILA TABUNDA		K.D.F.	206	64.1
3.	NANCY SANG		IND	271	64.6
4.	VERONICA CHEBET		POLICE	232	65.1
5.	CHRISTINE NDANU		MACHAKOS	226	67.3
6.	TABITHA MWIHAKI		KAHAWA	209	69.1
7.	ANASTASIA KANINI		MAP	209	69.5

Event...800M MEN...FINAL

Position	Name	DOB	Team	N0.	Time
1.	KIPLANGAT LEMISO		NAVY	444	1:48:2
2.	MBITHI MUTUKU		MAB	435	1:48:9
3.	NICKSON CHEPKIENGA		LAIKIPIA	430	1;49:5
4.	KENNEDY CHEPSIROR		PRISON	484	1:50:2
5.	DAVID TONE		NAIROBI	363	1:53:8
6.	SAITOTI MASITO		IND	338	1:53:8
7.	EVANS CHEPCHUMBA		KDF	416	1:55:3
8.	RONO KIPNG'ENO		POLICE	369	1:57:2
9.	MIUTON PASAINA		IND	400	2:01:5

Event...800M WOMEN...FINAL...

Position	Name	DOB	Team	N0.	Time
1.	SYLVIA CHESEBE		PRISON	474	2:05:8
2.	REGINA MWANGI		LAB	395	2:07:1
3.	JOSEPHINE NYAKURA		PRISON	260	2:13:8
4.	STELLA KASYOKA		MACHAKOS	312	2:17:3
5.	NELLY CHEBET		PRISON	386	2:17:8
6.	EDITH MUTHONI		MFAE	408	2:21:0
7.	JULIA MAYAKA		POSTA	301	2:23:7

1500M MEN FINALISTS

Position	Name	DOB	Team	N0.	Time
1.	MARK BETT		MOSORIOT	581	3:45:3
2.	JAMES TEANAI		“	588	3:45:7
3.	JONATHAN KITILIT		NAVY	240	3:46:7
4.	BENJAMIN KIGEN		KDF	532	3:47:3
5.	KIPKURUI KOECH		KDF	217	3:48:5
6.	WENCY WAMBWIRE		KDF	202	3:48:6
7.	PAUL SELIAN		AP	500	3:48:9
8.	TITUS TANUI		POLICE	567	3:49:2
9.	GILBERT NGENO		LAB	509	3:49:3
10.	KATUI MVA		MAKUENI	589	3:49:4
11.	PETERSON SANDIRA		PRISONS	004	3:49:6
12.	VINCENT MUIA		KAF	557	3:50:0

13.	BENJAMIN NDIKU		AP	576	3:50:2
14.	EMMANUEL SAIWA		POLICE	513	3:50:7
15.	MICHAEL KAMANGA		IND	563	3:52:1
16.	JAMES KIMEU		MACHAKOS	575	3:57:4

1500M WOMEN...FINAL...

Position	Name	DOB	Team	N0.	Time
1.	CAROLINE TOIGO		POLICE	234	4:15:5
2.	MARY KURIA		“	246	4:17:3
3.	BETH NJERI		“	294	4:19:4
4.	265 NGOVI		LAB	265	4:28:2

Event...1500M Women HT 2

Heat.....11....

Position	Name	Year of Birth	Team	N0.	Time
1.	MARY KURIA		POLICE	246	4:18:4
2.	BETH NJERI		POLICE	294	4:19:2
3.	TABITHA GICHIA		PRISONS	227	4:27:7
4.	ELIZABETH MUENI		K.D.F.	586	4:35:8
5.	MARITHA NJOROGE		MFAE	221	4:40:9
6.	NAOMI MUTHONI		MFAE	233	4:45:1
7.	DOROTHY KIPTANUI		POLICE	248	4:57:7
8.	PURITY KAGENDO		IND	510	5:02:8
9.	SUSAN WACEKE		NRB	255	5:04:5
10.	CAROLINE MUTAHI		NRB	290	

