



ATHLETICS KENYA CENTRAL REGION
RESULT FORM (CROSS COUNTRY)

EVENT:10KM SENIOR MEN..... DATE: ..19/11/2016... VENUE: ..NYAHURURU...

POSITION	NAME	TIME	BIB NO.	TEAM
1.	GEOFFREY KOECH	29:09:8	073	KERICHO
2.	VINCENT RONO	29:14:2	046	KERICHO
3.	FLAKLIN NGELEL	29:15:0	085	LAB
4.	PHILIP LANGAT	29:16:3	074	KERICHO
5.	NICHOLAS KOSHEI	29:20:3	292	KERINGET
6.	PETER NDENGURI	29:20:9	395	LANET
7.	SIMON KIRUTHI	29:22:0	044	INDIVIDUAL
8.	PETER EMASE	29:37:9	375	PRISON
9.	NOAH KIPKEMBOI	29:42:7	385	KAPTAGET
10.	MAGATA NDIWA	29:47:6	373	PRISON
11.	DOMINIC KIPTARUS	29:51:1	010	KERICHO
12.	COSMAS KIPRIMO	29:52:2	425	THIKA
13.	DAVID BETT	30:04:3	030	INDIVIDUAL
14.	JOHN ELIMLIM	30:09:3	394	LANET
15.	REUBEN KAMAU	30:09:7	055	ISIOLO
16.	ERIC KOSGEI	30:11:8	078	KERICHO
17.		30:13:2		
18.	EDWIN KIPYEGOO	30:14:5	097	POLICE
19.	JOHN MWANGI	30:15:4	027	GSU
20.	MICHAEL NJENGA	30:17:7	060	ISIOLO
21.	DOMINIC MIBEI	30:20:9	048	KERICHO
22.	SILAS KIRUI	30:22:5	418	KAHAWA
23.	WILFRED KIMITEI	30:25:2	374	PRISON
24.	MESHAK LETIM	30:28:4	252	NANYUKI

25.	JAIRO SOGOR	30:30:9	251	NANYUKI
26.	TITUS KIMANI	30:31:9	052	ISIOLO
27.	FREDRICK MUSYOKI	30:33:1	372	PRISON
28.	HIRALY KEMBOI	30:39:3	054	ISIOLO
29.	SAMSON SAKIKO	30:43:6	253	NANYUKI
30.	NICHOLAS CHEBSEBA	30:43:0	279	KDF
31.	KIPKEMOI SOI	30:47:5	013	KERICHO
32.	CHARLES KARANJA	30:49:8	398	KDF
33.	EVAN YEGO	30:56:6	388	MUFAE
34.	ZABLON CHELMBA	30:51:5		
35.		30:54:0	386	KAPTAGAT
36.	WILLIAM MORWABE	30:58:9	410	INDIVIDUAL
37.	DANIEL KINYUA	31:02:6	566	INDIVIDUAL
38.	KENNETH KIMATHI	31:05:3	406	INDIVIDUAL
39.	JAMES MUREITH	31:06:1	084	INDIVIDUAL
40.	VINCENT MWANGI	31:07:1	026	GSU
41.	GEOFFREY NGENO	31:07:6	037	BATA
42.	DICKSON NYAKUNDI	31:07:9	392	BONGAI
43.	VINCENT MUTAA	31:08:3	286	G BRIDGE
44.	LEWIS NYARIKI	31:08:9	058	ISIOLO
45.	WYCLIFFE CHORUIYOT	31:09:5	261	NANYUKI
46.		31:09:9		
47.	FESTUS KIPRONO	31:11:9	980	LAIKIPIA
48.	KIPCHUBA NGENYI	31:13:2	396	LANET
49.	BERNARD MUSOI	31:16:6	014	INDIVIDUAL
50.	EZEKIEL KIPRESING	31:17:9	256	NANYUKI
51.		31:18:3		
52.	ISAAC YEGO	31:21:5	377	PRISON

53.	KIPTAI RONO	31:24:8	007	POLICE
54.	MATHEW KEMBOI	31:26:6	399	LANET
55.	RONALD TANUI	31:27:0	036	GILGIL
56.	KENNEDY CHESILAT	31:29:5	024	GSU
57.	DAVID NAKINYI	31:33:5	447	LAIKIPIA
58.	BENJAMIN KIGEN	31:36:9	257	KDF
59.	ELIUD TOO	32:10:2	960	INDIVIDUAL

EVENT:10 KM SENIOR WOMEN. DATE: VENUE:.....