Event...1500M Women finalists

Position	Name	DOB	Team	N0.	Time
1.	HELLEN OBIRI		LAB	575	4:11:5
2.	MARY KURIA		POLICE	246	4:18:4
3.	BETH NJERI		POLICE	294	4:19:2
4.	CAROLINE TUIKONG		POLICE	234	4:21:5
5.	TABITHA GICHIA		PRISONS	227	4:27:7
6.	MORAA ELDA		LAB	555	4:33:4
7.	ELIZABETH MUENI		KDF	586	4:35:8
8.	AGNES NGOVI		LAB	265	4:36:7
9.	MARITHA NJOROGE		MFAE	221	4:40:9
10.	JOSEPHINE NYAKORA		NRB	260	4:41:6
11.	MWECHE JUMA		KDF	230	4:47:8
	NAOMI MUTHONI		MFAE	233	4:45:1

1500M WOMEN...FINAL...

Position	Name	DOB	Team	N0.	Time
1.	CAROLINE TOIGO		POLICE	234	4:15:5
2.	MARY KURIA		“	246	4:17:3
3.	BETH NJERI		“	294	4:19:4
4.	AGNES NGOVI		LAB	265	4:28:2
5.	ELDA MORAA		LAIKIPIA	555	4:32:6
6.	MARTHA NJOROGE		MFAE6	221	4:55:6
7.	MWECHE JUMA		KDF	096	4:47:5

Event...3000M S/C...Men...FINAL

Position	Name	DOB	Team	N0.	Time
1.	KENNEDY KOSKEI		NAVY	497	8.50.5
2.	FELIX KIRONG		“	407	8:56:3
3.	MOSES KIBET		KDF	-	8.57.5
4.	BRENDON KUYO		NANYUKI	447	9.02.3
5.	JULIUS KIPROP		LAB	498	9.15.1
6.	ROBERT NGETICH		LAP	411	9:31:0
7.	ERICK MWANGI		KDF	426	9.43.8
8.	KIPROTICH ROP		KERICHO	-	9.50.6

Event...3000 M WOMEN STEEPLECHASE

Heat.....

Position	Name	Year of Birth	Team	N0.	Time
LANE					
1.	MERCY NJOROGE		LAB	325	10:59:2
2.	LUCIA KAMENO		KDF	077	11:35:9
3.	CAROLINE YATOO		EMBAKASI	960	12:01:4

Event...5000M MEN FINAL

Position	Name	DOB	Team	N0.	Time
1.	JOHN MAINA		MFAE	031	13:43:8
2.	FRANKLINE NGELEL		LAB	545	13:51:8
3.	AMOS KIRUI		KIRIGET	569	13:53:2
4.	EMMANUEL KIPSANG		KN	536	13:53:5
5.	ALFRED NG'ENO		KERINGET	535	13:54:7
6.	HILLARY KERING		KDF	526	14:06:3
7.	DANIEL MUTETI		MACHAKOS	508	14:10:6
8.	FRANCIS KAMAU		MFAE	088	14:22:5
9.	SHADRACK KIMUTAI		KERINGET	043	14:22:7
10.	JAMES BETT		KDF	561	14:26:0
11.	ELIUD WENU		KDF	531	14:29:4
12.	JULIUS KIPLANGAT		KDF	071	14:33:2
13.	EMMANUEL BETT		POLICE	012	14:35:3
14.	PAUL GITONGA		MFAE	069	14:36:2
15.	JAIROH SONGOK		NANYUKI	081	14:38:2
16.	DOMINIC MUTUKO		IND	081	14:39:4
17.	JOSEPH NJENGA		MFAE	548	14:39:9
18.	DICKSON NYAKUNDI		RONGAI	592	14:40:2
19.	JOSPAT GITHIUI		POLICE	593	14:46:8
20.	BONFACE MUTUA		KDF	033	14:50:5

Event...5000M WOMEN Final

Position	Name	DOB	Team	N0.	Time
1.	MIRRIAM MUTHONI		PRISON	099	16:32:4
2.	LYDIA CHEPKIRUI		POLICE	429	16:34:4
3.	MARY 17:		RUN TOGETHER	453	16:37:1
4.	SUSAN WAIRIMU		MFAE	451	17:14:3
5.	JANE MURAGE		PRISONS	419	17:34:2
6.	MILKA WANJA		POSTA	446	20:51:0