POSITION	NAME	TIME	BIB NO.	TEAM
1.	JOYCILIN JEPKOSGEI	33:20:4	288	KDF
2.	BEATRICE MUTAI	33:36:5	300	LAIKIPIA
3.	SHEILA CHEPKURUI	33:49:2	431	KDF
4.	VERONICAH NYAMAI	34:07:4	080	KDF
5.	NELLY CHEPTOO	34:15:1	296	POLICE
6.	BEATRICE CHEPKOECH	34:28:5	092	POLICE
7.	MARY WANGUI	34:42:1	072	ESM NYANDARUA
8.	AGNES CHESANG	35:02:4	070	ISIOLO
9.	MARY MUTHONI	35:17:4	424	PRISON
10.	MARGARET WANJIRU	35:37:2	077	ELAB CLUB
11.	MIRIAM CHEPKEMI	25:40:6	267	NANYUKI
12.	JOSPHINE WAMBUI	35:41:5	075	BALAAM
13.	MERCY NJOROGE	35:52:0	081	LAB
14.	TABITHA WAMBUI	36:09:3	381	PRISON
15.	BEATRICE CHEROP	36:09:3	065	ISIOLO
16.	ALCIE KOIGI	36:16:9	032	INDIVIDUAL
17.	DAISY CHEPKORIR	36:59:1	592	INDIVIDUAL
18.	HELLEN MATELONG	37:04:0	264	KDF

19.	GLADYS CHEPCHUMBA	37:05:8	401	LANET
20.	LUCIA KAMENE	37:12:3	082	LAIKIPIA
21.	JOYLYNNE KOIMA	37:14:8	283	KDF
22.	TABITHA WACHIRA	37:20:6	417	INDIVIDUAL
23.	ELDA MORAA	37:23:5	083	LAB
24.	ANN GATHONI	37:30:7	094	POLICE

25.	WINNIE CHEBET	38:02:1	433	THIKA
26.	KEZIAH WANJIKU	38:05:7	033	INDIVIDUAL
27.	PURITY CHEROMEI	38:16:2	403	KDF
28.	GLADYS KWAMBOKA	38:21:6	093	POLICE
29.	MERCY TOROITUICH	39:14:5	404	KDF
30.	ANN WAMBUI	39:19:6	294	INDIVIDUAL
31.	CELESTINE KORIR	39:37:5	402	KDF
32.	MURREY SUSAN	39:41:6	265	NANYUKI
33.	CHERUIYOT MARY	39:45:6	066	ISIOLO
34.	LYDIA CHEPTOK	40:08:8	382	PSTC
35.	NANCY SANG	40:36:2	266	NANYUKI

EVENT:8KM JUNIOR MEN..... DATE: VENUE:.....

POSITION	NAME	TIME	BIB NO.	TEAM
1.	NICHOLAS CHELULE	23:26:3	213	KIRENGET
2.	DANIEL KIPCHUMBA	23:29:0	304	KAPTAGAT
3.	VINCENT NGETICH	23:30:5	210	KIRENGET
4.	KIPWOTTKANDIE	23:36:2	208	ELDAMA RAVINE
5.	DENNIS KEMBOI	23:39:7	200	INDIVIDUAL
6.	VINCENT RAIMOI	23:41:3	245	BALAAM
7.	DOMINIC BAGAT	23:45:3	212	KIRENGET
8.	ISAAC KEMBOI	23:58:09	206	INDIVIDUAL