10,000M Men...FINAL

Position	Name	DOB	Team	N0.	Time
1.	EMMANUEL KIPSANG		NAVY	431	29:06:1
2.	JAMES KIBET		POLICE	418	29:14:5
3.	TITUS KIMANI		ISIOLO	405	29:19:3
4.	ELIUD MWANGI		KEROKA	489	29:48:6
5.	MICHAEL MUTISYA		MACHAKOS	423	30:05:3
6.	JULIUS KIPLANGAT		NYAHURURU	445	30:11:7
7.	VICTOR KIPLIMO		KDF	412	30:35:4
8.	GABRIEL MAINA		KDF	434	30:58:1

Event...10,000 M WOMEN FINAL

Position	Name	DOB	Team	N0.	Time
1.	MARYANNE WANGARE		MFAE	282	34:40:8
2.	SHELMITH MURIUKI		MACHAKOS	236	34:58:5
3.	MONICAH WANGARI		IND	223	35:48:8
4.	PAULINE EYAPAN		RUN-TOGETHER	293	36:01:3

Event...4X100M MEN FINAL

Position	Name	DOB	Team	N0.	Time
1.	LAB				41.8
2.	MSD				42.0
3.	NAVY				42.2
4.	GSU A				42.8
5.	GSU B				44.4

Event...4X400M MEN Final

Position	Name	DOB	Team	N0.	Time
1.	LAB				3.10.9
2.	PRISON				3.11.2
3.	KDF				3.12.5
4.	GSU				3.21.2

Event...4X400M WOMEN FINAL

Position	Name	DOB	Team	N0.	Time
1.	POLICE				3.44.6
2.	LAB				3.44.1
3.	PRISON				3.59.1
4.	NGONG				4.06.8

Event...4 X 100 M RELAY MEN FINALISTS

Positi	Name	DOB	Team	N0.	Time
1.	K.U				43:7
2.	G.S.U.				44:4
3.	LAB				42:4
4.	NAVY				42:6
5.	MSD				42:1
6.	GSU 'A'				42:9
7.	NANYUKI				43:1

Event...10KM WALK...Men...Final

Position	Name	DOB	Team	N0.	Time
1.	SAMUEL KIRERI		PRISONS	451	42:30:5
2.	PETER THEURI		LAB	436	43:05:7
3.	ERICK SHIKUKU		MSA	482	44:50:4
4.	JORAM GATUMA		LAB	481	45:48:4
5.	JOHN LENAMA O		KAH	491	46:26:7
6.	JOHN GITAU		NKU	443	47:42:7
7.	CARLOS KIMAIYO		GSU	450	47:48:2
8.	JOSHUA NDUNG'U		CENT	402	51:301
9.	JAMES MUCHUI		KIAMBU	494	53:30:7

Event...10KM WOMEN FINAL

Position	Name	DOB	Team	N0.	Time
1.	GRACE WANJIRU		K.D.F.	400	44:41:8
2.	LINDA WAWERU		KDF	458	50:08:4
3.	GRACE MUMBI		LAB	415	51:10:2
4.	ADIJA SHUGI		PRISONS	403	55:01:7

EVENT ...DISCUS MEN FINAL

VENUE...THIKASTADIUM.....

.....DATE.....4/03/2016.....

	NAME	NO	TEAM	QUALIFYING COMPETITION			BEST THROW OR JUMP	FINAL COMPETITION			BEST THROW OR JUMP	DOB	POSITION
				1ST	2ND	3RD		1ST	2ND	3RD			
1.	DAVID LIMO		THIKA	NT	40:46	49:32	49:32	NIT	45:78	48:94	49:32		1
2.	RICHARD METET		LAB	NIT	40:89	NIT	40:89	NIT	41:26	42:82	42:82		4
3.	CHARLES KEPKEMOI		MAB	43:35	42:40	41:86	43:35	44:83	44:28	43:88	44:83		3
4.	JOSEPH MARITIM		PRISONS	29:28	32:63	33:59	33:59						
5.	MANAS ONYANGO		APS	NIT	34:46	36:66	36:66	NIT	NIT	NIT	36:66		7
6.	ERIC MALEMO		PRISON	NIT	NIT	32:96	32:96						
7.	GILBERT KOECH		POLICE	37:61	34:89	NIT	37:61	36:57	NIT	NIT	37:61		5
8.	STANLEY TOO		1										
9.	PATRICK OCHIENG		APS	31:48	35:03	32:88	35:03	33:14	NIT	33:05	35:03		8
10	KENNETH KAMAR		PRISONS	NIT	NIT	29:10	29:10						
11.	GEOFFREY RONO		MAB	26:47	NIT	NIT	26:47						
12.	BENSON MAINA		NANYUKI	34:88	33:62	36:92	36:92	NIT	NIT	NIT	36:92		
13.	BOAZ MONYANCHA		KENYA NAVY	41:40	45:41	NIT	45:41	NIT	NIT	NIT	45:41		
NIT													

FIELD JUDGES

REMARKS

1. MARY WAINOI

BEST THROW

2. IRENE WAMUYU

49:32

3. GEORGE MOKO

4. STEPHEN NJENGA

(FIELD RESULT CARD)

EVENT ...DISCUS WOMEN..... VENUE...THIKASTADIUM.....
.....DATE.....4/03/2016.....

	NAME	NO.	TEAM	QUALIFYING COMPETITION			BEST THROW OR JUMP	FINAL COMPETITION			BEST THROW OR JUMP	DOB	PSN
				1ST	2ND	3RD		1ST	2ND	3RD			
1.	RAKAMBA ROSE		POLICE	NIT	24:72	36:75	36:75	30:07	NIT	37:77	37:77		1
2.	AGNES KILUNDO		PRISONS	26:08	NIT	23:09	26:08	28:87	27:26	28:67	28:87		4
3.	MIRIAM MONG'INA		IND	21:77	NIT	NIT	21:77	23:53	22:49	20:47	23:53		7
4.	PELISTA BOSIRE		KPC	NIT	NIT	21:19	21:19	NIT	NIT	NIT	21:19		8
5.	EVALYENE BOSIBORI		PRISONS	NIT	33:18	35:00	35:00	NIT	34:82	33:86	35:00		3
6.	MARY CHEROTICH		PRISNITONS	34:63	34:19	36:83	36:83	34:64	NIT	34:96	36:83		2
7.	MERCY AKINYI		K.U.	23:36	23:84	22:04	23:84	NIT	NIT	23:70	23:84		6
8.	DOREEN ATICH		K.U.	13:54	18: 55	19:34	19:34				19:34		9
9.	JACKLINE NYONGESA		PRISONS	25;33	26:72	NIT	26:72	NIT	NIT	NIT	26:72		5
10.													
11.													
12.													
13.													
NIT													

FIELD JUDGES

REMARKS

1. MARY WAINOI

BEST THROW

2.IRENE WAMUYU

37:77

3. GEORGE MOKO

4. STEPHEN NJENGA

(FIELD RESULT CARD)

EVENT ...HAMMER MEN..... VENUE...THIKASTADIUM.....
.....DATE.....5/03/2016.....

	NAME	NO.	TEAM	QUALIFYING COMPETITION			BEST THRO W OR JUMP	FINAL COMPETITION			BEST THROW OR JUMP	YEAR OF BIRTH	POSITI ON
				1ST	2ND	3RD		1ST	2ND	3RD			
1.	DENNIS SAKAWA		EMBAKAS I	52.20	54:1 4	NT	54:14					1984	1
2.	DOMINIC AMBUNDA		LAIKIPIA	45:12	NT	NT	45:12					1993	3
3.	BOAZ MONYANCHA		NAVY	NT	46:7 3	-	46:73					1984	2
4.													
5.													

FIELD JUDGES

1. SUSAN W MWANGI

2.SUSAN KIRAGU
SAKAWA

4. PAUL KOECH

5. IRENE WAMUYU

6. GEORGE MOKO

7. MARY WAINOI

REMARKS

BEST THROW

...54:14..BY DENNIS

EVENT ...HAMMER WOMEN..... VENUE...THIKASTADIUM.....
DATE.....5/03/2016.....