9.	REUBEN KORIR	23:59:2	249	BALAAM
10.	STANLEY MBURU	24:00:4	247	BALAAM
11.	DENNIS KIPKOSGEY	24:13:6	320	INDIVIDUAL
12.	GILBERT KIPNYAN	24:14:8	344	INDIVIDUAL
13.	DANIEL ROP	24:21:7	223	LONDIANI
14.	KIPYEIGONREITICH	24:27:8	221	KERINGET
15.	MICHAEL KAMAU	24:30:2	338	INDIVIDUAL
16.	EDWIN KIMUTAI	24:36:2	207	G. BRIGED
17.	HILLARY KOSGEI	24:38:3	222	INDIVIDUAL
18.	WESLEY NG'ENO	24:41:9	219	KERINGET
19.	SAMSON NDIRANGU	24:45:0	313	NYAHURURU
20.	WESLEY KIRUI	24:50:1	218	KIGALI
21.	RASINKEMTECK	24:52:8	346	NYAHURURU
22.	KEVIN KERICH	25:00:3	233	KERICHO
23.	DENNIS MAINA	25:01:4	306	NYAHURURU
24.	MICAH LOCAI	25:02:1	329	INDIVIDUAL
25.	SAMUEL MUHOHO	25:03:9	228	NYAHURURU
26.	WESLEY RONO	25:05:3	340	INDIVIDUAL
27.	JOHN MUGI	25:06:2	341	NYAHURURU
28.	STEPHEN KOSGEY	25:08:7	211	KERINGET
29.	PIUS KARANJA	25:09:1	336	NYAHURURU

30.	STEPHEN KIBOMET	25:10:9	307	INDIVIDUAL
31.	MOSES MWATHI	25:17:1	232	NYAHURURU
32.	SAMUEL MBUGUA	25:17:1	318	INDIVIDUAL
33.	PAUL KITONGA	25:24:4	204	MUFOE
34.	SIMON MWANGI	25:24:7	205	MUFOE
35.	DOMINIC LOKINYONO	25:25:8	241	TEKLA
36.	EDWIN LELAGUT	25:29:0	303	KAPTAKAT
37.	CHARLES KAMAU	25:30:7	231	INDIVIDUAL
38.	PAULO AMOTONI	25:31:4	243	INDIVIDUAL
39.	GILBERT MELLY	25:34:3	225	LONDIANI
40.	WESLEY MUTAHI	25:34:5	228	LONDIANI

41.	REUBEN MBUTIU	25:35:4	199	INDIVIDUAL
42.	FRANCIS EKIDOR	25:40:0	334	RUN TOGETHER
43.	ROBERT NG'ETICH	25:40:9	335	INDIVIDUAL
44.	NEMIACHERIOT	25:41:9	216	KERINGET
45.	STEPHEN NDISHO	25:42:1	339	NYAHURURU
46.	ALBERT KOSGEI	25:43:2	302	KAPTAKAT
47.	DAVID RUGUMU	25:50:9	308	NYAHURURU
48.	STEPHEN MWANGI	25:52:3	348	MUFOE
49.	ERIC SEGEI	25:53:1	334	KERICHO

EVENT:6KM JUNIOR WOMEN.... DATE: VENUE.....