	NAME	NO.	TEAM	QUALIFYING COMPETITION			BEST THRO W OR JUMP	FINAL COMPETITION			BEST THROW OR JUMP	DO B	POSITIO N
				1ST	2ND	3RD		1ST	2ND	3R D			
1.	RAKAMBA ROSELYNE		KPS	NT	29:30	33:80	33:80					1990	2
2.	LUCY CHEMUTAI		"	40:19	41:13	35:80	41:13					1989	1
3.	EVERLYNE BOSIBORI		PRISON S	NT	NT	NT	-					1986	
4.	NYAMBASORA DELPHINA		POLICE	20:19	NT	NT	20:19					1991	3
5.	ESTHER AKINYI		PRISON S	-	-	-	-						

FIELD JUDGES

1. SUSAN W MWANGI

2.SUSAN KIRAGU
CHEMUTAI

4. PAUL KOECH

5. IRENE WAMUYU

6. GEORGE MOKO

REMARKS

BEST THROW

...41.13..BY LUCY

(FIELD RESULT CARD)

EVENT ...JAVELINE MEN..... VENUE...THIKASTADIUM.....
.....DATE.....5/03/2016.....

	NAME	NO	TEAM	QUALIFYING COMPETITION			BEST THRO W OR JUMP	FINAL COMPETITION			BEST THROW OR JUMP	dob	PO SIT IO N
				1ST	2ND	3RD		1ST	2ND	3R D			
1.	NELSON YEGON		KDF	59.50	60.33		60.33					1993	2
2.	ALEX KIPROTICH		KDF	68.10	69.20	67.10	69.20						1
3.	GILBERT BETT		KDF	60.00	NT	58.10	60.00					1987	3
4.	ERICK MARANI		IND	51.89	52.65	54.67	54.67					1983	5
5.	HENRY KIPRONO		POLICE	54.56	NT	NT	54.56					1987	6
6.	PARSITAU DAVID		LAB	NT	50.50	55.96	55.96					1996	4

(FIELD RESULT CARD)

EVENT ...JAVELINE WOMEN..... VENUE...THIKASTADIUM.....
.....DATE.....5/03/2016.....

	NAME	NO.	TEAM	QUALIFYING COMPETITION			BEST THRO W OR JUMP	FINAL COMPETITION			BEST THRO W OR JUMP	dob	P OS IT IO N
				1ST	2ND	3RD		1ST	2ND	3RD			
1.	AGNES KILUNDO		PRISONS	32:30	30:70	34:52	34:52				1974	4	
2.	HELLEN CHEPNG'ETICH		IND	35:12	28:95	31:96	35:12				1998	2	
3.	CAROLINE WANJIRU		IND	22:45	24;90	29:78	29:78				1992	6	
4.	CAROLINE WAWERU		IND	NT	27.78	24:50	27:78				1986		
5.	FAITH KOBIA		KDF	17:50	24:40	20:40	24:40				1989		
6.	ONYUK A JOSEPHINE		IND	NT	23:05	25:00	25::00				1987		
7.	MIRIAM MONGINA		IND	25:70	22:06	NT	25:70				1993		
8.	FANIS CHEPKORIR		KASARA NI	25:43	19:00	NT	25:43				1992		
9.	CHEPKEMOI RITHER		IND	24:60	26:70	27:87	27:87				1996		
10	MARY CHEROTICH		PRISONS	28:27	28:86	NT	28:86				1987		
11.	RAKAMBA ROSE		POLICE	27:30	33:80	28:96	33:80				1990		
12.	JANE JEPLETING		KDF	36:40	37:90	39:26	39:26				1993	1	
13.	DELPHIN NYAMBASORA		POLICE	34:80	31:40	34:27	34:80				1991	3	
14	PRISCILLA TABUNDE		KDF	27.8	28.90	-	28.90				1989	7	

FIELD JUDGES

REMARKS

1. MARY WAINOI

BEST THROW

2.IRENE WAMUYU

39.26

3. GEORGE MOKO

4. STEPHEN NJENGA

(FIELD RESULT CARD)

EVENT ...LONG JUMP WOMEN.....
VENUE...THIKASTADIUM.....DATE.....4/03/2016.....

	NAME	NO	TEAM	QUALIFYING COMPETITION			BEST THROW OR JUMP	FINAL COMPETITION			BEST THROW OR JUMP	YEAR OF BIRTH	POSITION
				1ST	2ND	3RD		1ST	2ND	3:RD			
1.	PRISCILLA TABUNDA		KDF	5:23	5:13	5:09	5:23	5:45	5:32	5:28	5:45	1989	1
2.	TRUPHENA MUSYIMI		KDF	4:76	4:55	4:92	4:92	4:66	4:80	5:15	5:15	1994	2
3.	JANE KYALO		IND	4:45	4:60	4:77	4:77	4:66	NJ	4:38	4:77	1995	4
4.	JEPKEMBOI KIPLAGAT		IND	4:21	4:47	4:63	4:63	4:60	4:48	;NJ	4:63	1990	6
5.	VERA ROREY		POSTA	4:88	4:47	4:85	4:88	NJ	NJ	4:40	4:88	1992	3
6.	ANN KADEI		LAB	4:72	4:70	NJ	4:72	4:41	NJ	4:66	4:72	1995	5
7.	CHEPKEMO I RITA		KDF	3:57	3:76	NJ	3:76	3:77	3:80	3:90	3:90	1996	7
8.													

FIELD JUDGES

REMARKS

1. SUSAN MWANGI

BEST THROW

2.SUSAN KIRAGU

49:32

3. PAUL KOECH

(FIELD RESULT CARD)

EVENT ...SHOTPUT MEN..... VENUE...THIKASTADIUM.....
.....DATE.....4/03/2016.....

	NAME	NO.	TEAM	QUALIFYING COMPETITION			BEST THRO W OR JUMP	FINAL COMPETITION			BEST THRO W OR JUMP	DO B	PSN
				1ST	2ND	3RD		1ST	2ND	3RD			
1.	AUGUSTINE EKENO		POLICE	NT	10.24	NT	10.24					1984	
2.	JOSEPH MARITIM		PRISONS	9.40	NT	NT	9.40					1976	
3.	BOAZ ONYANGAA		KENYA NAVY	13.82	14.79	14.97	14.97	15.5	15.39	15.25	15.39	1984	1
4.	KIPKEMOI CHARLES		MAB	12.46	13.62	NIT	13.62	14.13	14.00	13.78	14.13	1990	5
5.	RICHARD METETI		LAB	12.39	13.37	12.92	13.37	13.38	-	--	13.38	1974	8
6.	ERICK MALEMO		PRISONS	NT	13.03	13.21	13.21	13.44	13.49	NIT	13.49	1983	7
7.	MANAS ONYANGO		APS	NT	13.17	15.13	15.13	14.22	14.30	15.28	15.28	1988	2
8.	BENSON MAINA		4NANYU KI	14.00	NT	14.43	14.43	14.28	14.53	14.25	14.53	1985	3
9.	ALLAN KIMUTAI		4NANYU UKI	12.80	13.53	12.66	13.53	13.16	12.84	NIT	13.53	1994	6
10	VINCENT TUIKONG		THIKA T	13.36	NIT	14.16	14.16	NIT	13.74	NIT	14.16	1986	4
11.	DAVID LIMO		THIKA T									1984	
12.	GILBERT MWANGI		PRISONS	NT	NIT	7.16	7.16					1982	
13.	GEOFFREY RONO		AIRFORC E	11.19	11.99	12.18	12.18					1995	
14.	GIDEON CHERUYOT		M.K.U.	8.30	8.80	9.40	9.40					1995	

FIELD JUDGES

1. SUSAN W. MWANGI

2. PAUL KOECH

3. IRENE WAMUYU

4. SUSAN KIRAGU

5. MARY WAINOI

6. STEPHEN NJENGA

REMARKS

BEST MARK MADE

15.39 BY BOAZ MONYANCHA

(FIELD RESULT CARD)

EVENT ...SHOTPUTWOMEN..... VENUE...THIKASTADIUM.....
.....DATE.....4/03/2016.....