POSITION	NAME	TIME	BIB NO.	TEAM
1.	LILIAN KASAIT	19:38:3	154	LODIAN
2.	SADRA CHEBET	19:44:3	157	KIRENGET
3.	EDINA JPPTOK	19:49:7	168	KIRENGET
4.	KAREN CHEBET	20:13:1	174	KIRENGET
5.	EMILLY CHEBET	20:14:6	153	LONDIAN
6.	SHARON CHEROITICH	20:18:6	172	LODIAN
7.	MELLY CHEMIGOTICH	20:20:4	170	KIRENGET
8.	PURITY WANJIKU	20:24:1	152	KIRENGET
9.	VEOLA CHEPKIRUI	20:30:6	169	LODIAN
10.	JANET CHEPKOECH	20:33:4	160	LODIAN
11.	LOICE CHEMINING	20:38:5	153	LODIAN
12.	RONIES CHELANGAT	20:38:8	171	KERINGET
13.	ESTER MURIITHI	20:48:4	192	INDIVIDUAL
14.	ABIGAEL CHELANGAT	20:58:5	156	LODIAN
15.	EMACULATE CHABET	21:64:4	163	LODIAN
16.	BEATRICE CHEBET	21:08:9	158	LODIAN
17.	MERCY CHEPKORIT	21:13:2	162	LODIAN
18.	MARGARET AKIDOR	21:14:8	190	INDIVIDUAL
19.	RUTH MWIHAKI	21:20:3	203	INDIVIDUAL

20.	ESTER MUTHONI	21:20:3	193	INDIVIDUAL
21.	JOSLINE CHELANGAT	21:31:4	187	
22.	BEATRICE CHEBURET	21:34:4	202	
23.	TERESA CHEROTICH	21:36:9	159	LONDIAN
24.	ESTER WANJIRU	21:38:0	361	INDIVIDUAL

25.	ELIZABETH NJERI	21:39:2	353	INDIVIDUAL
26.	JANET NJERI	21:41:8	194	SOUTHERN
27.	CATHERINE MWANZA	21:51:9	362	LONDIAN
28.	DIANAH CHEPKORIT		161	INDIVIDUAL
29.	CAROTHYNE KITONGA	22:11:3	189	KERINGET
30.	SYLVIA KIPSUMIAN	22:15:9	184	KERINGET
31.	SHEILA CHEROTICH	22:16:1	167	INDIVIDUAL
32.	ESTER MWANGI	22:22:8	248	INDIVIDUAL
33.	CARO CHEPKOECH	22:25:1	151	INDIVIDUAL
34.	REBECCA NJERI	22:28:7	304	INDIVIDUAL
35.	PURITY GITONGA	22:29:6	188	INDIVIDUAL
36.	MARY NYAMU	22:48:7	177	KERINGET
37.	LUCY MUKAMI	27:02:3	165	INDIVIDUAL
38.	MARTHA CHERUNI	23:04:5	186	KERINGET
39.	RHODA GACHENGO	23:12:7	250	INDIVIDUAL
40.	RUTH WANJIKU	23:54:7	351	INDIVIDUAL
41.	ROSEMARY MUTHONI	23:54:7	165	NYANDARUA
42.	GLADYS KIOROINE	24:20:4	185	KERINGET
43.	ANN WANJIKU	23:33:6	201	NYANDARUA
44.	SUSAN WAMBUI	25:07:4	175	NYANDARUA
45.	NATALEINA NAPULEI	25:16:9	178	NGONG

46.	FRANSISCA NJERI	25:43:3	360	KIKUYU
47.	BILHA MUTHONI	25:52:9	318	INDIVIDUAL
48.	PURITY MWANGI	25:53:9	356	INDIVIDUAL
49.	FLORENCE WANJIKU	26:03:1	352	INDIVIDUAL
50.	SANDE KEMISA	26:53:1	180	TEKRA LOLESI
51.	ELIZABETH WAMBUI	27:05:1	355	INDIVIDUAL
52.	LUCY JEROP	27:06:03	191	LAP
53.	VIRGINIA NYAMBURA	27:31:3	359	INDIVIDUAL
54.	FAITH CHEPNGERO	25:17:1	366	INDIVIDUAL
55.	CECILIA NAKURE	29:46:7	179	TEKERA IREPU
56.	NAOMI NYAMBURA	30:17:9	173	INDIVIDUAL
57.	LYDIA PHILIP	31:31:8	153	TEKRA
58.	BRENDA IGURE	31:26:6	181	TEKRA
59.	FAITH NJOKI	31:36:1	176	INDIVIDUAL