	NAME	NO.	TEAM	QUALIFYING COMPETITION			BEST THRO W OR JUMP	FINAL COMPETITION			BEST THROW OR JUMP	YEAR OF BIRTH	POSITI ON
				1ST	2ND	3RD		1ST	2ND	3RD			
1.	OLIVIA AKINYI		RONGAIATH	NT	6.21	7.00	7.00	7.21	7.08	6.73	7.21	1992	8
2.	MERCY AKINYI		KENYATTA	8.26	8.40	8.31	8.40	7.65	7.54	7.94	8.40	1993	5
3.	RAKAMBA ROSE		POLICE	9.99	10.63	10.60	10.63	10.13	10.68	9.90	10.68	1990	4
4.	CAROLINE WAWERU		NT	NT	NT	-			-		-	1986	
5.	JACKLINE NYOGESA		PRISON	10.12	10.63	11.60	11.60	11.64	NT	10.91	11.64	1984	1
6.	PELISTA BOSIRE		K.P.C.	11.64	NT	11.08	11.64	10.90	11.32	NT	11.64	1992	2
7.	ROSE MWANIKI		LAB	10.40	10.40	11.20	11.20	11.44	10.62	10.53	11.44	1992	3
8.	AGNES KILUNDO		PRISONS	8.19	NT	7.95	8.19	7.78	7.85	8.07	8.19	1974	6
9.	JEBKEMB OI KIPLAGAT		IND	NIT	7.96	NT	7.96	NT	7.38	7.02	7.96	1990	7

FIELD JUDGES

REMARKS

1. GEORGE MOKO

BEST MARK MADE

2.SUSAN MWANGI

11.64 BY JACQUILINE NYOGESA

3. SUSAN KIRAGU

4. PAUL KOECH

5.IRENE WAMUYU

6. MARYWAINOI

(FIELD RESULT CARD)

EVENT ...TRIPPLE JUMP MEN.....
VENUE...THIKASTADIUM.....DATE.....5/03/2016.....

	NAME	NO.	TEAM	QUALIFYING COMPETITION			BEST THROW OR JUMP	FINAL COMPETITION			BEST THRO W OR JUMP	YEAR OF BIRTH	POSITION
				1ST	2ND	3RD		1ST	2ND	3RD			
1.	KIPLAGAT RUTO		POLICE							15.23		1	
2.	HILLARY PKIACH		POLICE							14.66		2	
3.	KIRWA YEGO		POLICE							14.53		3	
4.	JUSTUS CHUMBA		MSD							13.80		4	
5.	MARAKWEN KIPRUTO		MSD							13.66		5	
6.	KENDAGOR ENOCK		KN							13.60		6	
7.	ELVIS KIMERI		IND							13.62		7	
8.	HOSEA OBIERO		AP							13.18		8	
9.													
10.													
11.													
12.													
13.													
14.													

FIELD JUDGES

REMARKS

1. MARY WAINOI

BEST THROW

2. IRENE WAMUYU

15.23

3. GEORGE MOKO

4. STEPHEN NJENGA

(FIELD RESULT CARD)

EVENT TRIPPLE JUMP WOMEN.....
VENUE...THIKASTADIUM..... DATE.....5/03/2016.....

	NAME	NO	TEAM	QUALIFYING COMPETITION			BEST THRO W OR JUMP	FINAL COMPETITION			BEST THRO W OR JUMP	YEAR OF BIRTH	POSITIO N
				1ST	2ND	3RD		1ST	2ND	3RD			
1.	REGINA MULATYA		PRISONS	9.68	9.87	10.07	10.07	9.77	9.94	NJ	10.07	1976	5
2.	VERA ROREY		POSTA	H	10:15	10:50	10:50	10:54	9.55	10:27	10:54	1992	4
3.	ANN KANDIE		LAIKIPIA	10.51	10.95	11.26	11.26	11.00	10.25	11.25	11.26	1995	1
4.	CHEPKEMOI KIJPLANGAT		IND	NJ	9.62	9.86	9.86	9.52	NJ	9.36	9.86	1990	6
5.	PBRISCILLA TABUNDA		KDF	10:59	10:37	NJ	10:59	10:44	10:46	10:56	10:59	1989	3
6.	TRUPHENA MUSYIMI		K.D.F.	10:40	10:70	10:91	10:91	10:67	10:63	NJ	10:91	1994	2
7.													
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10.													
11.													
12.													
13.													
NI T													

FIELD JUDGES

REMARKS

1. MARY WAINOI

BEST THROW

2. IRENE WAMUYU

37:77

3. GEORGE MOKO

4. STEPHEN NJENGA

5. SUSAN KIRAGU

6. SUSAN W MWANGI

7. PAUL KOECH